

The Northwest Highlands

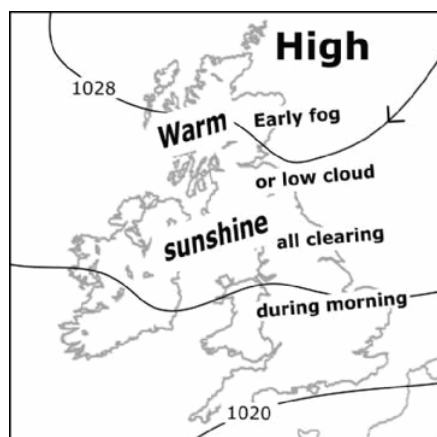
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Wednesday, 15 July, 2026



British Mountain Summary:

Based on forecast chart for noon 15 July, 2026

Warm across the hills with strong sunshine. Fog for lower eastern areas from dawn - Scottish hills above the fog, whilst low cloud banks drift onto hill slopes over Pennines for a few hours. Easterly breeze, strongest for south Pennines & Wales. Extremely dry ground, beware of fire.

Headline for The Northwest Highlands

Warm and sunny, early low fog in east. Light wind.

Detailed Forecast for Wednesday, 15 July, 2026

How windy? (On the Munros)	Mostly easterly Skye to Kintail, southeasterly for Sutherland, at times variable direction widely; 5 to 10mph.
Effect of wind on you?	Negligible.
How wet? (Precipitation and its impact)	No rain expected
Cloud on the hills?	Mountains clear From dawn, fog in eastward draining glens and only lowest eastern hill slopes, retreating back to the North Sea and dispersing in morning. From dusk, some sea fog may drift onto western coasts.
Chance of cloud free Munros?	Practically certain
Sunshine? Air clarity (below cloud)	Strong sunshine all day. Excellent visibility on high terrain, some low-level haze, fog toward east coast.
How Cold? (at 900m)	16C from dawn (warmer than glens), rising to 19C (glens reach 25C or locally 27C inland and west, cooler near east coast).
Freezing Level	Above the summits.

The Northwest Highlands - Looking Ahead

	Thursday 16 July	Friday 17 July
How windy? (On the Munros)	Northeasterly or variable, 5 to 10mph, at times 15mph mainly later in day.	Northerly 15 to 25mph.
Effect of wind on you?	Small.	Fairly small, but feeling more blustery at times and noticeable cooler on high terrain.
How wet? (Precipitation and its impact)	No rain expected Some fine misty dampness may occur on lower coastal slopes mainly in north.	Rain unlikely An odd pocket of drizzle mainly northernmost areas.
Cloud on the hills?	Hills clear, sea fog Fog may exist over the sea around most of the region much of the day, lapping onto lowest coastal slopes, but the mountains widely clear. Toward evening, some fog banks may start to drift upslope in northern areas.	Covering some hills for periods Varied banks of cloud drifting onto some hill slopes, mainly northern areas for periods, perhaps also Skye. Highest tops above the cloud early in day, but some cloud likely drifts higher up. Well broken and often clear near Kintail.
Chance of cloud free Munros?	Practically certain (above coastal fog)	50% north, 80% south.
Sunshine? Air clarity (below cloud)	Sunshine over the mountains dawn til dusk, occasional thin high cloud. Visibility excellent on hills, fog may be extensive over the sea.	Patchwork of sun and cloud. Visibility very good or excellent.
How Cold? (at 900m) Freezing Level	16C from dawn, (warmer than glens at first), rising to 19C (glens reach 26C or locally warmer on western mainland). Above the summits.	8 to 12C, coolest if in fog. Feeling closer to freezing directly in wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 16 July, 2026

Settled summer weather continues into the weekend and next week as high pressure dominates. Warm temperatures on the hills in midweek will trend cooler from the north from Friday into the weekend, dropping below 10C on summits for periods, mainly Scottish mountains. Most persistently cooler in the north where some cloud will be drawn over the tops at times, occasional light showery rain. Otherwise generally ongoing dry weather, with good amounts of sun and many hill tops often clear of cloud. Continuing very high risk of fire with extremely dry ground conditions. A change of weather pattern late in the month brings scope for rain and thundery showers.

Forecast issued at 16:28 on Tuesday, 14 July, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.