

The Northwest Highlands

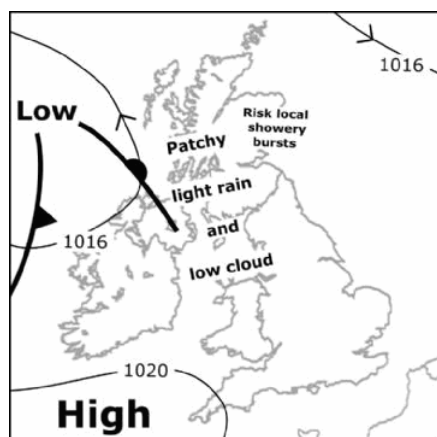
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Sunday, 16 August, 2026



British Mountain Summary:

Based on forecast chart for noon 16 August, 2026

Mostly light rain and drizzle will drift in from the west, some western hills often damp throughout the day and shrouded in cloud. Rain patchier northeastward across the Highlands, but a risk of local bursts of rain forming in the afternoon. Mid & south Wales largely dry. Generally light winds.

Headline for The Northwest Highlands

Often damp in west, light rain, low cloud.

Detailed Forecast for Sunday, 16 August, 2026

How windy? (On the Munros) Effect of wind on you?	Westerly 10-15mph, to 20mph in north for a few hours from dawn, dropping less and becoming variable direction, trending southerly 10-15mph on Skye, often less elsewhere afternoon onward. Mostly small, breezier start in far north.
How wet? (Precipitation and its impact)	Patchy rain, drizzle mostly west A fine drizzle on the high tops and near western coasts and Skye much of the day, some steadier light rain in the morning. Drier windows more often inland and east, but patchy rain and odd heavier moments extend east with time.
Cloud on the hills? Chance of cloud free Munros?	Lowest and most persistent west Coastal hills shrouded most of the day, from 500m up in the morning, bases rising somewhat but unlikely breaking above 700-800m. Inland, bases to 900m during drier windows, local breaks east, but returning lower in rain. 10% Skye and west coast; 30% Ben Wyvis area.
Sunshine? Air clarity (below cloud)	Largely cloudy, a few odd glimpses of weak sun mainly east. Visibility largely poor on high terrain and towards west coast, locally better east.
How Cold? (at 900m) Freezing Level	6 or 7C, slight rise inland and east. Feeling near freezing at first on northern tops in the breeze. Above the summits.

The Northwest Highlands - Looking Ahead

	Monday 17 August	Tuesday 18 August
How windy? (On the Munros) Effect of wind on you?	South then southwesterly, strengthening from 15-20mph or less early in day, to 30mph, later 40mph, soonest on Skye. Starting small, but increasingly affecting ease of walking, later risk more challenging over high terrain.	Southwesterly 25 to 40mph. Affecting ease of walking, in places more frequent buffeting making movement challenging. Considerable wind chill.
How wet? (Precipitation and its impact)	Rain develops, sets in heavy later Patchy light rain spills in from the west in the morning, becoming increasingly persistent and heavier with time, prolonged heavy falls setting in widely over western mountains afternoon-evening. Then more showery into night.	Rain on and off Showery rain most frequent over western hills. Some drier windows toward east.
Cloud on the hills?	Increasingly extensive and low Varied cloud banks at first, most persistent around Skye, here likely to shroud hills most or all day, filling in to lower elevations in steady rain. Cloud blanketing hills increasingly widely, bases 300-600m.	Fairly extensive, lowest west Often covering western hills above 600 to 800m, inland more often the cloud above 800m, whilst further east higher breaks.
Chance of cloud free Munros?	Dropping widely below 10%	20%
Sunshine? Air clarity (below cloud)	High cloud soon thickens to become overcast. Good visibility reducing to poor as rain develops.	Fairly cloudy with brief sun. Visibility good, but reduced in showers and slight coastal haze.
How Cold? (at 900m) Freezing Level	8 to 10C. As wind increases, feeling nearer to freezing where exposed on tops. Above the summits.	7C, trending cooler later in day. Feeling near or below freezing in the wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Monday, 17 August, 2026

Low pressure initially to the north of Scotland early in the new week will eventually envelop the whole of Britain next week bringing generally unsettled and cooler conditions increasingly widely. Often blustery widely, west turning northerly winds later in week - becoming notably chilly over higher mountains. Rain extends into Scotland on Monday, turning heavy, then moves south over England and Wales by Monday night into early Tuesday. The rest of the week sees showery rain common for all areas, the rain most persistent in western Scotland, but heavier showery bursts and thundery downpours become widespread mid to late week.

Forecast issued at 16:00 on Saturday, 15 August, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.