

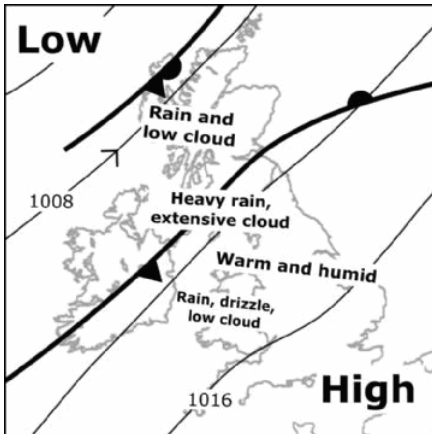
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Thursday, 18 June, 2026



British Mountain Summary:

Based on forecast chart for noon 18 June, 2026

Rain and low cloud affects many mountains, most persistent in the west, patchier and lighter for the Highlands by afternoon. A band of heavier rain for northern England and southwest Scotland, risk some thundery bursts. Blustery southwesterly winds. Feeling humid particularly for England and Wales.

Headline for The Northwest Highlands

Breezy. Rain and showery bursts, lowest cloud west.

Detailed Forecast for Thursday, 18 June, 2026

How windy? (On the Munros)	South-southwesterly 20 to 30mph, strongest most persistently west coastal mountains, at times 35mph Skye and nearby coastal tops.
Effect of wind on you?	Starting to affect comfortable walking, in places some buffeting on exposed western ridges, particularly Cuillin. Feeling cool.
How wet? (Precipitation and its impact)	Rain most frequent west, some heavy Rain on and off around Skye and coastal hills to Wester Ross all day, pulses of steadier rain extend widely northeastward for periods, but drier intervals Sutherland. Odd heavier bursts possible widely.
Cloud on the hills?	Fairly extensive, lowest Skye Covering hills around Skye and nearby coast most or all day to mid-slopes, some lower banks in rain. Often capping many tops elsewhere, but occasional breaks above 900m in north if dry.
Chance of cloud free Munros?	Below 10% on and near Skye; 20% elsewhere.
Sunshine? Air clarity (below cloud)	Generally cloudy, locally brighter toward east coasts. Poor visibility widely in rain; misty around Skye, some better visibility north and east, good below cloud.
How Cold? (at 900m)	6 or 7C near west coast, little change all day. Rising to 9C inland and east. Feeling near 0C in stronger wind.
Freezing Level	Above the summits.

The Northwest Highlands - Looking Ahead

	Friday 19 June	Saturday 20 June
How windy? (On the Munros) Effect of wind on you?	South-southwesterly, rising soon from dawn to 40-50mph, gusts 60mph high tops; tending to lessen afternoon. Challenging walking, sudden buffeting on downslopes to north, gusts may knock you over on tops. Considerable wind chill.	Southwesterly 25 to 35mph, likely strongest afternoon-evening, gusts over 40mph particularly toward north. Blustery over hills, affecting comfortable walking and balance on exposed tops and ridges. Considerable wind chill.
How wet? (Precipitation and its impact)	Heavy rain for a few hours Bursts of rain extending northwards from overnight into morning, some more constant falls, particularly western areas. Chance of thunder. Breaking up in afternoon, later scattered lighter showers.	Showers extend east Showery rain most frequent over Skye and Wester Ross early morning, but extending northeastwards, scattered brief bursts of rain, chance isolated thunder inland. Tending to fade from west in afternoon.
Cloud on the hills?	Varied, some very low cloud In places very low cloud to lower slopes near west coast around Skye, but ragged patches widely in rain. Some breaks higher up or above tops at times for north & eastern areas. May improve later in west.	Lowest in west and in morning Covering the hills fairly widely in morning, to some lower slopes Skye and west coast. Bases rising, tending to thin and break, but patches still likely to cap western tops above 700-800m. Better breaks eastward.
Chance of cloud free Munros?	30%	10% rising to 40%
Sunshine? Air clarity (below cloud)	Any sun weak through high cloud, largely overcast. Misty west coast near Skye; widely hazy, murky around rain, may then improve to be very good later.	Misty and largely cloudy start, improving with some sun breaking through and visibility becoming very good below cloud.
How Cold? (at 900m) Freezing Level	Humid 10 to 12C, then later in the day, dropping rapidly to 6C. Feeling below freezing in wind all day. Above the summits.	5 or 6C, little change all day in west, up to 7C inland & eastern hills afternoon. Feeling near -5C in the wind on tops. Above the summits.

Planning Outlook

All mountain areas of Britain from Friday, 19 June, 2026

Humid southwesterly winds, gales across many mountains on Friday, plus heavy rain, thundery bursts mixed in. Less windy, but still breezy into Saturday in Scotland, feeling less humid for most, but western Scottish hills at least stay cloud capped and with showery rain. Sunday is a drier day with clearer hills, light winds and feeling warmer. Into next week, a mixed west-southwesterly pattern for Scotland, rain and low cloud most common in the west, drier with higher cloud eastwards and more often dry. Warm and humid for England & Wales - often dry, but possible thunderstorms forming at times - detail more uncertain.

Forecast issued at 16:05 on Wednesday, 17 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.