

The Northwest Highlands

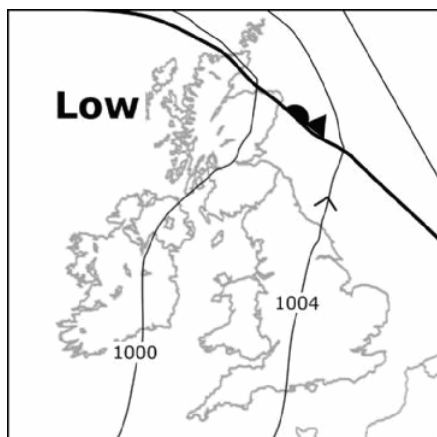
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Sunday, 8 February, 2026



British Mountain Summary:

Based on forecast chart for noon 8 February, 2026

Little change with rain or on higher areas in Scotland snow on and off - showery in character Wales; and the mountains extensively foggy. Fairly light wind - except in northern Scotland at first.

Headline for The Northwest Highlands

Rain or snow on and off; extensive fog. Light wind.

Detailed Forecast for Sunday, 8 February, 2026

How windy? (On the Munros)	Soon southeasterly typically 20mph, although sometimes 15mph or lower near Skye. At first 40mph, before the stronger speeds move away north through morning.
Effect of wind on you?	Soon small or in Sutherland and Ben Wyvis by late morning.
How wet? (Precipitation and its impact)	Little or no precipitation Rain, or above 600 to 900m snow here and there, mostly amounting to very little, although particularly Sutherland and Ben Wyvis, possibly widespread precipitation at dawn clearing only slowly north during day.
Cloud on the hills?	Most mountains persistently covered. May clear some western hills. Persistent fog most of region, but by afternoon perhaps breaks to 600m and here and there higher slopes briefly clearing or between cloud layers. On mainland westernmost areas, cloud may sometimes or fleetingly clear, revealing higher slopes or summits.
Chance of cloud free Munros?	10%, but 50% west coast
Sunshine? Air clarity (below cloud)	Glimpses of sunshine here and there - possibly bright sun for an hour or two near Skye. Widely misty or murky, possibly very good visibility westernmost hills.
How Cold? (at 900m)	0 or 1C
Freezing Level	900 to 1050m. although terrain down to lower slopes (except close to west coast) mostly frozen.

The Northwest Highlands - Looking Ahead

	Monday 9 February	Tuesday 10 February
How windy? (On the Munros)	South-easterly 20mph	Southeasterly between 30 and 40mph
Effect of wind on you?	Mostly small	Walking increasingly arduous with height: here and there sudden gusts reaching lower slopes northwest of major summits.
How wet? (Precipitation and its impact)	Very little, if any. A few occasional spots of rain, or above 700 to 900m snow.	Rain and snow on and off Rain, drizzle or above about 600m snow, although toward the coast, the precipitation infrequent and amounting to little.
Cloud on the hills?	Extensive higher terrain, perhaps clearer west coast. Extensive across higher terrain, 700-900m, lowest bases east of Ben Hope where down to 500m. Probably more broken toward west coast with best breaks.	Most mountains persistently foggy: base rising and breaking toward coast Persistent fog, north from Ben Wyvis above 300 to 450m, although a little higher near west coast. Elsewhere, cloud base typically 600 to 900m, but toward the coast may break up at times.
Chance of cloud free Munros?	20% in the east, 60% in the west.	Almost nil
Sunshine? Air clarity (below cloud)	Mostly cloudy, but breaks in the cloud with intermittent sun toward west coast. Best visibility west coast, marked haze further inland, very poor in any snow.	Widely dull and murky north from Ben Wyvis. Elsewhere, mostly cloudy but often very good or excellent visibility, particularly near the coast.
How Cold? (at 900m)	0 to 1C	0 or -1C Will feel near -12C directly in the wind.
Freezing Level	800 to 1050m. although terrain down to lower slopes (except close to west coast) mostly frozen.	Between 800 to 1050m

Planning Outlook

All mountain areas of Britain from Monday, 9 February, 2026

Little change over the next few days with continued foggy conditions over most mountains, and rain, or on higher mainly Scottish areas snow. Intermittently southeasterly winds approaching gale force.
Later in the week, progressively colder from the north with fresh snow on many mountains.

Forecast issued at 12:07 on Saturday, 7 February, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.