#### MOUNTAIN WEATHER INFORMATION SERVICE

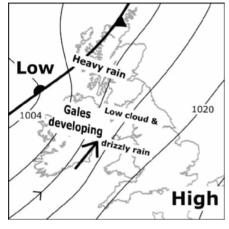
# The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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# General Summary for Thursday, 2 October, 2025



# British Mountain Summary: Based on forecast chart for noon 2 October, 2025

A persistently wet day for western Scotland, increasingly sustained heavy falls setting in. Southerly winds strengthen to become widely gale force over the mountains afternoon into evening. Small amounts of rain elsewhere, but drizzly for all. Low cloud blanketing hills, highest bases north of major hill groups.

#### **Headline for The Northwest Highlands**

Increasingly windy, gales develop. Rain, low cloud persistent west.

## **Detailed Forecast for Thursday, 2 October, 2025**

How windy? (On the Munros)	Southerly in the range 30 to 50mph, strongest during the second half of the day, then 60mph evening into night.		
Effect of wind on you?	Increasingly arduous then difficult conditions with the strongest winds not necessarily on the highest slopes.		
How wet?	Rain later torrential in the west		
(Precipitation and its impact)	Spells of rain and drizzle, heavy at times and frequent if not constant in the western mainland and Skye where increasingly becomes very heavy or torrential later in the day, continuing evening and night.		
Cloud on the hills?	Extensive, fleeting breaks in north.		
	Extensive low cloud will shroud the hills in fog throughout the day. Whilst bases will vary, generally they will be around 500-800m, down to 300m at times west coast, most persistent over the south Cuillin.		
Chance of cloud free Munros?	Almost nil on/near Skye, 20% north/east.		
Sunshine? Air clarity (below	Little or no sun		
cloud)	Visibility often poor due to rain.		
How Cold? (at 900m)	9C, fairly humid air, but feeling closer to freezing in the wind.		
Freezing Level	Above the summits		

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#### The Northwest Highlands - Looking Ahead

	Friday 3 October	Saturday 4 October
How windy? (On the Munros)	Overnight gales S-SW'ly 40-50mph to dawn; a lull briefly below 25mph, but then rapid increase, into evening 60-80mph.	Southwest soon westerly, 60 to 80mph, gusts likely 100mph on higher mountains.
Effect of wind on you?	Rapidly changing conditions, from difficult mobility, to fairly benign for several hours, then significant deterioration later in day.	Severe conditions, difficult mobility on hills from lower elevations upward.  Damaging gusts possible on low ground.
How wet?	Showers, then drier; heavy rain later	Rain most of the day western areas
(Precipitation and its impact)	Overnight rain easing to showers early morning, becoming drier for a few hours, longest in far north. Later in day, rain developing from the southwest, setting in heavy, particularly on/near Skye. Wet underfoot, streams in spate.	Persistent heavy rain from before dawn, rain remaining near-constant over western mountains all day, but tending to break up a little, more showery at times. Falling as sleet on highest tops. Expect flooding.
Cloud on the hills?	Breaking to tops mostly inland	Extensive
	Varied cloud banks over the hills from dawn, most extensive western areas. Breaks forming to upper slopes, clearing for periods inland/north. Cuillin likely stay often covered, lowering in rain.	Cloud base varying, but covering most mountains throughout the day, lowest sustained bases near west coast and on Skye, 500-700m. Rare higher breaks.
Chance of cloud free Munros?	50%, or 20% Skye.	10%
Sunshine? Air clarity (below cloud)	Glimpses of sun for a time, but high cloud increasingly covering the sky. Visibility very good much of day.	Rare if any brief sun. General haze, poor visibility in rain.
How Cold? (at	4 to 6C.	3 or 4C.
900m)	Feeling like -5 to -10C where exposed to higher wind speeds early and late.	Wind chill making it feel like -10 to -15C.

### **Planning Outlook**

#### All mountain areas of Britain from Friday, 3 October, 2025

Mild and humid southwesterlies bring prolonged heavy rain to western Scotland late this week where streams will be fast-flowing, flooding developing. Wet underfoot most western areas. A couple of fast-moving low pressure systems late this week - gales increasingly during Thursday, then after a brief lull early Friday, a more intense system bringing increasingly stormy conditions by later Friday, continuing into Saturday. Dropping much cooler during Saturday, to freezing on higher Scottish summits. Showery and windy conditions easing only gradually into Sunday. Changeable westerlies continue next week for Scotland, high pressure builds at times further south.

#### Forecast issued at 16:26 on Wednesday, 1 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.