

The Northwest Highlands

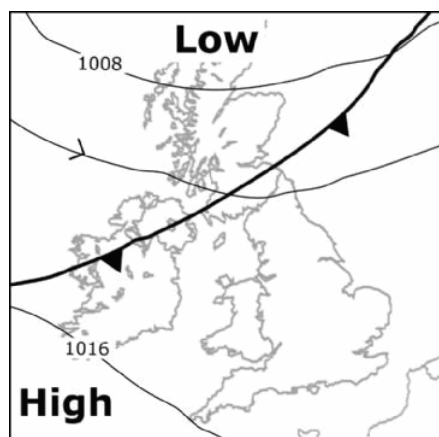
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Sunday, 9 August, 2026



British Mountain Summary:

Based on forecast chart for noon 9 August, 2026

A cold front, bringing rain and low cloud will progress only slowly southeast into central Britain. To the north, drizzly showers and low cloud will affect western mountains (mainly NW Highlands) whilst to the south mostly sunny and very warm.

Headline for The Northwest Highlands

Upland wind near gales, particularly north.

Low cloud; drizzly.

Detailed Forecast for Sunday, 9 August, 2026

How windy? (On the Munros) Effect of wind on you?	Westerly, ranging from 25mph Skye to 30mph on nearby mainland summits. Progressively northwards stronger wind, typically 40mph Sutherland. Tendency for strongest wind to be late afternoon. Strenuous-to-arduous walking with notable wind chill and buffeting gusts, particularly Sutherland.
How wet? (Precipitation and its impact)	Drizzly showers Drizzly rain on and off, sometimes frequent particularly within 10 miles or so of the general lie off the coast. Very wet underfoot western mountains after previous rain.
Cloud on the hills? Chance of cloud free Munros?	Persistent on higher areas; lowest cloud base toward coast Cloud base typically between 300 and 500m within a few miles of west facing coasts, lowest near rain. Inland base will rise, from midday may reach 700 to 900m easternmost slopes (from summits close to Great Glen north to Ben Wyvis). 10%
Sunshine? Air clarity (below cloud)	Glimpses of sunshine, mainly eastern lower slopes and valleys. Varied visibility, often good but poor in rain.
How Cold? (at 900m) Freezing Level	7C. Feeling near or below freezing in direct wind. Above the summits.

	Monday 10 August	Tuesday 11 August
How windy? (On the Munros)	Northwesterly 15 to in Sutherland 25mph, dropping to very low speeds by afternoon.	Southerly 15mph, although 20mph westernmost summits near Skye and perhaps 25mph Cuillins.
Effect of wind on you?	Small	Small, although gusty conditions near Skye could well impact ease of balance.
How wet? (Precipitation and its impact)	Well scattered showers Here and there a brief shower; not heavy.	Rain not expected
Cloud on the hills?	Confined to higher tops By late morning, cloud rare below 1000m, although within a few miles of the coast there may be patches near 800m.	Very unlikely
Chance of cloud free Munros?	60%	90%
Sunshine? Air clarity (below cloud)	Patches of sun - perhaps through areas of high level cloud. Excellent or increasingly superb visibility.	More or less unbroken sunshine although sometimes through high thin cloud. Superb visibility.
How Cold? (at 900m)	5C, rising a degree or so near the coast, but to 11C well inland.	7C rising to 14C
Freezing Level	Above the summits.	Above the summits.

All mountain areas of Britain from Monday, 10 August, 2026

Scotland, especially the W& NW Highlands, will have intermittent rain and low cloud - although probably still one or two fairly brief dry periods.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.