

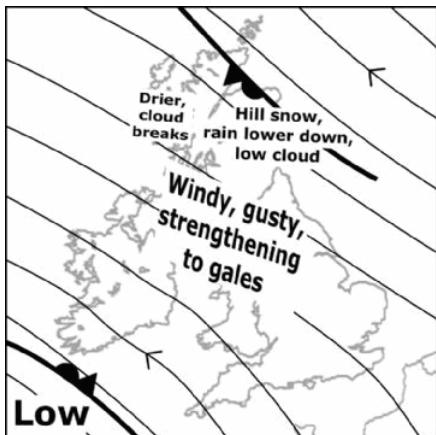
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Monday, 2 February, 2026



British Mountain Summary:

Based on forecast chart for noon 2 February, 2026

Strong and gusty east-southeasterlies, gale-force in places, speeds generally increasing over England & Wales with time. Snow frequent or persistent for eastern Scottish hills, rain lower ground; whiteout over higher areas with blanket cloud. Largely dry west coasts with higher and more broken cloud.

Headline for The Northwest Highlands

Windy, gusty, strongest north. Some snow east, dry toward Skye.

Detailed Forecast for Monday, 2 February, 2026

How windy? (On the Munros)	Southeasterly 25 to 40mph, speeds varying - strongest toward far north in morning, but with time strengthening in the south around Skye too. Gusty, top speeds to 45-50mph on some slopes.
Effect of wind on you?	Fairly small around Skye early in day, but more strenuous toward north; buffeting gusts developing more widely, in places downslope west of higher tops.
How wet? (Precipitation and its impact)	Rain turning to snow east, little if any west Showery rain drifts into Caithness and Ben Hope area from the east much of the day, snow above 700m later 500m. Some snow flurries reach further inland with time, but west coast from Torridon south largely dry.
Cloud on the hills?	Mostly high terrain, lowest north and east Cloud caps the high inland and east hills much of the day, lowest bases around Caithness/Ben Hope, to mid-slopes or lower during precipitation. Well broken towards Skye, clearing summits at times.
Chance of cloud free Munros?	30%, to 60% Skye
Sunshine? Air clarity (below cloud)	Most sun on the west coast, particularly Skye, some cloud building with time. Very good visibility out of precipitation, but poorer east and far north.
How Cold? (at 900m)	-1 or -2C. Typically higher on the west coast, 0 or +1C around Skye. Feeling like -10 to -15C in the wind.
Freezing Level	Starting 800 to 1000m, highest in west; dropping during day from east toward 600m, but near west coast staying mostly above 800m. From dusk 400-500m in east.

The Northwest Highlands - Looking Ahead

	Tuesday 3 February	Wednesday 4 February
How windy? (On the Munros)	Easterly 35 to 50mph, very gusty in places around higher mountains and downslope west of high terrain.	Easterly 30 to 50mph, very gusty. May start to ease and turn southeasterly.
Effect of wind on you?	Challenging walking conditions over exposed terrain, gusts knocking you off balance; significant wind chill.	Challenging conditions with frequent buffeting gusts, significant wind chill; possibly improving from south.
How wet? (Precipitation and its impact)	Snow mostly east and north Snow frequent or persistent eastern hills from Ben Wyvis area up to Ben Hope. Further west, rarer flurries, often dry Skye and coast near Torridon.	Snow mostly east Snow frequent or persistent over eastern hills from Ben Wyvis area to Caithness and at times Ben Hope, sleet or rain lowest slopes. Patchy flurries westward, often dry much of west coast.
Cloud on the hills?	Most persistent east, breaks west Covering much higher eastern terrain above 600m, 800m further inland, but often higher and more broken westwards, but grazing higher slopes for periods.	Most persistent east, breaks west Cloud covering higher mountains inland above 800m, or to some lower elevations toward eastern coasts. Further west, higher and more broken, best toward Torridon coast and Skye.
Chance of cloud free Munros?	40%	40%
Sunshine? Air clarity (below cloud)	Glimpses of sun mainly near Skye, where visibility mostly good. Very poor if in snow and cloud east/north.	Largely cloudy, dull and misty eastern hills, poor visibility risk whiteout in fog and snow. Brighter toward west coast, local glimpses of sun and good visibility below cloud.
How Cold? (at 900m)	-4C north and east, to -1C near west coast. Wind chill feeling like -15 to -18C.	-3C, up to -1C near Skye, rising slightly during day. Wind chill feeling like -12 to -17C.
Freezing Level	300-400m Caithness to Easter Ross, up to 600m more western areas, or locally varied higher up on Skye and nearby	300-400m in east, to 600m or locally higher toward west coast. Onward into night may rise variably higher up.

Planning Outlook**All mountain areas of Britain from Tuesday, 3 February, 2026**

Easterly winds prevail this week, strong to gale force over many hills for sustained periods. Freezing levels will vary, but in the Highlands rarely above 800m away from the west coast, at times sub-zero from 400-500m upward. In England and Wales only occasionally dropping below 600m, and at times just above freezing to high tops. Further snow focused on eastern Scottish mountains, with additional accumulations and drifting; very little further west. Some periods of hill snow for England and Wales during midweek. Cold easterly patterns are expected to continue onward into mid February, though higher pressure to the north may see reduced precipitation amounts, always driest with highest cloud in west.

Forecast issued at 16:26 on Sunday, 1 February, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.