

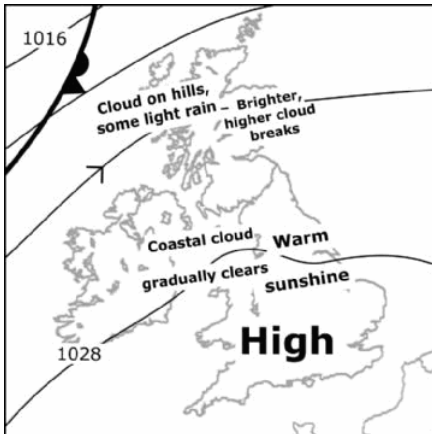
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Saturday, 23 May, 2026



British Mountain Summary: Based on forecast chart for noon 23 May, 2026

Scotland: Gusty south-westerly will feed extensive low cloud and patchy drizzle into the west. Mostly dry for eastern hills where cloud will lift and break off the hills.

England and Wales: Low cloud and local drizzle morning western hills, mainly coasts, but burning off to leave warm sunshine widely.

Headline for The Northwest Highlands

Very blustery, low cloud and drizzly showers in the west. Best in the east.

Detailed Forecast for Saturday, 23 May, 2026

How windy? (On the Munros)	Southwesterly 20-30mph, strongest west, often gusting 35mph west coast, and strengthening, later gusting 45mph west.
Effect of wind on you?	Walking increasingly strenuous widely, later arduous west coast with considerable buffeting; significant wind chill.
How wet? (Precipitation and its impact)	Drizzly showers Drizzly showers across Skye and nearby mainland summits too, may be fairly constant in the morning, but small amounts. Small chance of odd spots of light rain elsewhere, but most hills dry.
Cloud on the hills?	Fairly extensive west, lifting to high terrain with breaks Many hills shrouded above 600-700m in the morning, some local breaks; most extensive Skye, to 500m south Cuillin. A lifting trend, breaks probable too, best inland where cloud mostly just near summits. West coast may see lingering banks at 700-800m.
Chance of cloud free Munros?	30% rising to 50% to 70%; highest in the north and east.
Sunshine? Air clarity (below cloud)	Patchy cloud and some weak sun, trending cloudier with time. Visibility increasingly very good, particularly inland.
How Cold? (at 900m)	5C rising up to 7C Ben Wyvis to Ben Hope. Only slight rise Skye. Later feeling like -5C in direct wind.
Freezing Level	Above the summits.

The Northwest Highlands - Looking Ahead

	Sunday 24 May	Monday 25 May
How windy? (On the Munros) Effect of wind on you?	South to south-westerly 25 to 35mph, in excess of 40mph for a time west coast, and some cols and summits elsewhere. Be prepared for widely blustery conditions, perhaps arduous at times, especially for the west coast, with considerable buffeting.	South-westerly 25 to 40mph, strongest towards the Ben Hope area. Very blustery and gusty, with considerable buffeting at times, perhaps even arduous at times across northern hills.
How wet? (Precipitation and its impact)	Drizzly rain, focused in west The moist south-west airflow will continue to feed drizzly rain in across the hills; most widely on and near Skye. Little if any reaching Ben Hope to Ben Wyvis.	Drizzly morning, then fizzling out. Drizzly conditions for western mountains from Skye to Torridon in morning with a little spill over possible to eastern hills. Mostly fizzling out by afternoon.
Cloud on the hills?	Extensive in the west, broken in the east. A feed of low cloud will continue in across western hills giving extensive hill fog. Bases lifting and breaking further east, with good breaks Ben Hope to Ben Wyvis.	Mostly on and near Skye morning May be fairly extensive western hills morning, and perhaps tops for a time elsewhere. By afternoon, mostly clearing, but persisting western tops.
Chance of cloud free Munros?	30%, but 60% northeast.	20% lifting to 60%
Sunshine? Air clarity (below cloud)	Mostly overcast, but glimpses of sun; best in the north and east. Visibility poor at times due to drizzly rain. Excellent mostly in the north and east.	Mostly cloudy, but thinning and breaking in places, especially in the north and east. Visibility poor at times in drizzle, but away from drizzle, very good.
How Cold? (at 900m) Freezing Level	8 to 10C, lowest west coast. Above the summits	7 to 9C, lowest toward west coast. Above the summits

Planning Outlook

All mountain areas of Britain from Sunday, 24 May, 2026

Pressure builds this weekend, centred over England and Wales where it will be warm and sunny. To the north of the high, a blustery and gusty south-westerly will persist across the Highlands with patchy rain and hill fog, mainly in the west and northwest. Very warm by Sunday and Monday valleys of Wales and England, mid to high 20s. Low 20s glens into southern and eastern Scotland. Next week, high pressure extends over Scotland, cutting of the low cloud and drizzle from northwest Scotland by midweek with warm sunny weather, cooler in the north and east coast. Still very warm into the valleys of England and Wales with extensive sunshine.

Forecast issued at 15:08 on Friday, 22 May, 2026

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