

The Northwest Highlands

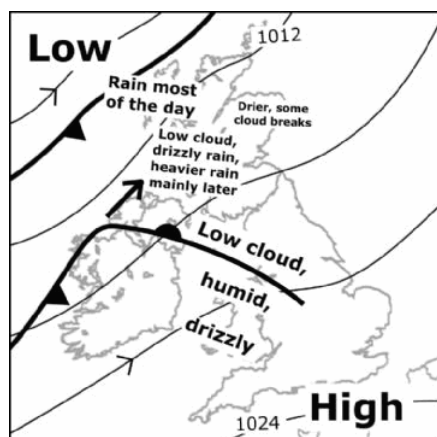
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Monday, 14 September, 2026



British Mountain Summary:

Based on forecast chart for noon 14 September, 2026

Humid southwesterly air brings extensive low cloud and drizzle to many mountains. Locally drier with some cloud breaks toward northeast of major mountain groups. Around Skye generally wet all day, whilst more prolonged heavier rain likely moves into southwest Scotland afternoon-evening. Strong and gusty winds.

Headline for The Northwest Highlands

Blustery, gusty; rain persistent, at times heavy, low cloud.

Detailed Forecast for Monday, 14 September, 2026

How windy? (On the Munros)	Southwesterly 30 to 45mph, speed varying locally and during the day, but some notable strong gusts including on some north and eastern downslopes.
Effect of wind on you?	Some variations, but frequent buffeting over the hills, very gusty in places affecting stability, not just highest terrain. Often considerable wind chill despite mild air.
How wet? (Precipitation and its impact)	Rain most persistent and heavy around Skye, on and off elsewhere Rain and drizzle already from dawn on Skye and near west coast, some steady or heavier falls, particularly Skye where rarely ceasing, may fade a little mainly further north, then returning later. Further east, the rain often lighter, easing off for periods.
Cloud on the hills?	Fairly extensive, lowest Skye Shrouding mountains around Skye and Torridon all day, often to mid-slopes or in places lower on south-facing slopes, especially Cuillin. Also often covering western mid-upper slopes further north. Best of any breaks to 900m toward east.
Chance of cloud free Munros?	Almost nil around Skye; 20% north/east.
Sunshine? Air clarity (below cloud)	Rare glimpses of weak sun in east, otherwise overcast and dull. Poor visibility in rain, generally hazy at best; locally better east.
How Cold? (at 900m)	9 or 10C, locally slightly warmer easternmost areas, little change all day; then lowering only well into night to 6C. Feeling just below 0C directly in wind.
Freezing Level	Above the summits.

The Northwest Highlands - Looking Ahead

	Tuesday 15 September	Wednesday 16 September
How windy? (On the Munros) Effect of wind on you?	Westerly 25 to 35mph. Blustery across the hills, strenuous walking on exposed higher terrain with buffeting gusts and considerable wind chill.	Gusty northwesterly 30-35mph, turning westerly and lessening, later SW'ly, restrengthening, later to 40mph. Blustery start, easing to fairly small effects for a time, but conditions become strenuous, or later arduous.
How wet? (Precipitation and its impact)	Often raining Showery rain throughout the day, most frequent on western mountains early morning, but soon extending eastward, some heavier bursts on and off.	Setting in afternoon into evening A few scattered drizzly spots from time to time, most hills dry. Rain arrives from the west afternoon, setting in persistently later with heavy falls western hills.
Cloud on the hills? Chance of cloud free Munros?	Fairly persistent higher tops Often capping western mountains above 800m, banks of cloud to 600m at times more often near to coast. Some breaks briefly higher up, most common in east. 30%	Breaking for a time Patches cover high terrain in the morning, most extensive to the north. Some more cloud will drift south down the west coast, but a lifting trend, breaks above most summits for a time, then filling from the west from mid-afternoon on, to middle slopes later. Rising to 60% for several hours, then deteriorating
Sunshine? Air clarity (below cloud)	Glimpses of sun, most common eastern areas. Visibility very good away from showers.	Patchy sunshine, best inland south, then high cloud thickens from the west. Good visibility.
How Cold? (at 900m) Freezing Level	6 or 7C, small change then trending slightly cooler later in daytime. Feeling like -3C in the wind. Above the summits.	2 or 3C, rising to 6C, rising slightly further into night. Feeling as cold as -5C in direct wind. Just above highest summits.

Planning Outlook

All mountain areas of Britain from Tuesday, 15 September, 2026

Staying unsettled during the next week to 10 days as westerlies prevail - areas of low pressure passing north of Scotland with frontal systems bringing frequent rain, wettest over western mountains in Scotland. Often windy, sustained periods of gale-force westerly winds over higher terrain. Fairly cool by Tuesday onward, close to freezing on highest Scottish summits on Wednesday morning, possibly again for a time next weekend; often considerable wind chill on the mountains. Higher pressure and better weather tends to expand further north later in month.

Forecast issued at 16:18 on Sunday, 13 September, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.