

The Northwest Highlands

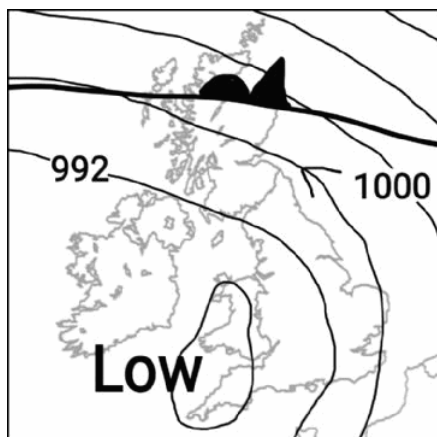
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Saturday, 7 February, 2026



British Mountain Summary:

Based on forecast chart for noon 7 February, 2026

Continuing with the east to south-easterly airflow with hills shrouded in extensive low cloud with widely murky conditions. Patchy snow across the Highlands tending to ease, best breaks again toward the northwestern coasts of Scotland. Showery rain extending north through Wales into northern England.

Headline for The Northwest Highlands

Strong, cold easterly winds. Patchy snow in northeast. Dry, best breaks, in west.

Detailed Forecast for Saturday, 7 February, 2026

How windy? (On the Munros)	Easterly 25 to 40mph, perhaps higher in the morning around Ben Hope.
Effect of wind on you?	Walking fairly arduous with significant buffeting and wind chill, most marked toward Ben Hope.
How wet? (Precipitation and its impact)	Patchy precipitation mainly in the east. Patchy snow or flurries, rain below 300m later 700m; mainly hills near and east of A836 from Tongue to Lairg. West of Ben Hope and down to Skye, very little if any.
Cloud on the hills?	Extensive, but good breaks west coast and Skye. Persistent fog nearly everywhere above 300 to 450m. Again, higher cloud base in places breaking completely westernmost summits south from Wester Ross.
Chance of cloud free Munros?	10%, but 60% on and near Skye.
Sunshine? Air clarity (below cloud)	Patchy sun toward west coast in an otherwise overcast atmosphere. Hazy, best visibility west coast, poor or very poor in snowfall.
How Cold? (at 900m)	Around -1C.
Freezing Level	Poorly defined: 600 to 900m, but locally 1100m westernmost summits: generally only slow temperature drop with height.

The Northwest Highlands - Looking Ahead

	Sunday 8 February	Monday 9 February
How windy? (On the Munros)	Between east and south typically 15 to 25mph, although possibly below 15mph near Skye.	South-easterly 20 to 30mph, perhaps 35-40mph at times on and near Skye.
Effect of wind on you?	Mostly small	Blustery and gusty for periods, especially on and near Skye, where perhaps fairly arduous. Considerable wind chill.
How wet? (Precipitation and its impact)	Little or no precipitation Rain, or above 600 to 900m snow here and there, mostly amounting to very little, although particularly Sutherland and Ben Wyvis, possibly widespread precipitation at dawn clearing only slowly north during day.	Patchy precipitation in northeast Patches of rain, or above 700 to 900m snow, affecting hills near and east of Ben Hope running down to Ben Wyvis. Further west, very likely dry once again.
Cloud on the hills?	Most mountains persistently covered. May clear some western hills. Persistent fog most of region, but by afternoon perhaps breaks to 600m and here and there higher slopes briefly clearing or between cloud layers. Again on westernmost areas, cloud may sometimes or fleetingly clear, revealing higher slopes or summits.	Extensive higher terrain, clearer west coast. Extensive across higher terrain, 700-900m, lowest bases east of Ben Hope where down to 500m. More broken toward west coast with best breaks.
Chance of cloud free Munros?	10%, but 50% west coast and Skye.	20% in the east, 60% in the west.
Sunshine? Air clarity (below cloud)	Glimpses of sunshine here and there - possibly bright sun for an hour or two near Skye. Widely misty or murky, possibly very good visibility westernmost hills.	Mostly cloudy, but breaks in the cloud with intermittent sun toward west coast. Best visibility west coast, marked haze further inland, very poor in any snow.
How Cold? (at 900m)	0 or 1C	0 to 1C
Freezing Level	800 to 1050m. although terrain down to lower slopes (except close to west coast) mostly frozen.	800 to 1050m. although terrain down to lower slopes (except close to west coast) mostly frozen.

Planning Outlook

All mountain areas of Britain from Sunday, 8 February, 2026

Overall little change in conditions over the coming week: the mountains extensively foggy, precipitation from time to time (again concentrated on eastern Scotland and southern and eastern Wales) and often strong southeast or easterly wind. However, a slight rise in temperature will result in thawing of lying snow from southern Scotland southwards and some thawing up to around 900, sometimes 1050m Scottish Highlands - although the return of low freezing level toward the middle of next week.

Forecast issued at 15:01 on Friday, 6 February, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.