MOUNTAIN WEATHER INFORMATION SERVICE

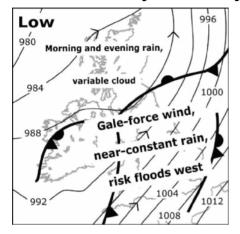
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Monday, 1 December, 2025



British Mountain Summary: Based on forecast chart for noon 1 December, 2025

Morning rain and snow in Scottish Highlands breaks for several hours then returns from the south later. Rain more persistent over the Southern Uplands with heavy bursts south and a risk of strong winds. Gales and rain widely across England and Wales, increasing risk of flooding in Lakeland and west Wales.

Headline for The Northwest Highlands

Changeable; breezy with showers mostly south and west

Detailed Forecast for Monday, 1 December, 2025

How windy? (On the Munros)	Southerly overnight gales ease before dawn into a southwesterly typically to 20-30mph during daytime and strongest near the coast. May drop less for periods near Ben Wyvis, particularly later.	
Effect of wind on you?	Challenging overnight conditions ease around dawn, though remaining blustery over higher western mountains, giving marked wind chill in exposure; sometimes smaller effects south and east.	
How wet? (Precipitation and its impact)	Showers, later risk rain and hill snow Overnight rain with high hill snow starts breaking around dawn, mostly clear by late morning. A few showers near the west coast, increasingly frequent on Skye from the south; may become a broader area of rain over southern areas around and after nightfall.	
Cloud on the hills?	s? Varied, some breaks away from coast	
	Patchy cloud at various heights from dawn, including in the glens. Some breaks toward upper slopes in the morning, best in north/eastern areas, but west coast hills often capped. Lowering where rain/snow returns, soonest Skye then risk more widely in the south.	
Chance of cloud free Munros?	Rising to 40% north, dropping to 20% south	
Sunshine? Air clarity (below cloud)	Good visibility in the morning and often bright, spells of sunshine when high cloud breaks for periods. Increasingly dull overcast skies from the south and west, visibility poor in rain/snow.	
How Cold? (at 900m)	2C most of morning, starting to lower afternoon, reaching 0C into nighttime; risk lowering earlier. Feeling like -10C or below if exposed to stronger winds.	
Freezing Level	Rising from before dawn, likely just above freezing up to most higher slopes. Tending to drop overnight to around 900-1000m.	

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The Northwest Highlands - Looking Ahead

	Tuesday 2 December	Wednesday 3 December
How windy? (On the Munros)	South-southwesterly 25-35mph, squally gusts over 40mph west coast hills in showers; tending to strengthen Skye.	Southwesterly 35-45mph. Risk stronger winds near the coast early in the day.
Effect of wind on you?	Affecting comfortable walking and balance on exposed ridges and tops, at times more challenging. Considerable wind chill.	Strenuous-to-arduous walking; balance and stability affected all day in exposure. Significant wind chill.
How wet?	Frequent hail showers Skye	Rain into showers, mostly southwest
(Precipitation and its impact)	Showery bursts most frequent on and near Skye, with hail, at times snow above 900m, risk isolated thunder. Fewer showers inland and north, around Ben Wyvis more often dry.	West coast showers from dawn, further inland from Ullapool southward and merging into broader areas of rain; snow above 800-900m inland. A gradual breaking trend. Substantially dry Ben Wyvis
Cloud on the hills?	Most persistent Skye, breaks north/east	Most high terrain with lower banks
	Covering higher slopes of the Cuillin most of the day, bases varied 600 to 900m. Wester Ross tops also often covered above 800m, some brief breaks to 1000m. Clearer tops more often north/east.	Fairly extensive over high terrain of the west coast and inland southern areas with lower banks in rain, locally down to 600m or lower Breaks forming, particularly east, though west coast hills seeing banks return during showers.
Chance of cloud free Munros?	30% west, to 50% north/east.	30%
Sunshine? Air clarity (below cloud)	Occasional sun mostly Sutherland, where visibility often excellent. Toward southwest coast hazier, visibility poor in heavy showers.	Best of sun glimpses in the north and east. Visibility increasingly excellent away from showers, but very poor where in snow.
How Cold? (at 900m)	1C. Wind chill feeling around -10C.	1C. Feeling like -13C in direct strongest wind.
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Planning Outlook

All mountain areas of Britain from Tuesday, 2 December, 2025

A risk of local flooding remains on Tuesday in Wales and the Lake district following Monday's heavy rain. Areas of low pressure circulating to the west and north will dominate the weather pattern in the week ahead, bringing generally unsettled weather. Temperatures near average - higher mountains near or just below freezing point likely for the remainder of the week. Often showery and cloudy in the west with broader bands of rain regularly passing east. Wind speed likely to vary though often quite strong with risk of gales coming and going. First indications suggest unsettled weather will remain dominant into the weekend.

Forecast issued at 16:24 on Sunday, 30 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.