

The Northwest Highlands

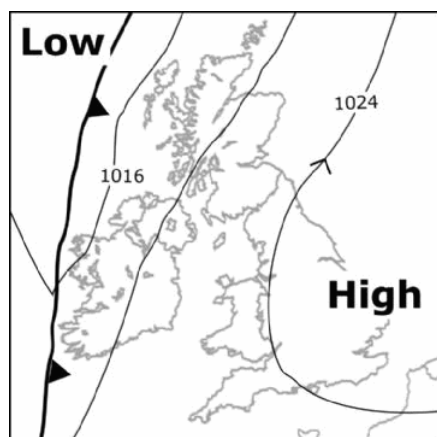
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Sunday, 8 March, 2026



British Mountain Summary:

Based on forecast chart for noon 8 March, 2026

A blanket of low cloud and haze (particularly Pennines) over England, Wales and SW Scotland will spread to the Borders and S Highlands later in day - albeit cloud breaks in places. The Scottish highlands mostly fine albeit windy in the NW with chance of a little rain.

Headline for The Northwest Highlands

Gusty winds, particularly west coast where a little rain.

Detailed Forecast for Sunday, 8 March, 2026

How windy? (On the Munros)	Southerly varying from 20 to locally 30mph in gusts eastern hills to 30 to 40, locally 45mph coastal hills south from Wester Ross, particularly Skye.
Effect of wind on you?	Blustery and gusty higher terrain - and local sudden gusts lower slopes north of major ridges and summits. Arduous walking and notable wind chill near west coast.
How wet? (Precipitation and its impact)	Risk a little rain near Skye Extensively dry, but risk of a little patchy rain at times near the west coast (south from Wester Ross), most likely Skye.
Cloud on the hills?	Mostly clearing: mainly confined to Skye by early afternoon. Patches, in some areas widely on higher slopes from dawn. Will improve as most summits clear by midday or early afternoon. But the cloud may persist on Skye, particularly Cuillins sometimes above 450m.
Chance of cloud free Munros?	80% but 20% Skye.
Sunshine? Air clarity (below cloud)	Extensive cloud - though particularly well inland from west coast, thinning at times to allow sunshine. Excellent or superb visibility.
How Cold? (at 900m)	0 to 3C, highest northern areas. Little temperature change above 900m.
Freezing Level	Above the summits northern hills. 900 to 1200m elsewhere. Frost some glens at dawn.

The Northwest Highlands - Looking Ahead

	Monday 9 March	Tuesday 10 March
How windy? (On the Munros) Effect of wind on you?	Southwesterly 15 to perhaps 25mph western mountains in the afternoon. Mostly small	South to on higher slopes southwesterly; increasingly markedly with height to a gusty 40mph on higher exposed areas. Markedly increasing buffeting and wind chill with height. Balance may well be difficult for periods on higher slopes.
How wet? (Precipitation and its impact)	Patchy rain/snow mainly morning. A weakening front across the NW Highlands will bring rain (snow above 750-900m) from time to time - but away from western mountains near Skye will amount to very little. What rain there is, may well tend to fizzle with time.	Rain now and again Rain from time to time - very little in total. Probably most persistent Skye and within a few miles of the coast adjacent to Skye. Sometimes sleet higher slopes.
Cloud on the hills? Chance of cloud free Munros?	Extensive morning; cloud base may lift, and clear for some areas. Confidence in detail presently low: Almost blanket fog probable from dawn, the base very low near Skye. An improvement very likely, perhaps substantial with some or many higher areas clearing in afternoon. 20% rising to 50% elsewhere.	Persistent; lowest cloud base near Skye Generally persistent cloud above 450 to 600m, but on and near Skye, at times the cloud forming at or below 300m. Highest cloud base will be north from about Torridon and east toward Ben Wyvis and perhaps summits near Great Glen, where typically 750-900m 20%
Sunshine? Air clarity (below cloud)	Cloud will tend to break, perhaps substantially by afternoon. Visibility becoming mostly excellent.	Glimpses of sun mainly or only lower slopes near and north of Ullapool and near Ben Wyvis. Hazy, particularly near the coast.
How Cold? (at 900m) Freezing Level	Between 0 and 2C. Between 900 and 1150m.	1C - little temperature drop above 900m. Will feel as cold as minus 10C directly in the wind. Above the summits - some terrain above 900m may be frozen.

Planning Outlook

All mountain areas of Britain from Monday, 9 March, 2026

Increasingly wet and windy, particularly western mountains through next week. From Wednesday, bouts of upland severe or storm force winds will reach the Scottish Highlands and the gales periodically affecting other mountain areas later in the week. Freeze thaw cycles will occur on higher areas south from S Scotland whilst the Scottish Highlands experience infrequent thaw, with fresh snow sometimes reaching lower slopes, whilst extensive higher up.

Forecast issued at 7:42 on Sunday, 8 March, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.