

The Northwest Highlands

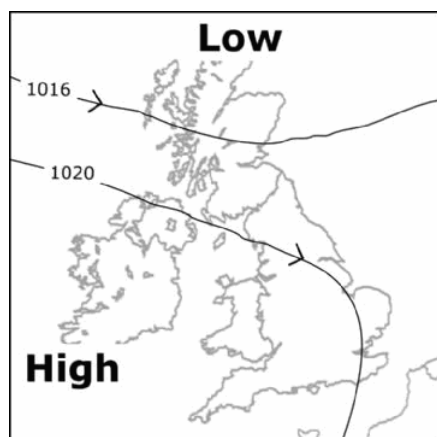
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Saturday, 1 August, 2026



British Mountain Summary:

Based on forecast chart for noon 1 August, 2026

England and Wales extensively dry with periods of sun and particularly Wales fairly light wind. Increasingly showery northwards across Scotland, although mostly confined to afternoon eastern mountains. Fairly chilly, particularly morning.

Headline for The Northwest Highlands

Chilly and showery.

Detailed Forecast for Saturday, 1 August, 2026

How windy? (On the Munros)	Westerly 20-25mph.
Effect of wind on you?	Fairly small.
How wet? (Precipitation and its impact)	Showers, becoming well scattered by evening Showers from time to time, some briefly heavy, although becoming few and far between from mid or late afternoon.
Cloud on the hills?	Extensive toward coast, base rising well inland - higher tops may not clear Extensive above 500-700m in the morning, lowest toward west coast. A lifting trend, particularly well inland, where breaks above 900m increasingly by midday. Nevertheless cloud base dropping again near showers.
Chance of cloud free Munros?	20%; rising to 50% eastern summits
Sunshine? Air clarity (below cloud)	Glimpses of sun, best south and east. Varied visibility, very good where out of cloud and rain; a west coastal haze builds later.
How Cold? (at 900m)	5 or 6C, rising a degree or two well inland. Will feel close to or below freezing point directly in wind.
Freezing Level	Above the summits.

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All mountain areas of Britain from Sunday, 2 August, 2026

Still a few showers W & NW Highlands on Sunday, and threat of some rain by dusk western mountains. The rain will be ahead of a very complicated weather pattern early next week; areas of rain will drift slowly across central and mainly northern Britain, but the distribution of rain (and associated low cloud) remains very uncertain. Despite some recent rain (mainly in Scotland), away from the W & NW Highlands terrain remains exceptionally dry: 'tinder dry'.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.