

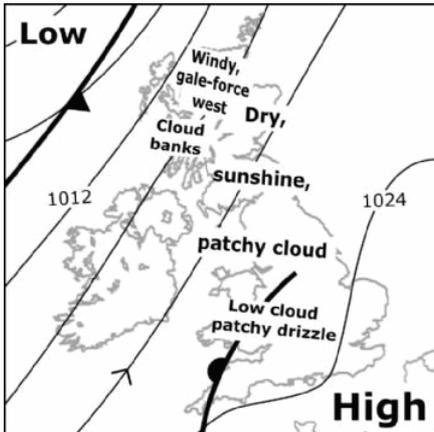
# The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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## General Summary for Saturday, 7 March, 2026



### British Mountain Summary:

**Based on forecast chart for noon 7 March, 2026**

Another dry and mostly sunny day across the Scottish mountains, but patchy cloud capping some western tops at times; strong southerly wind for northwest Highlands, gale force gusts Skye. England and Wales: Sunny for Lakes and N Pennines, but low cloud much of Wales, and capping Peak District, a little light rain.

### Headline for The Northwest Highlands

Dry with sunshine, but strong southerly wind west coast. Hills cloud free.

## Detailed Forecast for Saturday, 7 March, 2026

<b>How windy? (On the Munros)</b>	Southerly 35 to 45mph, strongest morning particularly Skye and western coastal hills - gusts of 55mph.
<b>Effect of wind on you?</b>	<b>Gusty and very blustery south-westerly winds will impede walking with arduous conditions for the west coast and Skye.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Dry</b>
<b>Cloud on the hills?</b>	<b>Extensive, mainly higher slopes, near Skye</b> Westernmost mountains south of Torridon (mainly Skye): More or less persistent cloud, base 800 to 1000m, although particularly Skye, base may lower to 600m at times. Elsewhere: fragments some higher tops, but otherwise the mountains clear.
<b>Chance of cloud free Munros?</b>	<b>30% western mountains south of Torridon to greater than 90% elsewhere</b>
<b>Sunshine? Air clarity (below cloud)</b>	Mostly sunny, but some high cloud, and later becoming overcast west coast and Skye. Visibility excellent.
<b>How Cold? (at 900m)</b>	2C, but some lower slopes colder in the morning.
<b>Freezing Level</b>	Slight frost some glens and sheltered higher areas after dawn, but lifting above freezing to the tops.

## The Northwest Highlands - Looking Ahead

	Sunday 8 March	Monday 9 March
<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	Southerly 20 to 30mph, perhaps up to 40mph at times; mainly western coastal hills and Skye.  <b>Blustery and rather gusty at times across higher terrain. May well be fairly arduous at times towards the west coast.</b>	Southwesterly 15 to 25mph  <b>Mostly small</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Risk a little rain on Skye</b> Very likely dry, but risk of a little patchy rain at times on Skye.	<b>Patchy rain moving east, snow for tops.</b> A front by lie near the west coast at first, and drift inland through the day, bringing patches of rain, which may be persistent for a time, with snow increasingly tops.
<b>Cloud on the hills?</b>  <b>Chance of cloud free Munros?</b>	<b>Mostly covering southern hills and Skye.</b> Cloud banks covering higher terrain in fog across Skye, and across southern parts of the mainland. Northern areas seeing little more than occasional caps on tops.  <b>40% south, 80% north.</b>	<b>Extensive south and west.</b> Extensive low cloud on the hills across southern and western areas, especially Skye. Little, bar patches on some tops, toward Ben Wyvis and Ben Hope.  <b>30% south and west, 70% elsewhere.</b>
<b>Sunshine?</b> Air clarity (below cloud)	Patchy sun, may be extensive northern areas. Little if any in the south, and Skye. Marked haze likely. Best visibility northern mountains.	Patchy sun mainly to the north. Otherwise, cloudy. Visibility sometimes poor due to patchy precipitation.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	3 to 5C, highest northern areas.  Above the summits, but some frost for inland glens at dawn.	3C, later 1 or 2C.  Above summits at first, but lowering to 1000-1200m in afternoon.

**Planning Outlook****All mountain areas of Britain from Sunday, 8 March, 2026**

More cloud by Sunday as weak fronts encroach in from the west, some drizzly rain moving into mainly western parts, hazy elsewhere; dense across southern areas. Patchy rain likely in the west at least early in the new week, likely dropping back just below freezing on the Munros for a time with some snowfall on higher areas. Winds fairly light early week, then a risk of strengthening southwesterly later in the week; changeable weather conditions with spells of rain coming in from the Atlantic. Remaining old snow cover on Scottish mountains stays largely consolidated with little change, only very patchy snow remains around highest tops in England and Wales.

**Forecast issued at 7:53 on Saturday, 7 March, 2026**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.