

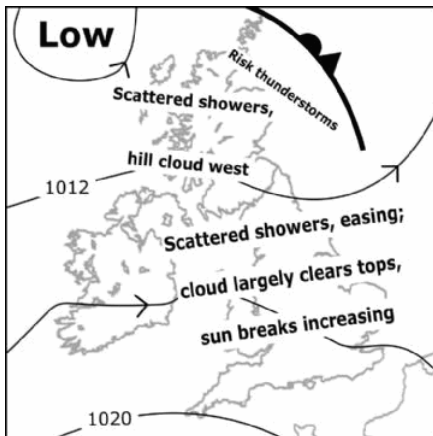
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Sunday, 31 May, 2026



British Mountain Summary:

Based on forecast chart for noon 31 May, 2026

Showers in Scotland, most frequent west where hill cloud will linger; clearer east, cloud caps around showers. Early showers and hill cloud England and Wales, cloud lifts to just passing caps Scafell and Yr Wyddfa, sun bursts breaking out and showers largely fade. Moderate breeze, occasional stronger gusts high tops.

Headline for The Northwest Highlands

Showers, cloud clings to middle slopes south/west

Detailed Forecast for Sunday, 31 May, 2026

How windy? (On the Munros)	West-southwesterly 20-25mph, a general westerly trend with time and some variability lower speeds.
Effect of wind on you?	Fairly small but ease of walking sometimes affected on high exposed summits.
How wet? (Precipitation and its impact)	Periods of showers, risk Caithness thunderstorms Showers drive in from the southwest through morning, a lingering drizzle on southern tops between showers. A dry window to the north for a few afternoon hours, but a rising chance of heavy showers developing in Caithness, and perhaps thunderstorms here. Drizzle increases southwest later.
Cloud on the hills?	Extensive, some improvement A sheet of cloud shrouds the hills to 600-700m in the morning, as low as 400m Skye and nearby slopes, some breaks near Ben Wyvis. Bases lift through morning from the south, approaching 600-900m, highest east, and some breaks too as showers ease, always best Ben Wyvis to Ben Hope. Little chance of clearing Skye to Torridon.
Chance of cloud free Munros?	Rising to 40% east, only 20% west
Sunshine? Air clarity (below cloud)	Often cloudy, some bright breaks east. Variable visibility, often poor in showers but very good where clear.
How Cold? (at 900m)	6C, or 7C well inland; may reach 8C Ben Wyvis and nearby hills northward.
Freezing Level	Above the summits.

The Northwest Highlands - Looking Ahead

	Monday 1 June	Tuesday 2 June
How windy? (On the Munros) Effect of wind on you?	Westerly before dawn, shifting south-southeasterly 10-15mph, some brief lulls. Higher for a time afternoon, Fairly small, but feeling blustery on the high Cuillin for a time afternoon.	Variable or southwesterly, 10 to 15mph, may be little wind for periods inland. Small.
How wet? (Precipitation and its impact)	Patchy rain increasing afternoon A few odd spots of light rain drifting from the south in the morning, many hills dry, then patchy rain approaching from the south afternoon, increasingly frequent with some local heavy spots.	Showers, locally heavy Showery rain, some heavy bursts possible, likely becoming concentrated on the east and north of the region into the afternoon and evening, chance of thunder.
Cloud on the hills?	Mostly high terrain, several clearer hours Cloud covers most hills above 700m at dawn. Lifting, some breaks through morning, many summits clear, patchy cloud clings to the high Cuillin. Cloud returning above 800m through afternoon from the south.	Varied over tops, lifting higher Banks of cloud at varied heights becoming confined above 800m during the morning, lifting higher into afternoon with some breaks to tops. Lower patches in showers.
Chance of cloud free Munros?	60%, lowering to 30% later	50%
Sunshine? Air clarity (below cloud)	Patchy sunshine, some high cloud around, more sunshine for a few early afternoon hours. Excellent visibility out of rain.	Glimpses of sun, west coastal areas becoming sunnier afternoon. Visibility very good, reduced in showers.
How Cold? (at 900m) Freezing Level	5 or 6C, rising to 9 or 10C, mildest from Kintail to hills east of Ullapool. Above the summits.	8C, slightly higher inland afternoon. Above the summits.

Planning Outlook

All mountain areas of Britain from Monday, 1 June, 2026

An unsettled week ahead with low pressure facilitating periods of rain, showers, and a strengthening wind, as well as cooler temperatures. Rain spreads across most areas from the southwest on Monday, followed by showers on Tuesday, these showers perhaps turning into thunderstorms in central and east areas. The only settled window this week overnight into Wednesday, then more rain soon arrives from the west through Wednesday morning, spreading widely and with it gales likely over most hills as well except the far north of Scotland. Thursday and Friday remain showery and windy, nearly persistent rain and extensive low cloud northwest England and west Scotland, a few breaks in the east but showers always most widespread afternoon and even smaller hills seeing cloud over summits for periods.

Forecast issued at 16:10 on Saturday, 30 May, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.