

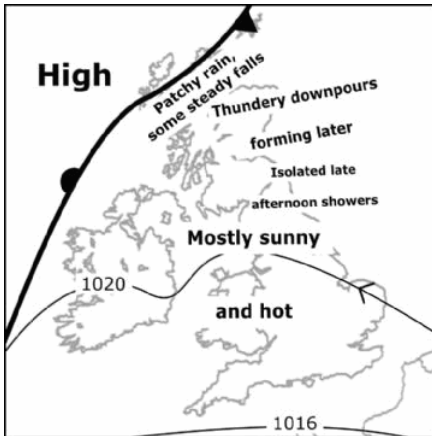
# The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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## General Summary for Friday, 10 July, 2026



### British Mountain Summary: Based on forecast chart for noon 10 July, 2026

Hot sunshine persists across England, Wales, and southern Scotland; valley temperatures of 30C+. Starting bright and becoming very warm most of Scottish Highlands. Rain from Lochaber northward, later moving east with heavy thundery bursts forming over central/east highlands into evening.

### Headline for The Northwest Highlands

Mostly cloudy; some rain, frequent with heavy bursts for a time

## Detailed Forecast for Friday, 10 July, 2026

<p><b>How windy? (On the Munros)</b></p> <p><b>Effect of wind on you?</b></p>	<p>Southwesterly 10 to 15mph early, strongest in north toward Ben Hope. An easing trend with time, mostly 10mph, often less to the south where becoming variable, later reorienting easterly with a slight strengthening.</p> <p><b>Small to negligible.</b></p>
<p><b>How wet?</b> (Precipitation and its impact)</p>	<p><b>Periods of rain, frequent and locally heavy afternoon</b></p> <p>Patchy drizzle around Skye and nearby coast from dawn. Patches increasingly forming northward, then rain setting in more widely through the afternoon with extended falls and heavy bursts. Some risk of local thunder late in the day as rain trends eastward, only patches to the west.</p>
<p><b>Cloud on the hills?</b></p> <p><b>Chance of cloud free Munros?</b></p>	<p><b>Fairly extensive</b></p> <p>The west coast shrouded from lower slopes up from dawn and well into the day; more variable inland where starting more broken, bases from 400-700m (Ben Wyvis may start clear); as rain sets in, hill cloud more widely extensive to middle slopes. Some breaks will form near the west later, but highly varied.</p> <p><b>30%</b></p>
<p><b>Sunshine?</b> Air clarity (below cloud)</p>	<p>A few glimpses of sun but largely overcast, dull for a time in rain. Variable visibility, misty for periods around rain, but very good where below cloud.</p>
<p><b>How Cold? (at 900m)</b></p> <p><b>Freezing Level</b></p>	<p>8 to 10C dawn, coolest near and north of Ullapool, rising slightly, up to 12C around Kintail.</p> <p>Above the summits.</p>

## The Northwest Highlands - Looking Ahead

	<b>Saturday 11 July</b>	<b>Sunday 12 July</b>
<b>How windy? (On the Munros)</b>	Generally easterly but variable, 10-15mph, sometimes less.	Generally southeasterly but variable, 10mph and often less.
<b>Effect of wind on you?</b>	<b>Negligible.</b>	<b>Negligible</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Some patchy rain</b> A chance of steadier falls to the south and east early with a lingering drizzle here. Western hills seeing only odd spots of rain, and perhaps entirely dry.	<b>Likely dry</b> A small chance of a few spots of drizzly rain, but the Munros likely entirely dry.
<b>Cloud on the hills?</b>	<b>Best chance breaks towards west coast</b>  Fairly extensive at dawn, to at least middle slopes east coast, or lower near Kintail. A lifting trend in bases, slopes towards the west coast seeing more varied breaks, perhaps approaching summit level at times; Ben Wyvis southward rarely breaking above 700m.	<b>Extensive early, mostly breaking west</b>  At dawn, extensive to middle slopes widely, to lower slopes east where fog will reach locally into glens. Through morning, bases rise with breaks beginning to form, particularly west where most cloud above the summits afternoon. Fog lingers above 700m Ben Wyvis to Easter Ross.
<b>Chance of cloud free Munros?</b>	<b>40%, to 20% eastern hills</b>	<b>20%, rising to 70% western hills</b>
<b>Sunshine?</b> Air clarity (below cloud)	Some brighter moments towards the west coast but largely overcast; poor visibility on high terrain, to very good below cloud.	Overcast and misty at dawn, sun bursts increasingly common to the west where visibility will be excellent.
<b>How Cold? (at 900m)</b>	9 to 11C, rising a degree and always mildest on western slopes.	9 to 11C at dawn, rising to 14C near Torridon; coolest north and east, perhaps not rising above 11C here.
<b>Freezing Level</b>	Above the summits.	Above the summits.

**Planning Outlook****All mountain areas of Britain from Saturday, 11 July, 2026**

Staying warm in Scotland, hot for England and Wales into the weekend. High pressure shifts northward, facilitating a strengthening easterly wind across most areas. Some lingering cloud and rain over the Scottish Highlands Saturday with some risk of heavier thundery bursts on Saturday morning in the east. The weekend is likely dry across England and Wales with fairly extensive sun, some sea fog increasingly affecting northeastern hill groups later weekend.

Easterly wind persists next week, sometimes quite strong England and Wales. Mostly sunny and very warm, including Scottish Highlands. Low pressure south of the country starts pushing showers into Wales, some heavy and thundery, though confidence is low. Detail increasing uncertain later next week, but Scotland likely stays dry.

**Forecast issued at 15:58 on Thursday, 9 July, 2026**

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