

# The Northwest Highlands

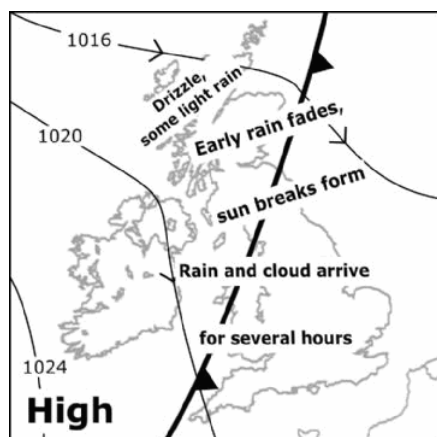
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



**Skye Basecamp - a brand new climber's hostel run by Skye Guides mountain guiding**

**Visit [www.skyebasecamp.co.uk](http://www.skyebasecamp.co.uk) to book your stay**

## General Summary for Friday, 14 August, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 14 August, 2026

A band of rain over central Scotland in the morning sweeps into England and Wales; some heavy bursts with extensive cloud. Rain eases afternoon, to patches over Wales and the Peak District. Drizzle and light rain follows in west Scotland, little reaching eastward where high cloud breaks form.

### Headline for The Northwest Highlands

Drizzle, some light rain; extensive cloud

## Detailed Forecast for Friday, 14 August, 2026

|                                                   |                                                                                                                                                                                                                                                                                                          |
|---------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>How windy? (On the Munros)</b>                 | West-southwesterly 15-25mph, tending to strengthen, notably north where reaching 35mph over tops.                                                                                                                                                                                                        |
| <b>Effect of wind on you?</b>                     | Fairly small, but some notable breezes over high tops at times, particularly north where becoming quite blustery and feeling chilly.                                                                                                                                                                     |
| <b>How wet?</b><br>(Precipitation and its impact) | <b>Patchy rain and drizzle</b><br>Rain on and off for most Munros throughout the day, generally light in nature with drier windows well inland. Drizzly on western high terrain too. Just at dawn, a risk of a heavier fall from overnight lingering, but soon clearing.                                 |
| <b>Cloud on the hills?</b>                        | <b>Extensive</b><br>Cloud shrouds western mountains from at least middle slopes up much of the day, often lower. Inland, bases approach 700m during dry windows, but lowering again in rain with patches to low slopes. A slight improving trend through afternoon but any high terrain breaks unlikely. |
| <b>Chance of cloud free Munros?</b>               | <b>10%</b>                                                                                                                                                                                                                                                                                               |
| <b>Sunshine?</b><br>Air clarity (below cloud)     | A few bright breaks here and there, but often overcast and dull, particularly west. Poor visibility.                                                                                                                                                                                                     |
| <b>How Cold? (at 900m)</b>                        | 10 or 11C, lowering slightly with time, further dropping overnight.                                                                                                                                                                                                                                      |
| <b>Freezing Level</b>                             | Above the summits.                                                                                                                                                                                                                                                                                       |

## The Northwest Highlands - Looking Ahead

|                                            | Saturday 15 August                                                                                                                                                                                                                                     | Sunday 16 August                                                                                                                                                                                                                                   |
|--------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| How windy? (On the Munros)                 | Westerly 25-35mph, strongest north where gusts over tops to 45mph. Trending northwesterly and easing somewhat.                                                                                                                                         | West-northwesterly 10-15mph, may well ease and become variable.                                                                                                                                                                                    |
| Effect of wind on you?                     | <b>Strenuous walking with buffeting and wind chill over high terrain; easing tendency of effects.</b>                                                                                                                                                  | <b>Small.</b>                                                                                                                                                                                                                                      |
| How wet?<br>(Precipitation and its impact) | <b>Often raining</b><br>Showery rain drifts onto western Munros much of the day. Best chance of drier windows inland south, but clusters of heavier rain will pass eastward as well. Drizzly on the tops as well.                                      | <b>Drizzly, some showery rain</b><br>A fine drizzle on the high tops much of the day, some showers drifting from the west from time to time, some risk a few heavier bursts.                                                                       |
| Cloud on the hills?                        | <b>Extensive</b><br><br>West coast hills shrouded from middle slopes up all day with varied lower bases towards the coast. Inland, generally higher, some breaks may approach 800m, but trending more extensive, western hills shrouded to low slopes. | <b>Fairly extensive</b><br><br>Coastal hills shrouded most of the day, from 500m up in the morning, bases rising somewhat but unlikely breaking above 700-800m. Inland, bases may approach 900m during drier windows, but returning lower in rain. |
| Chance of cloud free Munros?               | <b>10%</b>                                                                                                                                                                                                                                             | <b>20%</b>                                                                                                                                                                                                                                         |
| Sunshine?<br>Air clarity (below cloud)     | Mostly cloudy, often dull.<br>Generally poor visibility.                                                                                                                                                                                               | A few odd glimpses of weak sun.<br>Visibility largely poor on high terrain and towards west coast.                                                                                                                                                 |
| How Cold? (at 900m)                        | 7C.<br>Feeling near freezing in early strongest wind.                                                                                                                                                                                                  | 6 or 7C, slight rise inland.                                                                                                                                                                                                                       |
| Freezing Level                             | Above the summits.                                                                                                                                                                                                                                     | Above the summits.                                                                                                                                                                                                                                 |

## Planning Outlook

**All mountain areas of Britain from Saturday, 15 August, 2026**

Though the weekend, high pressure is never far away to the southwest, keeping conditions generally drier and brighter across England and Wales, though a northwesterly flow will bring some cloud to western hills. Scotland is more often cloudy with patchy rain, mostly north and west, and a rising risk of cloud and some bursts of rain more widely into Sunday with fresher air. Windier and wetter conditions are indicated next week, though day-by-day detail is currently uncertain. Monday sees a rising risk of strengthening wind and rain, at least in northern areas, then a blustery northwesterly wind draws fresher air and showers more widely through midweek; some drier, brighter windows to the east. Staying mixed into next weekend.

**Forecast issued at 16:08 on Thursday, 13 August, 2026**

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.