

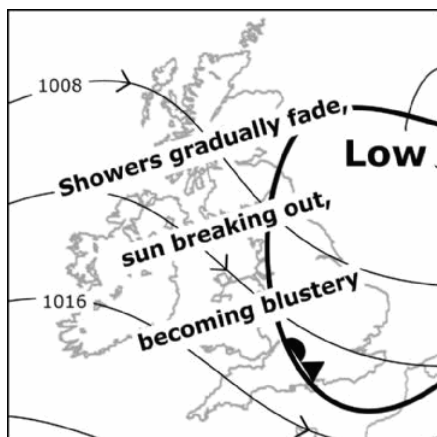
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Monday, 31 August, 2026



British Mountain Summary:

Based on forecast chart for noon 31 August, 2026

Showers scattered across most hills through morning, locally clustering for frequent falls with heavy bursts. Showers gradually clear eastward, spotty light rain fades out with time as sunny bursts break out (though weakened by high cloud). Cool-to-mild, but feeling chilly in a strengthening wind.

Headline for The Northwest Highlands

Early showers fade, sun breaking out; becoming blustery

Detailed Forecast for Monday, 31 August, 2026

How windy? (On the Munros)	Starting generally southerly but variable, 10-15mph, orienting westerly and strengthening, to 25-30mph, briefly stronger over highest summits.
Effect of wind on you?	Fairly small to start, but increasingly blustery affecting ease of walking in exposure, and briefly more strenuous with marked wind chill.
How wet? (Precipitation and its impact)	Morning showers, trending drier Showery rain through morning, some drier moments, but some heavier bursts too. Tending to fade afternoon to just spotty light rain west with extended dry windows.
Cloud on the hills?	Lowest morning, often covering west tops Fairly widespread to low elevations early in the day. Bases rise, approaching 600-800m in the west, and increasingly breaking up, to clear summits to the east. Western summits will see a few clear windows later, but with summit caps regularly returning.
Chance of cloud free Munros?	30%, rising to 60% eastern summits
Sunshine? Air clarity (below cloud)	Largely cloudy to start, glimpses of sun increasingly breaking out, more frequent sun near west coast late in day, though some high cloud will move in from the west. Visibility very good away from showers and cloud.
How Cold? (at 900m)	8C tending to lower during day to 6C. Feeling near then just below freezing as wind increases.
Freezing Level	Above the summits.

The Northwest Highlands - Looking Ahead

	Tuesday 1 September	Wednesday 2 September
How windy? (On the Munros) Effect of wind on you?	West-southwesterly 40-50mph for several morning hours, risk stronger gusts, particularly north; later lessening slightly. Arduous walking conditions, buffeting affecting balance in exposure and locally more difficult. Considerable wind chill.	Generally southerly, some variability, 15-20mph, later strengthening and shifting southwesterly, to above 30mph into night. Fairly small during daylight, deteriorating into night.
How wet? (Precipitation and its impact)	Early rain then showers A few hours of persistent rain from around dawn, breaking up into showers, these briefly heavy but becoming scattered.	Mostly little until later Some patchy rain around southern hill groups, dry windows, and perhaps substantially dry further north. Later in the day, rising chance of patches forming more widely.
Cloud on the hills?	Western tops mostly covered Covering hills fairly widely above 600-800m at first. Bases rising, some breaks forming, best in the east; often capping west coast tops above 800-900m.	Mostly southern high terrain Cloud banks at varied heights, mostly south and east hills, will tend to lift and break up, though clinging to high southern terrain. Little expected north of Ullapool, though caps tending to increase over high terrain later.
Chance of cloud free Munros?	Rising to 40%	40% south to 70% north
Sunshine? Air clarity (below cloud)	Sun increasingly breaking through, best eastern areas. Visibility fairly good, though some haze around Skye.	Patchy sun in the north, locally more sunny, but trending cloudier. Excellent visibility out of cloud.
How Cold? (at 900m) Freezing Level	4 to 6C, coolest toward far northwest. Feeling like -5C in the wind, or colder if speeds rise. Above the summits.	Starting 3 or 4C north, rising towards 7C; warmer south, rising locally to 9C. Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 1 September, 2026**

A generally unsettled outlook during the first two weeks of September with frequent rain and strong winds. Low pressure dominates and a series of frontal systems move in from the Atlantic. West to southwesterlies, often gale force over the mountains in the second half of this coming week. Heavy rain most prolonged in the west where increasingly wet underfoot, streams rising to be in spate. Low cloud often covering the hills, rarely clearing western summits. Temperatures varying, some notably cooler days for Scotland, at times more humid air mainly toward the south. A few brighter windows will break out, mostly south and eastern areas, but always brief and any detail on timing remains uncertain.

Forecast issued at 16:32 on Sunday, 30 August, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.