

The Northwest Highlands

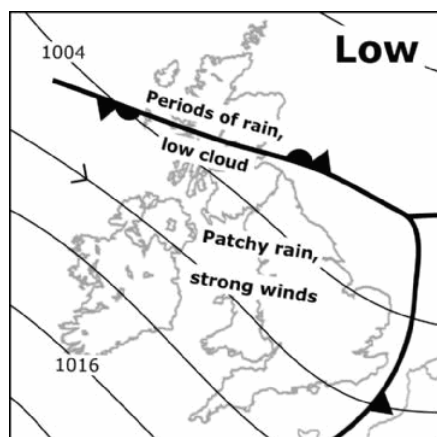
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Sunday, 26 July, 2026



British Mountain Summary:

Based on forecast chart for noon 26 July, 2026

Spells of rain and showers affect most places during the day, some heavier falls toward eastern Scotland in afternoon. Cloud covering most high terrain, bases rising during day, breaks emerge at times. Blustery winds for England, Wales and southern Scotland, more moderate speeds for the Highlands.

Headline for The Northwest Highlands

Rain, showers, low cloud; improving from north, Moderate breeze.

Detailed Forecast for Sunday, 26 July, 2026

How windy? (On the Munros)	North-northwesterly 15 to 25mph, at times 30mph around Ben Hope.
Effect of wind on you?	Fairly small, some more breezier slopes in exposure, blustery toward far north. Feeling cool on tops.
How wet? (Precipitation and its impact)	Often raining, then becoming drier from north Rain onto west coast hills through the day, clusters regularly push east with showery outbreaks more widely afternoon, some heavy bursts, notably Ben Wyvis/Easter Ross. An easing tendency, becoming drier from the north during afternoon, earliest near Ben Hope.
Cloud on the hills?	Varied, high tops rarely clear, breaks form north afternoon Fairly extensive early, bases to 500-700m lowest west, or lower along the coast. A lifting trend, some breaks forming, but bases return to 700-800m during showers, or lower if heavier showers occur in the east. A breaking trend from north through afternoon, clearing to some upper slopes.
Chance of cloud free Munros?	20% rising to 50% from north afternoon.
Sunshine? Air clarity (below cloud)	Glimpses of sun break out later, soonest in Sutherland. Varied visibility, often poor but very good where out of cloud/rain.
How Cold? (at 900m)	7C, rising up to 9C southern inland areas. Little or no rise northern coastal hills. Feeling close to freezing on high tops in the wind.
Freezing Level	Above the summits.

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All mountain areas of Britain from Monday, 27 July, 2026

West-southwesterly winds will bring rain to most places early in the new week, some more prolonged heavier falls for western Scotland by Tuesday, accompanied by gales over high terrain, severe on Scottish tops, but rather humid for all, warm for England and Wales. Cooler air toward northwest Scotland moves across all of Scotland by Wednesday. Showery rain through mid-late week, some heavy and possibly thundery bursts, mainly Scotland. Likely drier for Wales and southern Pennines. More uncertainty toward next weekend and early the following week, but a risk of a broad zone of low pressure bringing areas of rain and heavy showers through early August.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.