

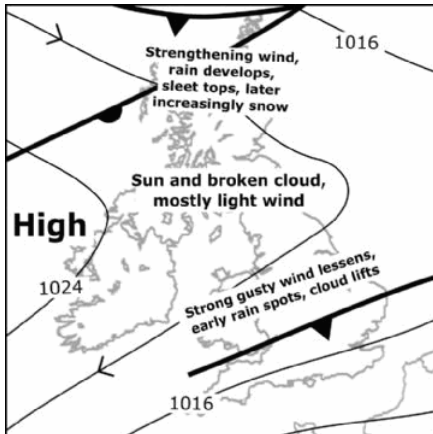
# The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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## General Summary for Sunday, 10 May, 2026



### British Mountain Summary: Based on forecast chart for noon 10 May, 2026

Increasingly windy across the Highlands, rain and some sleet or snow on high tops moving in from the northwest, becoming persistent. By late in the day, snow falling in northern areas to lowering elevations. Chilly NE'y wind England & Wales tends to ease, a largely fine day, early light rain east Wales.

### Headline for The Northwest Highlands

Cold and windy. Rain sets in, cloud lowers, later snow showers.

## Detailed Forecast for Sunday, 10 May, 2026

|  |  |
|--|--|
| <b>How windy? (On the Munros)</b>              | Westerly strengthening from 20mph or briefly less at dawn, to 30-35mph during morning into middle of day, reaching 40mph in north, more widely for a time during afternoon hours, gusts 50mph on tops. Switching northerly 25mph evening onward.   |
| <b>Effect of wind on you?</b>                  | <b>Prepare for considerable wind chill, more significant by afternoon. Walking becoming strenuous, challenging in exposure over higher terrain, affecting balance on tops and ridges with buffeting gusts.</b>   |
| <b>How wet? (Precipitation and its impact)</b> | <b>Showers, becoming wetter, sleet tops, later snow showers</b><br>Showers coming in from the northwest, falling as snow flurries on the Munros. Becoming more frequent during morning, merging into constant rain throughout the afternoon, falling as sleet or some wet snow on higher Munros. Then into evening turning to showers; snow falling to lowering heights in north late in day or evening. |
| <b>Cloud on the hills?</b>                     | <b>Lowering over western hills, becoming extensive</b><br>Clear breaks to tops inland and east early in day. Patchy cloud over higher western slopes forming more widely, tending to fill in and lower in steady rain over western mountains above 600-800m. Some breaks into evening.   |
| <b>Chance of cloud free Munros?</b>            | <b>70% dropping to 20% by midday.</b>  |
| <b>Sunshine? Air clarity (below cloud)</b>     | Early sun mostly toward east, soon largely cloudy, increasingly overcast. Visibility starts excellent, reducing in precipitation, becoming poor; late in day may improve away from showers.  |
| <b>How Cold? (at 900m)</b>                     | -1C rising to +1 or 2C, but into evening falling quickly from north toward -2C. Feeling much colder as wind increases, around -12C directly in wind afternoon.   |
| <b>Freezing Level</b>                          | 800m plus frost inland glens at dawn. Up to 1100m afternoon, but late in day a rapid drop from north to 600m, locally below 500m northeast areas from dusk.  |

## The Northwest Highlands - Looking Ahead

|  | Monday 11 May   | Tuesday 12 May   |
|--|---|--|
| <b>How windy? (On the Munros)</b><br><br><b>Effect of wind on you?</b> | North-northwesterly 15-20mph, occasionally less; turning westerly, tending to increase to 30-35mph later in day.<br><br><b>Fairly small for a time, but distinctly chilly over the mountains. Likely becoming more blustery, more strenuous walking later.</b>      | Westerly 30 to 45mph, squally gusts around showers.<br><br><b>Frequent buffeting across the hills, challenging walking at times in exposure. Significant wind chill.</b>   |
| <b>How wet?</b><br>(Precipitation and its impact)                      | <b>Snow flurries fade, rain later</b><br>Brief showers early in day, snow flurries over the hills, falling to some lower elevations, fading. Then drizzly rain in west gradually up to higher slopes, steadier rain develops from the west during afternoon.        | <b>Showery, hail and snow on tops</b><br>Frequent showers, mostly toward west early in day, but soon more widely; some heavy bursts, snow falling at times to 700m, also hail to lower slopes. Risk of isolated thunder and lightning. |
| <b>Cloud on the hills?</b>   | <b>Patches lifting, lowering later west</b><br><br>Patchy cloud banks over higher slopes in morning, but lifting above most tops. Toward evening, cloud lowering from west onto coastal tops, tending to fill in near the coast up to dusk, banks extending inland. | <b>Varied on tops, lifting higher with breaks</b><br><br>Cloud frequently changing, covering tops above 800m for periods, but tending to rise higher in afternoon, with time only occasionally capping tops.                           |
| <b>Chance of cloud free Munros?</b>                                    | <b>80%, dropping to 20% west evening.</b>   | <b>40%</b>   |
| <b>Sunshine?</b><br>Air clarity (below cloud)                          | Patchy sun in morning, giving way to thickening high cloud from west afternoon. Visibility excellent, then reducing later in day from west.   | Brief bursts of sun.<br>Visibility often very good, but intermittently very poor during showers.   |
| <b>How Cold? (at 900m)</b><br><br><b>Freezing Level</b>                | -3C at first, rising to +2C afternoon, or slightly milder by evening into night. Feeling colder as wind increases.<br><br>600m around dawn, or lower north/east, gradually rising, toward 1100m afternoon, then later in day lifting above many tops.               | 0 to 2C.<br>Feeling like -10 to -15C directly in the wind on tops..<br><br>900 to 1100m, highest toward Great Glen afternoon.  |

## Planning Outlook

### All mountain areas of Britain from Monday, 11 May, 2026

Notably chilly across the hills for this time of year during the week ahead as air from the north-northwest prevails. Frequently near or below freezing over Scottish Munros, and at times dropping to freezing on high tops in England and Wales. Wind speed will vary, but increasing at times to gale force on hills, giving significant chill factor. Broadly showery, heavy bursts with hail and thunder in places, also often falling as snow on higher mountains, at least in Scotland, intermittently elsewhere. Some more persistent precipitation especially northwest Scotland. Also some drier windows - varying locally day-to-day - away from showers cloud will lift above hills and visibility will be very good.

### Forecast issued at 16:00 on Saturday, 9 May, 2026

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