

The Northwest Highlands

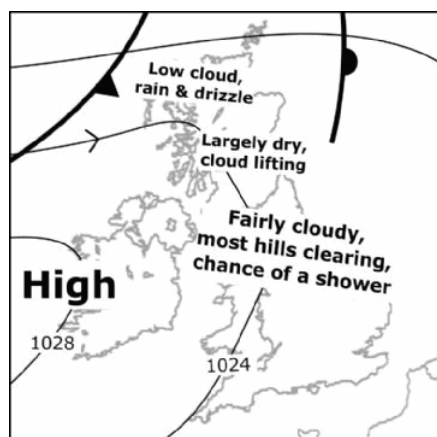
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Thursday, 23 July, 2026



British Mountain Summary:

Based on forecast chart for noon 23 July, 2026

Low cloud and drizzle across the northern parts of the Highlands in the morning, cloud tending to lift for central-southern Highlands, but northwestern areas stay damp, more persistent rain later and winds also strengthening. Cloudy skies for England and Wales, most hills clearing in the morning, low risk of a shower.

Headline for The Northwest Highlands

Breezy, increasingly windy. Drizzle later rain, low cloud west.

Detailed Forecast for Thursday, 23 July, 2026

How windy? (On the Munros)	West to southwesterly 20 to 30mph, strongest over northern mountains, strengthening toward 40mph later.
Effect of wind on you?	Feeling breezy over the hills, quite cool on higher tops, increasing buffeting gusts around exposed summits and ridges.
How wet? (Precipitation and its impact)	Damp much of day west, wetter later Drizzle frequent over west coastal hills, patchy drizzle drifting inland. Light rain more persistent in west late afternoon into evening, some steadier falls of rain developing over a few hours, less toward eastern hills.
Cloud on the hills?	Extensive, base rising, persistent west Shrouding hills from many lower elevations upward early in the day. Bases tending to gradually lift to 800-900m, higher breaks inland and east, but many west coast tops remain covered, lowering again more widely in evening, some banks return to lower elevations west coastal slopes.
Chance of cloud free Munros?	20% west, rising to 40% inland/east afternoon, lowering into evening.
Sunshine? Air clarity (below cloud)	Largely cloudy, misty poor visibility lower elevations up in the morning, improving to become good below cloud where dry, reducing again to poor in rain later west. Glimpses of sun mainly in east.
How Cold? (at 900m)	8 or 9C, little change all day in west, may rise a degree or so toward Ben Wyvis. Feeling near/below 0C in the wind.
Freezing Level	Above the summits.

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All mountain areas of Britain from Friday, 24 July, 2026

Westerly winds reaching gale-force over Scottish tops on Friday; low cloud across western Scotland, drizzle and steadier light rain, turning heavier later in the day. A swathe of persistent rain and strong winds moving southwards across Britain into Saturday, leaving a legacy of showers for Scotland, winds tending to lessen. Further areas of showers into Sunday. A changeable west to southwesterly pattern into next week and likely into early August, bringing spells of rain and showers; varying wind speeds, strengthening at times to gales on high tops. Often cooler for Scotland, a mix of cooler and warmer days for England & Wales.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.