

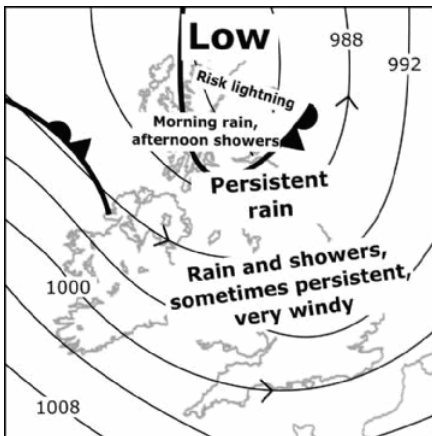
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Thursday, 4 June, 2026



British Mountain Summary: Based on forecast chart for noon 4 June, 2026

Rain and showers in Scotland, showers heaviest east afternoon with risk of thunder. Light wind early, increasingly blustery from south. Persistent rain and windy south Scotland and Lakeland/N Pennines. Very windy Peak District and Wales too, gales later, morning rain and afternoon showers.

Headline for The Northwest Highlands

Rain and showers, risk afternoon thunder east

Detailed Forecast for Thursday, 4 June, 2026

<p>How windy? (On the Munros)</p> <p>Effect of wind on you?</p>	<p>Variable 10mph or less at dawn, soon shifting westerly and slowly strengthening, 10-15mph by midday, strongest south. Finishing 20-25mph, strongest south, perhaps 30mph over the Cuillin.</p> <p>Small for most of the morning, wind increasingly impacting ease of walking through afternoon, walking may become impeded in the south late in the day.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Rain and showers, best dry windows early; risk lightning east</p> <p>Slow moving showery rain through the morning, some local dry spots, but drizzle forming on the high tops and showers forming, moving east through afternoon. Showers increasingly heavy afternoon, a risk of lightning particularly from Ben Wyvis towards Caithness. The day finishes with more persistent rain west.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free Munros?</p>	<p>Fairly extensive, variable, notably deteriorating from west later</p> <p>Covering the higher mountains likely all day, but varying in extent and height, some ragged patches from forest canopies up during and after rain. Base rising afternoon, some breaks in east if between showers, but these brief and above 900m likely stays in cloud. Cloud fills in to at least middle slopes from later afternoon on west coast.</p> <p>20%</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Often cloudy, some glimpses of sun here and there, some broader sunny areas north in the early morning.</p> <p>Visibility often very poor due to rain and fog, but variably very good during dry windows.</p>
<p>How Cold? (at 900m)</p> <p>Freezing Level</p>	<p>5 or 6C, rising to 7C Ben Wyvis to hills east of Ullapool. Notable drop later overnight hours.</p> <p>Above the summits.</p>

The Northwest Highlands - Looking Ahead

	Friday 5 June	Saturday 6 June
How windy? (On the Munros) Effect of wind on you?	Westerly 30-40mph early, gusting 45-50mph early north. Easing from late morning, turning southwesterly 25-35mph. Arduous walking over summits at dawn, strongest wind knocking you off balance with significant wind chill. Easing trend.	S-SE'ly, later SW'ly, high uncertainty of extent of stronger winds - likely in range 25 to 40mph, but risk 50-60mph for a time. Beware of changing conditions and monitor subsequent forecasts - risk of being difficult at least part of the day.
How wet? (Precipitation and its impact)	Morning rain soon patchy, dry windows A band of rain moves north through morning, heaviest extended falls west coast. This rain largely clears northward by midday, patchy rain follows in the west, only odd spots east, dry windows too.	Risk of rain developing from southwest Possibly substantially dry conditions for a good part of the day, especially more inland and northern areas, but risk of patchy rain moving in from west around Skye, timing uncertain, may become persistent and widespread rain.
Cloud on the hills?	Lifting to summits, often broken east Fairly extensive at dawn, bases widely to 600m and lower west. A lifting and breaking trend from the south through morning, to likely just banks coming and going over the tops, always most often west coast.	Lowering especially around Skye Cloud banks may cover the Cuillin from early in day, patchy on the nearby mainland and further north/east may start clearer and stay well broken for longer. Cloud likely lowers and fills in to low-mid slopes near Skye.
Chance of cloud free Munros?	Rising to 60%, to 80% east Munros	20% Skye, to 60% far north.
Sunshine? Air clarity (below cloud)	Patchy sunshine. Very good visibility.	Sun mostly weak due to high cloud, mainly north; more likely becoming overcast. Visibility very good where dry, but reducing in rain.
How Cold? (at 900m) Freezing Level	3 or 4C at dawn, rising to 6C Ben Wyvis and Ben Hope; 5C or less elsewhere. Feeling like -7C in strongest early wind. Above the summits.	5C rising to 7 or 8C afternoon, then lowering into night. Feeling below freezing in the wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Friday, 5 June, 2026

Friday sees a slight settling trend compared to recent days with sunny spells in east Scotland as well as England and Wales, some patchy showers. Unsettled again over the weekend, as southwesterly flow draws several areas of rain across the country, best of dry slopes to the northeast. Showers affect most hills Monday and Tuesday, lowest cloud and most persistent rain along western slopes, but with some breaks as well with sunshine. Wednesday is likely more unsettled as gales spread across most tops and heavy rain drives into northwest England and Scotland. Conditions settling into the weekend as high pressure builds from the south. Low cloud will gradually dissipate for increased sun. Scotland slower to settle, some cloud and drizzly rain lingering in the west.

Forecast issued at 16:28 on Wednesday, 3 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.