

The Northwest Highlands

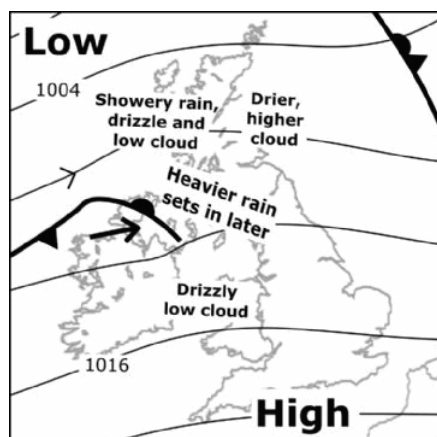
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Thursday, 3 September, 2026



British Mountain Summary:

Based on forecast chart for noon 3 September, 2026

Strong to gale-force winds over high terrain. A lot of cloud, shrouding all western hills, plus patchy rain and drizzle, becoming heavier persistent falls in the west later; a swathe of more intense rain develops for southwest Scotland into northwest England by evening, later into north Wales.

Headline for The Northwest Highlands

Gales on tops; damp and cloudy, some heavier rain at times.

Detailed Forecast for Thursday, 3 September, 2026

How windy? (On the Munros)	Southwesterly between 35 to 50mph, will vary somewhat, tops speeds approach 55mph, more sustained later in day.
Effect of wind on you?	Arduous walking in exposure most of the day, some more challenging moments with significant wind chill.
How wet? (Precipitation and its impact)	Patchy rain, showery for a time Patchy rain drifts from the west much of the day, generally light and eastern hills often dry. Rain will become more frequent with heavy falls for a few hours in west during afternoon and onward to evening.
Cloud on the hills?	Most persistent west coast; higher towards inland summits, breaks east Fairly extensive along west coast to start, varied banks inland, mostly high terrain; bases rising, increasingly above 800m, high tops from Ben Wyvis northward see some breaks to tops. Skye stays in cloud above 700-800m, and more widely lowering for a few hours.
Chance of cloud free Munros?	20% west coast near Skye, to 60% east
Sunshine? Air clarity (below cloud)	Patchy sunshine, sometimes more cloud around. Good visibility under cloud, but hazy particularly along the coast.
How Cold? (at 900m)	8 or 9C. Feeling below freezing in strongest wind.
Freezing Level	Above the summits.

[illegible]

All mountain areas of Britain from Friday, 4 September, 2026

A series of weather systems moves in from the Atlantic over the next 10 days to bring spells of rain and showers, accompanied by frequently strong to gale force mountain winds. A window of better weather is likely on Saturday for Scotland and northern England, but further rain is expected to move in from the southwest by Saturday night and Sunday, heaviest western Scotland; a risk of more powerful upland gales developing over Scotland into Sunday. Temperatures will vary, mildest toward the south, but some cooler air moves in from the north at times bringing higher Scottish tops close to freezing point.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.