

The Northwest Highlands

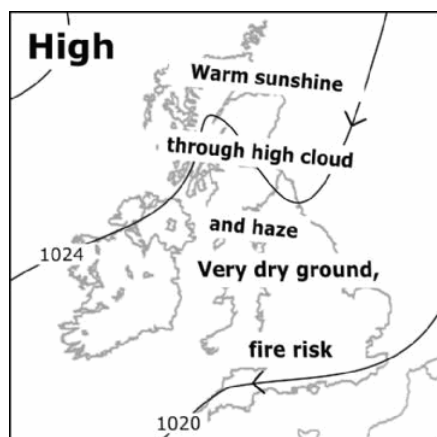
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Thursday, 16 July, 2026



British Mountain Summary:

Based on forecast chart for noon 16 July, 2026

Extremely dry ground conditions with risk of wildfire, notably England and Wales. Remaining very warm and mostly sunny across the country, high cloud and haze weakening the sun in the north. Early sea fog affects low slopes of north and east Scotland and England, this burning off through morning.

Headline for The Northwest Highlands

Very warm; sunny, high cloud, some fog on low coastal slopes

Detailed Forecast for Thursday, 16 July, 2026

How windy? (On the Munros)	Northeasterly or variable, 5 to 10mph, at times gusting 15mph, most likely later in the day.
Effect of wind on you?	Negligible.
How wet? (Precipitation and its impact)	No rain expected Some fine misty dampness may occur on lower coastal slopes mainly in north.
Cloud on the hills?	Hills clear, sea fog Fog may persist over the sea around most of the region, lapping onto lowest coastal slopes, but the mountains widely clear. Toward evening, some fog banks may start to drift upslope Ben Wyvis to Ben Hope and Caithness.
Chance of cloud free Munros?	Practically certain (above coastal fog)
Sunshine? Air clarity (below cloud)	Sunshine over the mountains dawn til dusk, occasional thin high cloud tending to thicken from the east. Visibility excellent on hills, fog may be extensive over the sea; some haze to the east.
How Cold? (at 900m)	16C from dawn (warmer than glens at first), rising to 17 to 19C, warmest inland where glens reach 25C or locally warmer.
Freezing Level	Above the summits.

The Northwest Highlands - Looking Ahead

	Friday 17 July	Saturday 18 July
How windy? (On the Munros)	Northerly 15 to 25mph, occasional stronger breezes Skye.	Northerly 10-20mph, gusty over the summits.
Effect of wind on you?	Fairly small, but feeling more blustery at times and noticeable cooler on high terrain.	Fairly small, but frequent nuisance gusts over tops and a chilly feeling.
How wet? (Precipitation and its impact)	Rain unlikely An odd pocket of drizzle mainly northernmost areas.	Little expected Spotty light rain affects the Munros from time to time, mostly higher terrain near north and west coast; largely dry well inland.
Cloud on the hills?	Covering some hills for periods Varied banks of cloud drifting onto some hill slopes, mainly northern areas for periods, perhaps also Skye. Highest tops above the cloud early in day, but some cloud likely drifts higher up. Well broken and often clear near Kintail/Knoydart.	Increasingly broken, best inland south Fairly extensive at dawn along north and west coasts to at least middle slopes. Bases mostly above 500m well inland. Bases lifting and a breaking trend, mostly above 700-800m along coasts. Easter Ross and southward substantially clearing.
Chance of cloud free Munros?	50% north, 80% south.	Rising to 60% coasts, 80% well-inland
Sunshine? Air clarity (below cloud)	Patchwork of sun and cloud. Visibility very good or excellent.	Patchwork of cloud and sun, most often cloudy along north and west coasts. Very good visibility.
How Cold? (at 900m) Freezing Level	7 to 11C, coolest if in fog; a degree milder Kintail. Feeling closer to freezing directly in wind. Above the summits.	7C rising to 10C well-inland. West and north coast hills see little change. Feeling near freezing in direct wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Friday, 17 July, 2026

Settled summer weather continues into the weekend and next week as high pressure dominates. Warm temperatures on the hills in midweek will trend cooler from the north from Friday into the weekend, dropping below 10C on summits for periods, mainly Scottish mountains. Most persistently cooler in the north where some cloud will be drawn onto high terrain and over tops at times, occasional light showery rain; occasional inversion conditions in the morning. Otherwise generally ongoing dry weather, with good amounts of sun and many hill tops often clear of cloud. Continuing very high risk of fire with extremely dry ground conditions. A change of weather pattern late in the month brings scope for rain and thundery showers.

Forecast issued at 15:59 on Wednesday, 15 July, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.