

The Northwest Highlands

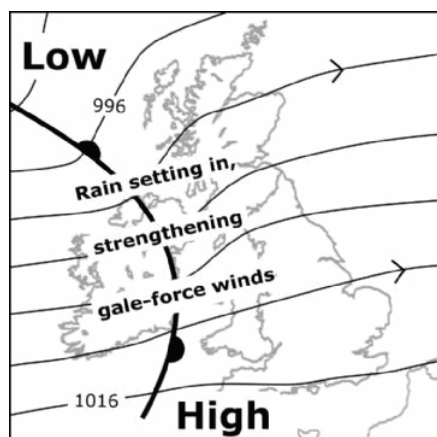
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Friday, 18 September, 2026



British Mountain Summary:

Based on forecast chart for noon 18 September, 2026

Already windy with light showery rain over western hills early in the day, but conditions will worsen from the west as gales strengthen and rain / drizzle becomes persistent, some heavier rain; cloud bases lower to widely blanket hills, lowest in west.

Headline for The Northwest Highlands

Windy, strengthening gales; showery rain then constant rain.

Detailed Forecast for Friday, 18 September, 2026

How windy? (On the Munros) Effect of wind on you?	West turning south-southwesterly, 35-45mph or stronger at dawn, briefly less in morning, then increasing rapidly into afternoon to 50-55mph, soonest on Skye; stronger gusts developing, in places 70mph on higher mountains. Strenuous conditions in exposure most of the day, but deteriorating in afternoon to become more difficult with considerable wind chill; powerful gusts giving buffeting toward some lower slopes.
How wet? (Precipitation and its impact)	Showers, then rain sets in from southwest afternoon Showery rain in morning in west; further east often drier for a few hours. Rain arrives around Skye/Torridon into early afternoon, more widely for several hours, some heavy falls. A legacy of patchy rain and drizzle into evening-night.
Cloud on the hills? Chance of cloud free Munros?	Varied over tops, filling in afternoon Cloud often covers west slopes above 700-800m some variability and a lifting trend through morning, good summit breaks Easter Ross. Blanket cloud arrives to Skye, filling in widely well into the day, may later break up again somewhat toward dusk, but shrouding most hills, lowest in west. 50%, to 70% east, lowering to 10%
Sunshine? Air clarity (below cloud)	Patchy weak sun early in day giving way to thickening high cloud, then overcast, dull. Generally hazy, and deteriorating to poor visibility in cloud and rain.
How Cold? (at 900m) Freezing Level	5 or 6C, rising to 8C from southwest toward evening, then slight drop into night. Feeling often near to -5C in direct wind. Above the summits.

[illegible]

All mountain areas of Britain from Saturday, 19 September, 2026

Gale-force southwesterly winds continue extensively on the mountains into Saturday and early Sunday. Frequent rain over western hills, showers passing eastwards, tending to fade during Sunday as higher pressure begins to build from the south, allowing wind speeds to lessen too over England & Wales. Warmer into early next week, though higher humidity brings more cloud some drizzly rain to the west. A generally more promising forecast for late September as high pressure nearby offers drier and warmer weather for more places. Weather systems grazing past Scotland to the north still bring locally stronger winds and occasional rain mainly to the northwest.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.