

The Northwest Highlands

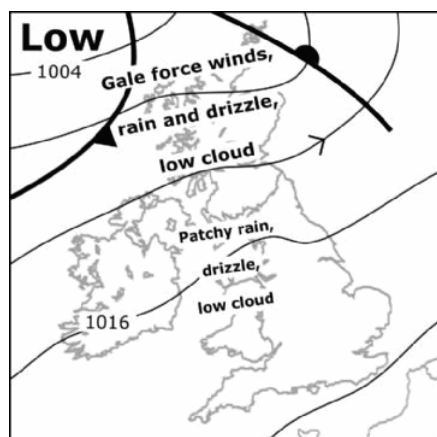
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Tuesday, 28 July, 2026



British Mountain Summary:

Based on forecast chart for noon 28 July, 2026

Challenging conditions over high terrain with gale-force winds, severe gales on the higher Scottish mountains. A few hours of persistent rain, some heavy for the Highlands, leaving drizzly conditions, low cloud across most hills. Some heavier rain again later in western Scotland.

Headline for The Northwest Highlands

Gales strengthen, severe high terrain. Rain and low cloud.

Detailed Forecast for Tuesday, 28 July, 2026

How windy? (On the Munros)	Southwesterly strengthening to 40 to 55mph during morning, more sustained higher speeds into the afternoon with gusts 60-70mph, soonest near Skye but increasingly widely. Continuing evening into night.
Effect of wind on you?	Increasingly difficult walking conditions widely over the hills, balance challenging on exposed ridges, gusts could knock you over particularly afternoon. Considerable wind chill.
How wet? (Precipitation and its impact)	Frequent or persistent rain, some heavy morning, again by evening Rain or drizzle much of the day particularly on western mountains, some more prolonged heavier falls in the morning. Easing to patchy drizzle with some drier breaks in east afternoon. Heavier rain returns from west later in day and through dusk.
Cloud on the hills?	Extensive Blanket low cloud across the mountains, shrouding west coastal areas from lower elevations upward for periods. Some higher bases above 700m inland and east mainly afternoon.
Chance of cloud free Munros?	10%
Sunshine? Air clarity (below cloud)	Generally overcast and dull, poor visibility much of day west and widely in rain, some improvements at times in east afternoon, brief sun breaking through.
How Cold? (at 900m)	8 to 10C, coolest on coastal tops, little variation all day. Feeling like -2 to -5C directly in wind on tops.
Freezing Level	Above the summits.

[illegible]

All mountain areas of Britain from Wednesday, 29 July, 2026

A complex pattern into the start of August as weak low pressure is nearby to the west . Some showery bursts of rain, possibly thundery in places on some days, locally persistent rain possible, but some places may well escape drier. Cloud varying over the hills from day to day. Strong southwesterly winds later this week, then becoming more variable in speed and direction over the weekend into early next week, may strengthen again for periods. A generally showery westerly may then prevail during next week. Temperatures near average or on the cooler side for Scotland , warmer for Wales and Peak District. Beware ongoing fire management restrictions to access despite rain in the forecast.

Forecast issued at 7:53 on Tuesday, 28 July, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.