

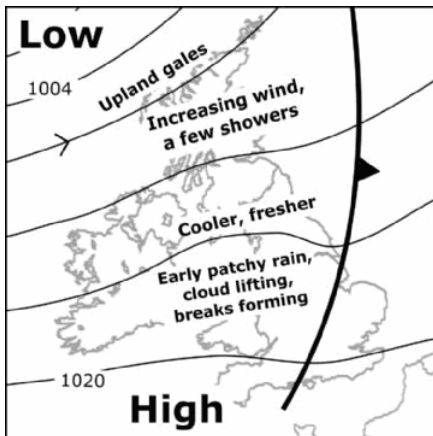
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Sunday, 28 June, 2026



British Mountain Summary:

Based on forecast chart for noon 28 June, 2026

Strengthening southwesterly winds, reaching gale force over western Scottish mountains, soonest near Skye. Much fresher everywhere, rather chilly on tops in exposure to wind. Some early rain, improving as cloud lifts and breaks, but scattered showers move east across the Highlands into the afternoon.

Headline for The Northwest Highlands

Increasingly gales in west. Patchy rain, showers; cloud lifts inland.

Detailed Forecast for Sunday, 28 June, 2026

How windy? (On the Munros)	Southwesterly 25-35mph in morning, strongest west coast, strengthening, sustained 40-45mph afternoon onward with gusts to 55mph+, soonest Skye and west coast, increasingly widely later.
Effect of wind on you?	Walking impeded over higher western hills from dawn, becoming increasingly arduous with significant wind chill; balance a constant challenge west coastal tops, somewhat more moderate inland and east.
How wet? (Precipitation and its impact)	Early rain, becoming driest north and east Bands of rain pass northeastward from overnight into early morning, brief heavy falls. By late morning, just patchy showers, often dry north and east. Skye and nearby stay often damp, and a cluster of showers extends inland later in daytime. More frequent rain in west into night.
Cloud on the hills?	Fairly extensive early, often clear afternoon inland and north Most upper slopes shrouded through morning, more extensive to middle slopes in rain, or lower slopes Skye and nearby. Lifting and breaking inland, largely clearing to tops afternoon, some patches; Skye and nearby slopes often shrouded above 600-800m.
Chance of cloud free Munros?	20%, rising to 70% inland afternoon
Sunshine? Air clarity (below cloud)	Mostly cloudy start, breaking to a patchwork of cloud and sun. Very good visibility, a haze offshore to the west.
How Cold? (at 900m)	6 to 8C, mildest easternmost hills; Skye lowers a degree. Feeling as cold as -5C in later wind.
Freezing Level	Above the summits.

The Northwest Highlands - Looking Ahead

	Monday 29 June	Tuesday 30 June
How windy? (On the Munros) Effect of wind on you?	Southwesterly 35-40mph at dawn, gusts over tops to 50mph+. Easing to finish near 15-25mph. Challenging conditions on the high tops early with significant wind chill and difficulty maintaining stability; easing with time.	South or southeasterly 15 to 20mph, but likely to drop lighter and variable. Mostly small.
How wet? (Precipitation and its impact)	Patchy rain, mostly south Rain fairly widespread just around dawn, heaviest south, breaking into patchy rain drifting from the southwest by later morning. Only odd patches further north and east, amounting to little.	Showery rain Areas of showery rain tending to drift north across the region in morning, then by afternoon moving around slowly, some places escaping dry, but local heavy bursts possible, chance of isolated thunder.
Cloud on the hills? Chance of cloud free Munros?	Fairly extensive, improving east A shield of cloud shrouds west coast slopes from 300-400m up at dawn, nearer to 700m well-east. A lifting tendency, approaching 800-1000m east, some summit breaks possible. Cloud unlikely clears above 500-700m west coast, lowest south. 10%, rising to 40% east summits	Fairly extensive, better north Cloud varying over the hills, but often capping high tops, lowering around rain with ragged patches lower down. Breaks likely best toward north in morning. 30%
Sunshine? Air clarity (below cloud)	Bursts of sun breaking out, sunniest on lower elevations to the east. Very good visibility, some west coast haze.	Glimpses of sun mainly north in morning. Visibility very good where dry, but reduced to poor in rain.
How Cold? (at 900m) Freezing Level	5 or 6C, rising up to 8C inland (a degree cooler west coast). Feeling like -5C in strongest wind. Above the summits.	7 or 8C, little variation all day. Above the summits.

Planning Outlook

All mountain areas of Britain from Monday, 29 June, 2026

A westerly Atlantic pattern dominates the new week: high pressure south and low pressure north will bring alternating periods of rain punctuated by bright sunshine. Wind generally on the strong side with mild to sometimes warm temperatures, though cooler and windier spells at times produce significant wind chill on Scottish tops. Western hill groups from Lakeland northward will see the most cloud and patchy rain, while east and southern areas likely drier and sunnier. This pattern is likely to continue into next weekend.

Forecast issued at 16:00 on Saturday, 27 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.