

The Northwest Highlands

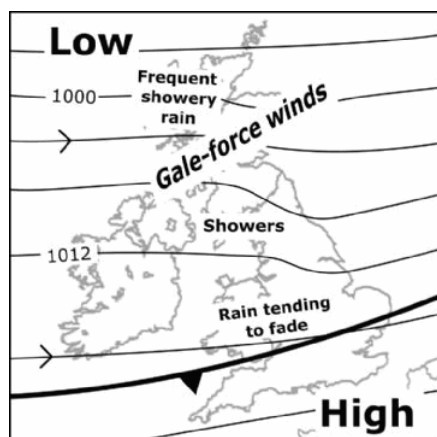
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Saturday, 19 September, 2026



British Mountain Summary:

Based on forecast chart for noon 19 September, 2026

Challenging conditions over high terrain with gale-force winds extensive; feeling notably cold in exposure. Showery rain, most frequent western Scotland. Persistent rain for Wales tends to clear southward and the strongest winds will lessen here.

Headline for The Northwest Highlands

Gales on mountains all day; often raining, heavier bursts.

Detailed Forecast for Saturday, 19 September, 2026

How windy? (On the Munros)	Southwesterly 40 to 55mph, powerful squally gusts around showers; increasing further during day, more often 60mph on higher mountains, especially north.
Effect of wind on you?	Arduous walking conditions, balance frequently challenged on high exposed terrain, gusts may knock you over. Significant wind chill.
How wet? (Precipitation and its impact)	Frequent rain west Showery all day on western mountains, rain rarely fully ceasing for long, a mix of drizzle and some heavier bursts with occasional hail. Smaller amounts of rain reaching eastern hills. Chance isolated thunder in heavier showers.
Cloud on the hills?	Extensive higher areas Often covering western mountains above 700-800m, some patches to 600m or lower in rain near coast. Brief breaks higher up inland. Bases higher eastwards.
Chance of cloud free Munros?	20%
Sunshine? Air clarity (below cloud)	Brief glimpses of sun, more common east. Hazy west, at times poor visibility in rain, better eastwards, good where dry.
How Cold? (at 900m)	5 or 6C, trending slightly cooler later in the daytime. Feeling like -5 to -8C in the wind.
Freezing Level	Above the summits.

	Sunday 20 September	Monday 21 September
How windy? (On the Munros) Effect of wind on you?	Westerly 50mph in the morning, tending to lessen gradually to 30-40mph, remaining strongest on northern mountains. Challenging conditions, difficult on higher exposed slopes in morning, significant wind chill; moderating gradually.	West to southwesterly 35 to 45mph, very gusty in places, the strongest gusts not confined to highest summits. Very blustery, affecting ease of walking and knocking you off balance, sudden buffeting gusts in some passes and downslope.
How wet? (Precipitation and its impact)	Rain on and off, fading Showery rain over western mountains in the morning, brief scattered showers further east. Tending to fade to become drier, but odd light showers come and go. Rain returns from west into night.	Rain then drizzle Steady rain widely for a time early in the day, easing and becoming patchier light rain, but staying generally drizzly over western hills all day.
Cloud on the hills?	Most persistent coastal tops Banks of cloud above 600-800m in the morning, lowest on west coastal hills. Tending to rise and break higher with time, but patches likely come and go above 800-900m near west coast.	Extensive, very low west Blanket cloud across the hills, foggy from lower elevations upward near the west coast likely all day. Some breaks may emerge at varied levels further inland and east, but rarely clearing any summits.
Chance of cloud free Munros?	30%	10%
Sunshine? Air clarity (below cloud)	Fairly cloudy, some sun breaking through with time. West coastal haze, visibility very good inland and east.	Sun unlikely, misty poor visibility widely, hazy even below cloud.
How Cold? (at 900m) Freezing Level	4 or 5C, little change all day, then tending to rise onward into night. Feeling like -5 to -8C directly in wind. Above the summits.	10 to 12C, small change with added height and little change into night; quite humid, but still feeling near 0C if directly in wind. Above the summits.

All mountain areas of Britain from Sunday, 20 September, 2026

Forecast issued at 16:00 on Friday, 18 September, 2026

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