MOUNTAIN WEATHER INFORMATION SERVICE

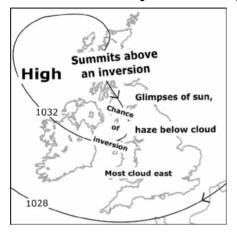
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Tuesday, 14 October, 2025



British Mountain Summary: Based on forecast chart for noon 14 October, 2025

Inversion conditions still probable over Scottish Highland summits; exposed rock in fog below the inversion may be slippery, notably early. High Lakeland and Snowdonia summits near or above cloud as well. A mix of cloud and sun elsewhere as morning fog lifts, some haze below cloud later. Feeling mild to warm.

Headline for The Northwest Highlands

High southern tops above inversion, cloudier north

Detailed Forecast for Tuesday, 14 October, 2025

How windy? (On the Munros)	Westerly 10 to 15mph, or less on some slopes, but over northern mountains gusts 20mph in places.		
Effect of wind on you?	Mostly small		
How wet? (Precipitation and its impact)	Rain unlikely Fine drizzle possible on some windward western slopes where within cloud banks, greatest risk in the far north. Rock surfaces may be slippery.		
Cloud on the hills?	Fairly extensive, highest tops south at or above cloud top		
	From dawn, extensive near the coast and northern areas. More broken southern inland areas, concentrated on low slopes and in glens. Bases lift to middle and upper slopes, remaining extensive north. Best of breaks south of Ullapool where highest tops at or above the cloud layer.		
Chance of cloud free Munros?	40% north in the morning, lowering to 20%; 80% southern high tops		
Sunshine? Air clarity (below cloud)	Most western areas largely cloudy, misty or dull lower down. Highest summits in the south above the cloud layer will see extensive sun in very clear air.		
How Cold? (at 900m)	5 to 8C in the morning, coolest in the north; little change in temperature downslope. Mountains south of Torridon may rise to 9 or 10C, particularly if tops are above the cloud.		
Freezing Level	Above the summits.		

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The Northwest Highlands - Looking Ahead

	Wednesday 15 October	Thursday 16 October
How windy? (On the Munros) Effect of wind on you?	Generally variable 15mph or less. North and eastern areas may see NW'ly winds up to a gusty 20mph. Mostly small.	Mostly variable 10-15mph, at times less. In the far north, a gusty northwesterly 15mph. Mostly small
How wet? (Precipitation and its impact)	Likely dry Small chance of light spotty rain in the north. Dry elsewhere.	Damp air where in cloud Where within fog, some very fine drizzle drifting around and rock surfaces will be slick.
Cloud on the hills?	Banks of cloud lifting to higher slopes	Fairly extensive, bases lift somewhat
	At dawn, variable cloud at multiple levels largely below 900m. Towards Kintail and Ben Wyvis, possibly only a layer of low fog. Cloud lifts to between 700-1000m, variably coming and going. North of Ullapool, may fill in more widely and over tops at times.	Extensive from dawn with lowest bases near the west coast. More broken on lower terrain near Kintail/Ben Wyvis. Bases rise towards 600-700m, higher bases well east, but most high terrain remains shrouded, only a few odd breaks.
Chance of cloud free Munros?	70% at dawn (high tops above cloud), lowering to 50%	20%
Sunshine? Air clarity (below cloud)	Patchy sunshine, may become more overcast towards the north. Excellent visibility on highest slopes, particularly early, some haze lower.	Little or no sunshine. Good visibility under the cloud.
How Cold? (at 900m)	6 or 7C; warmer on summits if above cloud. Cooler inland glens at dawn.	5 or 6C
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Wednesday, 15 October, 2025

High pressure lingers over the country through the later days of this week: in the mornings, varied low cloud and valley fog is likely with highest tops still possibly above the cloud layer. As the weekend approaches, the inversion starts to weaken as pressure begins to fall gradually; cloud will begin to lift to higher slopes, starting to shroud mountain peaks more often. Local cloud breaks, best of breaks in west Wales, though a haze will linger on low slopes while high pressure remains in charge. Light winds overall, an easterly breeze likely for Wales.

Next weekend looks to be transitional as low pressure becomes favored. Winds rising with increasing cloud and a risk of rain.

Forecast issued at 15:41 on Monday, 13 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.