

The Northwest Highlands

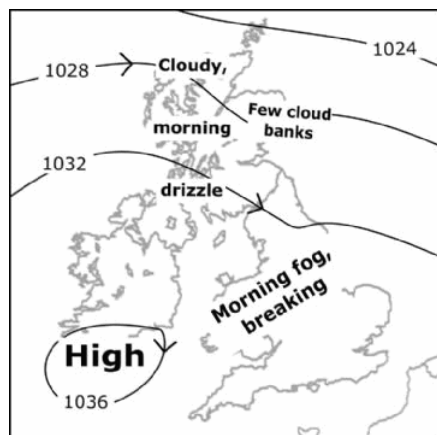
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Friday, 10 October, 2025



British Mountain Summary:

Based on forecast chart for noon 10 October, 2025

Drizzly and cloudy in west Scotland, dry with well broken cloud to the east; strong gusty winds central and northern Scotland. Morning low cloud fairly extensive across England, largely clearing the Pennines - Lakeland fells will struggle to clear. A foggy start in Wales with drizzle on west slopes; breaks to many tops forming.

Headline for The Northwest Highlands

Blustery, risk gales north; often drizzly west

Detailed Forecast for Friday, 10 October, 2025

How windy? (On the Munros)	Westerly 30 to 40mph, very gusty over high terrain, particularly early in the day. Strongest toward north, risk gusts of 55mph over Ben Hope.
Effect of wind on you?	Strenuous walking, considerable buffeting around ridges and high passes will challenge balance. Notable downslope winds to the east. Significant wind chill.
How wet? (Precipitation and its impact)	Damp west coast Frequently drizzly around high tops and high west coastal slopes, small amounts of rain in total. Tending to fade, though drizzly moments will occasionally return to highest terrain in the west.
Cloud on the hills?	Extensive west, some improvement east Cloud banks fairly persistent over western mountains, bases 500-700m, lowest on coastal slopes; higher bases inland, often 700m or above. Tending to thin with some breaks, best of breaks east where high terrain may be exposed.
Chance of cloud free Munros?	20%
Sunshine? Air clarity (below cloud)	Mostly overcast but glimpses of sun break out at times east of high terrain. Hazy, poorer visibility in drizzle; better toward east.
How Cold? (at 900m)	5 or 6C, little change with added height to higher summits. Feeling like -5 to -8C in the wind.
Freezing Level	Above the summits

The Northwest Highlands - Looking Ahead

	Saturday 11 October	Sunday 12 October
How windy? (On the Munros) Effect of wind on you?	A gusty westerly 20 to 30mph; stronger toward the north and east, gusts over high tops reaching 50mph. Fairly small some southern areas, but affecting balance in exposure, particularly north where walking will be strenuous.	From dawn, a gusty 20mph NW'ly near Ben Hope. Easing to 10mph or less and variable widely. A gusty morning over northern tops, easing to widely negligible conditions.
How wet? (Precipitation and its impact)	Some drizzle west, a little rain locally Small amounts of drizzly rain west coastal hills at times, mostly toward northern areas, may give occasional light rain.	Substantially dry Some fine drizzle drifting around in the upper cloud layer. Dry above and below the cloud layer.
Cloud on the hills?	Covering western mountains all day Cloud fairly extensive on the mountains above 600-800m, lowest near west coast, likely to persist around Skye and Torridon all day. Base rising a little, but unlikely to clear in west, some breaks to 900m or above well inland and east.	Fairly extensive From dawn in the north, a layer of cloud from lower slopes up, shrouding most terrain in the north. More patchy south though highest peaks of Skye, Kintail and Torridon may be near or above the cloud top. Bases will rise slightly.
Chance of cloud free Munros?	Less than 10% near west coast, 20% inland	30% high tops in the south above cloud, elsewhere 10%
Sunshine? Air clarity (below cloud)	Largely cloudy, glimpses of sun mostly eastern glens. Visibility good out of cloud, poorer more often around west coast hills.	Little sunshine, though brighter conditions on high southern peaks. Mostly poor visibility; excellent on summits if above cloud later.
How Cold? (at 900m) Freezing Level	6 to 8C; a slight rise in temperature with height. Feeling near 0C on northern mountains in wind. Above the summits	8 to 10C. May warm towards 11C Skye. Increasing temperature with height. Above the summits

Planning Outlook

All mountain areas of Britain from Saturday, 11 October, 2025

Westerly winds with some drizzle over high ground prevails in northern Scotland into Saturday, then high pressure establishes over the British Isles bringing light winds and dry weather conditions well into next week. Scope for inversion conditions this weekend and early next week with some valley fog and varied low cloud. Into the week, mixed cloud and sun with occasional longer spells of cloud or sunshine. Easterly winds are expected to increase with time for England and Wales, particularly in the south where there could be notable gusts over high terrain. Pleasant daytime temperatures, some cooler nights with slight frost where skies are clear.

Forecast issued at 16:13 on Thursday, 9 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.