

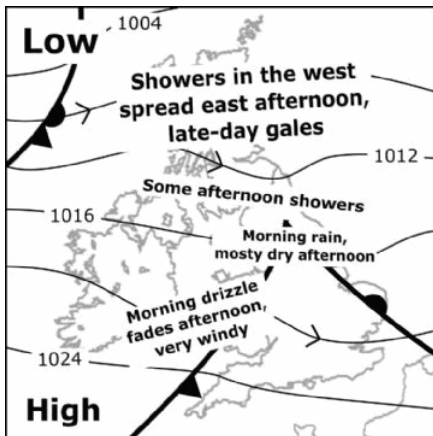
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Friday, 12 June, 2026



British Mountain Summary:

Based on forecast chart for noon 12 June, 2026

Strong wind for all. Showers and fog in west Scotland all day, passing east afternoon, persistent for a few later hours. Gales into Scotland from the west late afternoon into evening. Morning rain, drizzle, and fog in England, easing afternoon, driest S Pennines. Drizzle in Wales fades afternoon, sun glimpses break out.

Headline for The Northwest Highlands

Showery rain most of the day; windy, gales later

Detailed Forecast for Friday, 12 June, 2026

<p>How windy? (On the Munros)</p> <p>Effect of wind on you?</p>	<p>West or southwesterly, 25 to 35mph, some stronger wind early, then deteriorating afternoon, sustained speeds at least 35mph north, to 50-55mph Skye and perhaps briefly stronger.</p> <p>Walking often strenuous on exposed terrain, deteriorating afternoon to difficult conditions over many Munros late in the day; balance significantly challenged with significant wind chill.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Showers from the west</p> <p>Frequently damp over west coastal hills with showers and drizzle on and off much of the day. Showers become more frequent afternoon, and rain likely sets in for a few later afternoon hours, some heavy falls western Munros.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free Munros?</p>	<p>Extensive, lowest west</p> <p>Persistent across western hills, foggy above 500-700m, or to some lower slopes nearest coasts, particularly Skye. Higher cloud bases eastward, some breaks possible above 800m, but also lowering for periods, and extensively lower late afternoon into evening.</p> <p>20%</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Largely cloudy, glimpses of sun mainly eastern areas. Some west coastal haze, visibility good where drier inland and east.</p>
<p>How Cold? (at 900m)</p> <p>Freezing Level</p>	<p>5C, rising to 6C or locally 7C for a few afternoon hours eastern Munros, then widely back to 5C as evening approaches. Feeling like -5C where exposed to wind on tops, to -10C late in the day.</p> <p>Above the summits.</p>

The Northwest Highlands - Looking Ahead

	Saturday 13 June	Sunday 14 June
How windy? (On the Munros) Effect of wind on you?	Westerly 40-50mph at dawn, shifting northwesterly and gradually easing to 25-35mph, lightest Skye. Difficult conditions and significant wind chill well into the day; an easing trend, but walking remains strenuous over tops.	Northwesterly, shifting northerly and later northeasterly, 15-20mph, some notable gustiness. Trending lighter later. Fairly small, but some notable gusts in exposure here and there.
How wet? (Precipitation and its impact)	Showery rain, easing Showery rain soon spreads across most hills, setting in persistently in the north and west for several hours at least. Breaking into showers afternoon and gradually fading to just drizzle and light spotty rain west coast later.	Light patchy rain fades Some fine drizzle on the high tops in the morning, a few patches of light rain drifting from the north in the early hours. Any precipitation likely fades for a dry afternoon.
Cloud on the hills? Chance of cloud free Munros?	Fairly extensive Cloud shrouds the western Munros to at least the middle slopes most of the day. Some higher bases and more broken inland in the morning, but likely spreading more widely by midday and remaining extensive for several afternoon hours. 20%	Lifting to high coastal slopes Cloud covers the summits at dawn, bases as low as 500m north and west coast slopes; up to 800m Kintail. A lifting trend, increasingly broken as well, many inland/south summits largely clear afternoon. Some patchy banks cling to high north and west slopes. Rising to 70%
Sunshine? Air clarity (below cloud)	A few glimpses of weak sun. Visibility often poor due to fog and rain, some haze near coasts.	Sun increasingly breaking out, best inland, but some high cloud around. Very good visibility.
How Cold? (at 900m) Freezing Level	5C, may rise slightly Kintail and Ben Wyvis. Feeling as cold as -7C in early wind. Above the summits.	5 or 6C, rising to 8 to 10C, mildest Kintail; northernmost Munros a degree cooler. Above the summits.

Planning Outlook**All mountain areas of Britain from Saturday, 13 June, 2026**

Higher pressure to the southwest this weekend, bringing warmer and drier conditions to Wales. Showery rain affecting Scotland on Saturday, some patches reaching northwest England; staying very windy and cool in Scotland and northern England on Saturday too. Sunday will be a clearing day for most: early rain in Scottish Highlands easing and most cloud lifting off summits, sunshine but weakened by high cloud. Temperature more widely mild, warm in Wales.

Into next week, a mixed southwesterly pattern remains, windy at times with periods of rain, drizzle and low cloud most persistent in the west. Warmest in England and Wales, but cooler westerly air likely returns at times mid-late week.

Pressure generally trending higher, but extensively settled weather may remain elusive in the near-term.

Forecast issued at 16:07 on Thursday, 11 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.