

The Northwest Highlands

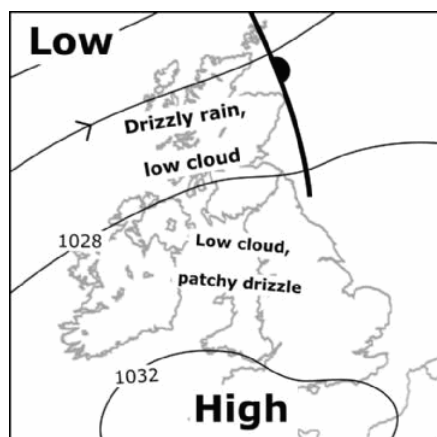
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Monday, 21 September, 2026



British Mountain Summary:

Based on forecast chart for noon 21 September, 2026

Warm and humid air across the country brings low cloud shrouding hills extensively, foggy to some lower elevations in the west. Some rain moves east across Scotland then generally damp air with fairly persistent drizzle over western hills. Strongest winds toward northern Scotland, gusty not just on highest tops.

Headline for The Northwest Highlands

Gusty wind, gale-force in places; rain, drizzle, very low cloud.

Detailed Forecast for Monday, 21 September, 2026

How windy? (On the Munros)	Mostly southwesterly, 35 to 45mph, very gusty in places, locally risk over 50mph mainly northern mountains, the strongest gusts not confined to highest summits.
Effect of wind on you?	Very blustery, affecting ease of walking and knocking you off balance, sudden buffeting gusts in some passes and downslope.
How wet? (Precipitation and its impact)	Rain then drizzle Steady rain widely for a time early in the day, easing and becoming patchier light rain, but staying generally drizzly over western hills all day; drier windows on eastern hills.
Cloud on the hills?	Extensive, very low west Blanket cloud across the hills, foggy from lower elevations upward near the west coast likely all day. Some breaks may emerge at varied levels further inland and east, but rarely clearing any summits.
Chance of cloud free Munros?	Almost nil west, 10% east.
Sunshine? Air clarity (below cloud)	Sun unlikely, misty poor visibility widely, hazy even below cloud.
How Cold? (at 900m)	10 to 12C, small change with added height and little change into night; quite humid, but still feeling near 0C if directly in wind.
Freezing Level	Above the summits.

	Tuesday 22 September	Wednesday 23 September
How windy? (On the Munros) Effect of wind on you?	Southwesterly 40mph gusts 50mph around dawn, but soon likely to drop substantially to 20mph, or less in afternoon. Soon fairly small, but for a few hours around sunrise more challenging conditions over high terrain.	West-northwesterly 15-25mph. Locally blustery over the tops but otherwise fairly small.
How wet? (Precipitation and its impact)	Rain mostly morning Constant steady rain with heavier moments for a few hours likely in morning. Smaller patchier amounts northeast. Becoming drier into afternoon with occasional drizzly showers west.	Showers, tending to fade Showers drift onto the hills from the west in the morning. May be frequent with some heavy bursts for a time, but will tend to fade through afternoon, few if any remaining into evening.
Cloud on the hills? Chance of cloud free Munros?	Extensive low cloud, then rising Shrouding hills from lower elevations upward around Skye and nearby west coast, fairly extensive most western hills above 600m. Higher bases northeast, breaks to 800m or higher. Tending to lift and break into afternoon. 20% rising to 50%	Coming and going over tops Cloud variably passes above 800-900m during showers, mostly western slopes, a few lower ragged patches during rain but the cloud breaking off the summits after showers pass, breaking up more later. 60%, later 80%
Sunshine? Air clarity (below cloud)	Cloudy, murky poor visibility in rain in west, then improving to occasional sun and very good visibility with time.	A patchwork of cloud and sun, most often sunny on lower slopes. Very good visibility, a little haze.
How Cold? (at 900m) Freezing Level	9C and quite humid early morning, lowering during day to 6C afternoon. Feeling near/below 0C in wind. Above the summits.	5C. Feeling below 0C in direct wind. Above the summits.

All mountain areas of Britain from Tuesday, 22 September, 2026

Rain affects western Scotland on Tuesday, patchier rain extending eastward. Then into Wednesday, a heavier swathe of rain moves east, more likely over England & Wales, clearing from the west leaving a few showers. South-southwesterly winds increase again on Thursday and rain may move into western Scotland, but elsewhere is likely dry. A variable outlook continues into next weekend and just beyond with high pressure building from the south at times with fairly warm and dry conditions, but some Atlantic systems still pass to the north bringing occasional rain and showers toward western Scotland at least. A trend toward drier conditions more widely around the change of month.

Forecast issued at 16:29 on Sunday, 20 September, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.