

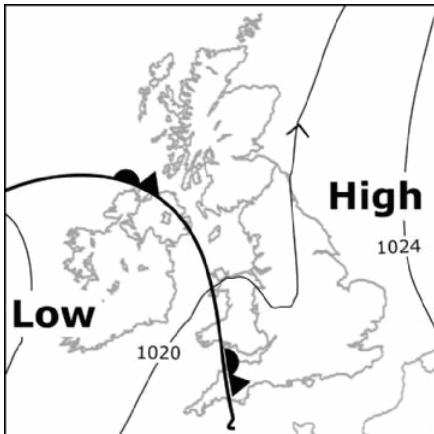
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Friday, 1 May, 2026



British Mountain Summary:
Based on forecast chart for noon 1 May, 2026

As pressure falls slowly, so extensive high level cloud and bursts of rain (perhaps thundery in places later in day) will spread east - although the precise locations of the showery rain remains uncertain. Patches of low cloud, mainly near Irish Sea coasts will accompany the rain.

Headline for The Northwest Highlands

A few bursts of rain; fairly light wind.

Detailed Forecast for Friday, 1 May, 2026

How windy? (On the Munros)	Southerly, 15 to 20mph, perhaps 25mph coastal summits.
Effect of wind on you?	Fairly small.
How wet? (Precipitation and its impact)	Patchy rain, risk a heavier burst Most or all areas dry, but risk of one or two bursts of showery rain.
Cloud on the hills?	Little if any - may begin to form Skye before dusk The mountains substantially or completely clear of cloud, but in evening, patches will form from west across Skye - perhaps forming on lowest slopes.
Chance of cloud free Munros?	90%
Sunshine? Air clarity (below cloud)	Extensively cloudy but bright as weak sun intermittently comes through high cloud layers. Visibility very good, slight haze develops.
How Cold? (at 900m)	7C Skye and increasingly westernmost mainland mountains. Elsewhere rising toward a very warm 14C by afternoon.
Freezing Level	Above the summits.

The Northwest Highlands - Looking Ahead

	Saturday 2 May	Sunday 3 May
How windy? (On the Munros) Effect of wind on you?	Low confidence in forecast: Direction varied; widely 10mph or less. Possibly later northerly 20mph near coast. Small	Direction varied, but mainly northerly; near the coast 15mph, perhaps 25mph Cuillins. Elsewhere, widely 10mph or less. Mostly negligible.
How wet? (Precipitation and its impact)	Rain on and off, risk heavy bursts Rain intermittently or perhaps extensively, mostly fairly light, but particularly near Great Glen risk heavy thundery bursts by afternoon.	Occasional showers/snow flurries A few showers, not heavy, mostly or only north of about Ullapool. Expect small hail and snow flurries, by evening as low s 500m.
Cloud on the hills? Chance of cloud free Munros?	Very extensive; forming some lower slopes, may well not clear all day. Particularly toward the coast, cloud may for periods form below 300m. Even well inland, fragments may well form upward from forest canopies, although here most cloud above 600m, and perhaps some breaks to 900m 20%	Very little if any Fragments may shroud highest summits, particularly morning, but increasingly the cloud layer above the tops. 70%
Sunshine? Air clarity (below cloud)	Little if any sunshine. The air very clear, but visibility often poor due to rain.	Occasional sunshine, possibly more widely close to the coast. Excellent or superb visibility.
How Cold? (at 900m) Freezing Level	Between 0 to 2C near north coast, 3 or 4C west coast and 6C well inland. Above most summits, perhaps as low as 900m Ben Hope (far north).	0 or -1C far north; otherwise 2 to 4C, warmest near Great Glen. Above most or all summits, but 800 or 900m near Ben Hope. Frost some valleys at first.

Planning Outlook**All mountain areas of Britain from Saturday, 2 May, 2026**

Less settled from the weekend onwards. Rain will be more frequent although apart from on Saturday night and Sunday (when a band of rain will move north about as far as central Scotland - the detail presently very uncertain) total rainfall will remain fairly small.

Temperature levels will drop markedly, particularly on the Scottish Highlands, where overnight and mornings higher slopes will be below freezing point on Scottish Highlands - with hail and snow flurries. Overnight frosts may extend as far south as Wales again.

Forecast issued at 7:25 on Friday, 1 May, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.