

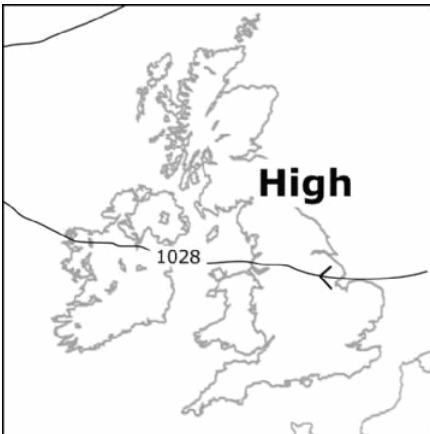
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Sunday, 21 June, 2026



British Mountain Summary:
Based on forecast chart for noon 21 June, 2026

Extensive bright sunshine - beware of sunburn and dehydration - and light wind. Cloud and a few brief showers NW Highlands will move away north, whilst along the Pennines and later Cumbria and S Scotland, patchy cloud and an isolated shower will form.

Headline for The Northwest Highlands

improving from south as wind drops and showers die out.

Detailed Forecast for Sunday, 21 June, 2026

<p>How windy? (On the Munros)</p> <p>Effect of wind on you?</p>	<p>Southwesterly 15 to 25mph, strongest north of Ullapool in morning. Will back southerly and ease to 10mph or less middle of the day near Skye and then north to Sutherland through afternoon.</p> <p>Mostly small, becoming negligible from south. Notable wind chill, mainly far north morning.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>A few brief showers; dying out from south morning</p> <p>Isolated light showers west coastal hills at first, soon restricted to far north before clearing by about midday.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free Munros?</p>	<p>All clearing from south</p> <p>Morning: Patchy cloud some slopes, mainly toward the coast above 700m, locally 300m coastal slopes. Well inland, by late morning, mostly above 900m.</p> <p>Early afternoon onwards: From south, all clearing - patches may persist above 800m north of Ullapool until early evening.</p> <p>30% rising from south to 90% by late afternoon</p>
<p>Sunshine?</p> <p>Air clarity (below cloud)</p>	<p>Bright sun progressively extending north and west from Great Glen through the day - may be evening before much sun far north.</p> <p>Visibility increasingly excellent or superb from south .</p>
<p>How Cold? (at 900m)</p> <p>Freezing Level</p>	<p>5C early morning, rising to 7C to 10C, warmest near the Great Glen north to Ben Wyvis.</p> <p>Above the summits.</p>

The Northwest Highlands - Looking Ahead

	Monday 22 June	Tuesday 23 June
How windy? (On the Munros) Effect of wind on you?	Southerly 15mph. Small	Southwesterly, in the range 25 to 40mph: probably strengthening through day, and strongest far north. Significant buffeting likely, particularly afternoon onwards north from about Torridon.
How wet? (Precipitation and its impact)	Risk a few hours of rain (Low confidence) Moderate risk of 2 to 4 hours of mostly light rain - just the odd heavier burst.	Turning drizzly, mainly near coast Spells of drizzle enveloping coastal hills, especially near Skye. Here and there a little drizzly rain penetrating 10 or 20 miles inland from afternoon.
Cloud on the hills? Chance of cloud free Munros?	Low confidence: Often very little but may form for a few hours in/after rain. Many mountains free of cloud although on Skye, particularly south Cuillin, fog possible: patches on coastal cliffs upward - perhaps higher slopes above the fog. In rain, cloud may shroud higher slopes for a few hours. 70%	Blanket of low cloud spreading inland Fog soon enveloping hills near the coast, from 100 to 300m up. The cloud will progress inland most likely middle of day and afternoon but cloud base on eastern hills from near Great Glen northwards 500 to 700m. Dropping to less than 10%
Sunshine? Air clarity (below cloud)	Only glimpses of sun - through layers of high cloud.. Excellent visibility.	Sunshine will give way as cloud penetrates inland. Becoming intermittently misty near the coast, but well inland excellent visibility.
How Cold? (at 900m) Freezing Level	9C rising to 12 to 14C (coldest coastal summits). Above the summits	14 to 16C Above the summits.

Planning Outlook**All mountain areas of Britain from Monday, 22 June, 2026**

Extensively dry, very warm but very humid indeed England and Wales, although around Monday chance of a thunderstorm. Rain and low cloud at times Scotland, mainly affecting western mountains - although later next week the warmth encroaching into Scotland. There may well be widespread thunderstorms later in the week, before less hot weather extends from the Atlantic around next weekend.

Forecast issued at 7:34 on Sunday, 21 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.