

The Northwest Highlands

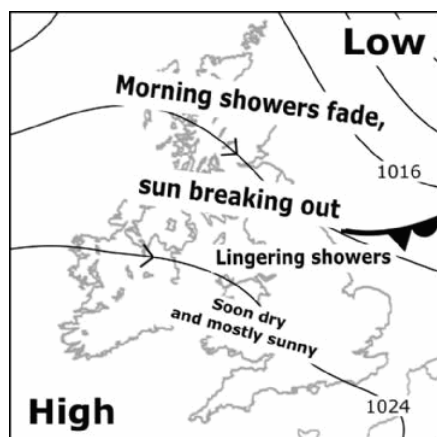
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Thursday, 6 August, 2026



British Mountain Summary:

Based on forecast chart for noon 6 August, 2026

Blustery with showers into Scotland and northern England in the morning; wind and rain easing, sun breaking out with time, mild high temperatures. Risk more frequent showers and strong wind in the Peak District through morning, improving afternoon. Rare early showers in Wales, cloud clearing most hills.

Headline for The Northwest Highlands

Morning showers fade, some inland summits clearing

Detailed Forecast for Thursday, 6 August, 2026

How windy? (On the Munros)	Northwesterly, shifting west and later southwesterly; 10-20mph most of the day, strongest speeds north, where speeds approach 25-30mph over high tops early and late in the day.
Effect of wind on you?	Mostly small, but affecting comfortable walking at times on some higher slopes early and later in the day and feeling distinctly chilly.
How wet? (Precipitation and its impact)	Early showers, drier window, then rain later Showers in the morning, mostly affecting northwestern hills, tending to fade to become often dry. Later in the afternoon, some patchy rain and drizzle moving in from the west, increasingly persistent into evening/night.
Cloud on the hills?	Lifting, breaks to tops, best chance south inland Fairly extensive above 600-700m, lowest and most extensive towards northwest, soon lifting to around 900m Kintail and Ben Wyvis, and increasingly above. More often cloudy along the west coast, particularly northern areas, but breaks increasingly towards tops or above as well.
Chance of cloud free Munros?	Rising to 40% west coast, 70% well inland
Sunshine? Air clarity (below cloud)	A patchwork of cloud and sun; more often cloudy along the west coast (particularly north) but sun increasingly breaking through here too. Visibility very good.
How Cold? (at 900m)	4C rising to 6 or 7C afternoon, mildest in the far south and staying elevated into night. Feeling below freezing where exposed to stronger wind on tops.
Freezing Level	Above the summits.

[illegible]

All mountain areas of Britain from Friday, 7 August, 2026

Westerly winds prevail into the weekend and further weather fronts will come in off the Atlantic, bringing rain and low cloud to most mountains. Saturday into Sunday in particular will see extensive cloud and heavy rain across Scotland with strong wind, bands of rain passing to the south and east into England and Wales. A ridge of high pressure returns early next week for warmer temperatures and clearer hills, though western Scotland likely remains fairly cloudy with some drizzle on the high tops. Following this high pressure, west-southwesterly flow returns and a series of low pressure systems will pass west-to-east across the British Isles with periods of strong wind (sometimes gale-force), rain, and low cloud, western hill groups away most affected. Unsettled conditions likely persist into next weekend.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.