

The Northwest Highlands

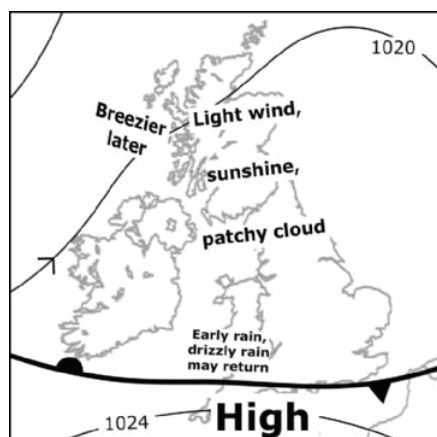
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Sunday, 13 September, 2026



British Mountain Summary:

Based on forecast chart for noon 13 September, 2026

A fine day for most places with light winds. Varied cloud around some hill slopes early in the day tending to lift and break, sunny spells. Risk of more cloud lingering over hills in Wales, some rain and drizzle in the south as a front stays nearby. Southwesterly breezes increase later western Scotland.

Headline for The Northwest Highlands

Soon largely dry, some early cloud / mist; fairly light wind.

Detailed Forecast for Sunday, 13 September, 2026

How windy? (On the Munros)	West turning southwesterly 15 to 20mph most of day, then rising toward evening, 25mph by dusk, reaching 35-40mph into night.
Effect of wind on you?	Fairly small during daytime, feeling breezier later and generally worsening after dark.
How wet? (Precipitation and its impact)	Rare light rain Drizzly showers briefly near west coastal hills in the morning, small chance of a light shower drifting inland, otherwise dry. Onward into night, rain and drizzle develops from the southwest.
Cloud on the hills?	Varied patches lifting and clearing Patchy cloud around mid to upper slopes from dawn into morning, particularly in the west, possibly also mist at first some sheltered glens inland. Some high tops may start between or just above some cloud banks. Tending to thin and break up during day to leave most summits often clear.
Chance of cloud free Munros?	40% rising to 80%
Sunshine? Air clarity (below cloud)	Variable sunshine and cloud; thin high cloud arriving later toward the southwest. Early slight haze, then visibility excellent.
How Cold? (at 900m)	4 to 6C, coolest in north at first, rising to 7 or 8C during day, tending to rise slightly further into evening and night.
Freezing Level	Above the summits.

The Northwest Highlands - Looking Ahead

	Monday 14 September	Tuesday 15 September
How windy? (On the Munros)	Southwesterly 30 to 45mph, speed likely to vary during the day, some notable strong gusts including on some downslopes.	Westerly 25 to 35mph, risk stronger gusts early in the day, possibly 50mph briefly.
Effect of wind on you?	Frequent buffeting over the hills, very gusty in places affecting stability, not just highest terrain. Considerable wind chill.	Blustery across the hills, strenuous walking on exposed higher terrain with buffeting gusts and considerable wind chill.
How wet? (Precipitation and its impact)	Rain most of the day, sets in heavy Rain and drizzle already from dawn on Skye and near west coast, further inland starting patchy and light. Increasingly steady rain moves in from the west, heavier falls setting in over western mountains.	Often raining Showery rain throughout the day, most frequent on western mountains early morning, but soon extending eastward, some heavier bursts on and off.
Cloud on the hills?	Fairly extensive, lowest Skye Shrouding mountains around Skye and Torridon likely all day, often to mid-slopes or in places lower. Also often covering western mid-upper slopes further north. Best of any breaks to 900m toward east.	Fairly persistent higher tops Often capping western mountains above 800m, banks of cloud to 600m at times more often near to coast. Some breaks briefly higher up, most common in east.
Chance of cloud free Munros?	20%	30%
Sunshine? Air clarity (below cloud)	Rare glimpses of weak sun in east, otherwise overcast and dull. Poor visibility in rain, generally hazy at best; locally better east.	Glimpses of sun, most common eastern areas. Visibility very good away from showers.
How Cold? (at 900m)	8 or 9C, little change all day, then lowering from dusk into night to 6C. Feeling just below 0C directly in wind.	6 or 7C, small change then trending slightly cooler later in daytime. Feeling like -3C in the wind.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Monday, 14 September, 2026

Staying unsettled during the next week to 10 days as westerlies prevail - areas of low pressure passing north of Scotland with frontal systems bringing frequent rain, wettest over western mountains in Scotland. Often windy, gale-force westerly winds for periods over higher terrain. Fairly warm and humid on Monday, then on the cooler side for several days, with considerable wind chill on the mountains. Higher pressure and better weather tends to expand further north later in month.

Forecast issued at 16:01 on Saturday, 12 September, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.