

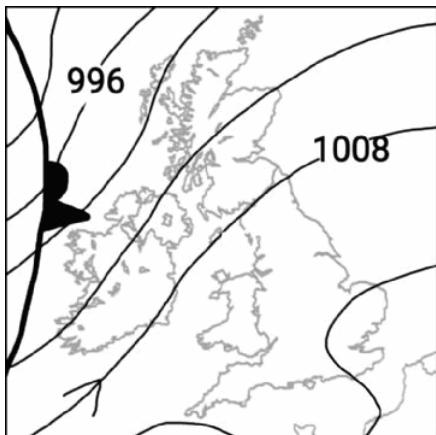
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Wednesday, 14 January, 2026



British Mountain Summary:

Based on forecast chart for noon 14 January, 2026

Cold westerly winds, backing southerly and strengthening ahead of a front which will move into western Scotland during the afternoon, with snow setting in for western mountains, patchier further east. Ahead of this front, scattered snow showers. Mostly dry for England and Wales until front edges precipitation into west later.

Headline for The Northwest Highlands

A few showers, then snow and gales setting in to west in afternoon.

Detailed Forecast for Wednesday, 14 January, 2026

How windy? (On the Munros)	Westerly 30mph morning. Then backing southerly and strengthening to 40-50mph by mid or late afternoon.
Effect of wind on you?	Fairly small particularly lower slopes morning. Walking then increasingly difficult and wind chill becoming significant.
How wet? (Precipitation and its impact)	Morning: snow and hail showers. Afternoon: snow, incessant near Skye Showers of hail and snow, mostly rain lower coastal slopes. Around midday snow (rain lower slopes) setting in near Skye; whiteout. Will spread across region in the afternoon, but total fall small north and east of Torridon.
Cloud on the hills?	Extensive on most or all higher areas Morning: Cloud sometimes forming below 450m near the coast, particularly near Skye, but cloud base elsewhere 600 to 750m, highest well inland where there may be breaks to higher tops. Afternoon: Near Skye deteriorating as fog forms on lowest slopes up.
Chance of cloud free Munros?	20%
Sunshine? Air clarity (below cloud)	Occasional sunshine morning, mainly well inland. Visibility often very good, but appalling in snow.
How Cold? (at 900m)	-1C. Directly in wind will feel as cold as minus 14C.
Freezing Level	700m, but a little higher coastal hills. Frost many glens after dawn.

The Northwest Highlands - Looking Ahead

	Thursday 15 January	Friday 16 January
How windy? (On the Munros)	Southwesterly 25 to perhaps 35mph	Low confidence in track of small potent low. May track east leaving little wind, but risk for a time, northwesterly 25 to 45mph.
Effect of wind on you?	Strong enough to make walking arduous where exposed and balance at times difficult. Considerable wind chill.	High uncertainty over track of low. May stay to the east, but risk of arduous conditions for a time and marked wind chill.
How wet? (Precipitation and its impact)	Heavy hail and snow showers Succession of hail and snow showers (mostly rain lower coastal slopes). Small risk thunder.	May well be dry, but risk spell of snow. May well be mostly dry, but risk of precipitation moving up from the south on a small scale low, which would give a spell of snow, rain below 500m.
Cloud on the hills?	Unlikely to clear the Munros Higher areas almost always cloud covered. Cloud base typically 400 to 700m near the coast and 500 to 900m elsewhere. Highest cloud base Sutherland and Ben Wyvis.	Risk fairly extensive, best breaks west. Risk of hill fog for several hours across upper slopes, down to mid slopes should spell of snow develop. Otherwise, best breaks toward the west coast.
Chance of cloud free Munros?	20%	40%
Sunshine? Air clarity (below cloud)	Glimpses of sunshine. Very varied visibility: sometimes excellent, but appalling in snow.	Mostly cloudy, best glimpses of sun toward west coast. Visibility perhaps very good, but poor or very poor should rain/snow develop.
How Cold? (at 900m)	-1C	-1C
Freezing Level	750m, marginally higher close to the coast.	700-800m, may be down to 500-600m should persistent precipitation develop.

Planning Outlook

All mountain areas of Britain from Thursday, 15 January, 2026

Very uncertain forecast late Thursday and into Friday, as a small scale and rather potent low pressure system edges northwards across the country on a very uncertain track. May bring a spell of strong winds and upland heavy snowfall overnight and into Friday morning before pulling away to the east. Thereafter, a drier and chilly weekend will follow. Looking further ahead, a colder continental influence may be drawn in on south to east winds, with the snow pack across the Scottish Highlands being enhanced by further spells of snowfall where fronts edge in from the west, whilst further south snow accumulates on higher areas, and occasional falls reach lower slopes.

Forecast issued at 15:58 on Tuesday, 13 January, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.