

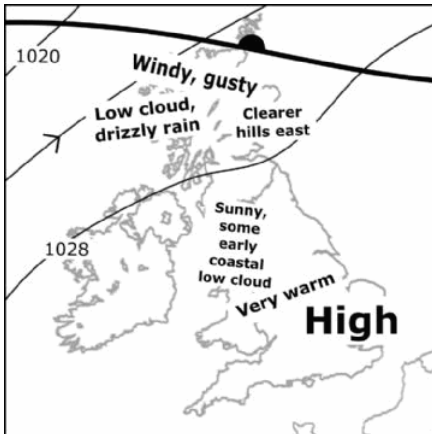
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Sunday, 24 May, 2026



British Mountain Summary: Based on forecast chart for noon 24 May, 2026

High pressure bringing dry and warm conditions to England and Wales and southern and eastern Scotland with early patchy hill fog in the west dispersing. Warm or very warm in valleys, beware of sunburn and dehydration. Blustery south-westerly winds will feed low cloud and drizzly rain across northwest Scotland.

Headline for The Northwest Highlands

Windy, gusty southwesterly. Drizzly rain and extensive low cloud. Clearer east.

Detailed Forecast for Sunday, 24 May, 2026

How windy? (On the Munros)	South to south-westerly 25 to 35mph, in excess of 40mph for a time Skye to Ben Hope, and some cols and tops elsewhere.
Effect of wind on you?	Very blustery and gusty conditions, arduous at times, especially for the west coast, with considerable buffeting.
How wet? (Precipitation and its impact)	Drizzly rain, focused in west The moist south-west airflow will continue to feed drizzly rain in across the hills; most widely on and near Skye where may come on fairly heavy at times. Little if any reaching Ben Hope to Ben Wyvis.
Cloud on the hills?	Extensive in the west, broken in the east. A feed of low cloud will continue in across western hills giving extensive hill fog. Bases lifting and breaking further east, with good breaks Ben Hope to Ben Wyvis.
Chance of cloud free Munros?	30%, but 60% northeast.
Sunshine? Air clarity (below cloud)	Mostly overcast, but glimpses of sun; best in the north and east. Visibility poor at times due to drizzly rain. Excellent mostly in the north and east.
How Cold? (at 900m)	8 to 10C, lowest west coast.
Freezing Level	Above the summits

The Northwest Highlands - Looking Ahead

	Monday 25 May	Tuesday 26 May
How windy? (On the Munros)	South-westerly 25 to 40mph, strongest towards the Ben Hope area.	Westerly 15 to 25mph at first, perhaps 30mph Ben Hope, but easing down and by afternoon 5 to 15mph.
Effect of wind on you?	Very blustery and gusty, with considerable buffeting at times, perhaps even arduous at times across northern hills.	Blustery morning, but becoming small by afternoon.
How wet? (Precipitation and its impact)	Drizzly morning, then fizzling out. Drizzly conditions for western mountains from Skye to Torridon in morning with a little spill over possible to eastern hills. Mostly fizzling out by afternoon.	Spots of drizzle fading. Spots of patches of drizzle western hills in the morning, but becoming dry across all hills by the afternoon.
Cloud on the hills?	Mostly on and near Skye morning May be fairly extensive western hills morning, and perhaps tops for a time elsewhere. By afternoon, mostly clearing, but persisting western tops.	Extensive morning, breaking up widely afternoon. Extensive from dawn, down to lower slopes from Assynt down to Skye. Lifting and breaking, to leave most hills clear afternoon, patches lingering tops in west.
Chance of cloud free Munros?	20% lifting to 60%	20% lifting to 70%
Sunshine? Air clarity (below cloud)	Mostly cloudy, but thinning and breaking in places, especially in the north and east. Visibility poor at times in drizzle, but away from drizzle, very good.	Sunshine confined to northeast in morning, before breaking through more widely in the afternoon. Visibility good away from any drizzle.
How Cold? (at 900m)	7 to 9C, lowest toward west coast.	3 to 5C, lowest around Ben Hope, but lifting to 6 or 7C hills nearest Great Glen.
Freezing Level	Above the summits	Above the summits

Planning Outlook**All mountain areas of Britain from Monday, 25 May, 2026**

High pressure dominates this week with early patchy low cloud, mainly coastal hills dispersing to give widespread warm or very warm sunshine, highest temperatures valleys of England and Wales; where into the high 20s Monday and Tuesday Peak District into Wales with high humidity. Chance of well scattered shower development from midweek as a gusty south-easterly develops for western hills. Pressure lowering next weekend into next week.

Forecast issued at 17:17 on Saturday, 23 May, 2026

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