

The Northwest Highlands

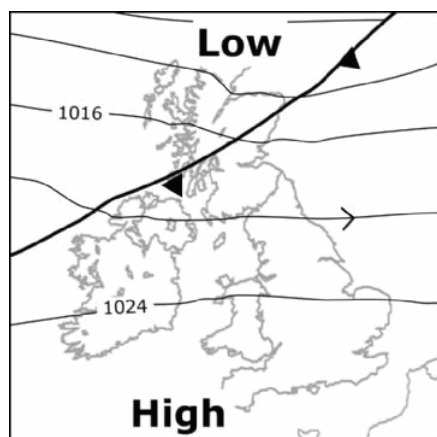
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Monday, 5 October, 2026



British Mountain Summary:

Based on forecast chart for noon 5 October, 2026

Humid air ahead of a cold front moving slowly south across Scotland will bring fog and drizzle to most mountain areas, although some improvement from the north across the Scottish Highlands. Upland gales will be widespread - least windy southwards along the Pennines and also Wales.

Headline for The Northwest Highlands

Severe gale or storm force upland wind. Rain (mainly morning). Fog.

Detailed Forecast for Monday, 5 October, 2026

How windy? (On the Munros)	Southwesterly in the range 45 to 65mph. Sudden gusts some lower slopes. Generally a slow easing through the day, most noticeable near Skye.
Effect of wind on you?	Widely difficult walking - in places any mobility challenging where exposed: balance challenging in gusts (some gusts reaching lower slopes). Significant wind chill.
How wet? (Precipitation and its impact)	Rain clearing to showers Overnight rain, concentrated on more western mountains (especially those near Skye) will soon ease to showers from about Torridon northwards and by midday or early afternoon southward to Skye and Knoydart.
Cloud on the hills?	Persistent fog - some improvement in cloud base from north. From dawn: Persistent fog: near coasts with the sea to the SW, from 200 to 400m upward, whilst elsewhere above typically 600m. During morning and middle of day, improving from north, typically cloud base rising to 600 to 850m, lowest toward the coast.
Chance of cloud free Munros?	10%
Sunshine? Air clarity (below cloud)	Extensively dull and misty. A few pockets of sun easternmost lower slopes and valleys will spread southwards. Very hazy at best.
How Cold? (at 900m)	Soon dropping to 5C, perhaps a degree lower by dusk. Will feel like minus 8C in the wind.
Freezing Level	Above the summits.

The Northwest Highlands - Looking Ahead

	Tuesday 6 October	Wednesday 7 October
How windy? (On the Munros)	Westerly between 20 and 30mph, strongest Sutherland.	West veering northwesterly in the range 20 to perhaps 30mph - particularly gusty near precipitation.
Effect of wind on you?	Considerable wind chill in much colder air. Balance impacted by the wind, particularly near showers. Strenuous walking in wind far north.	Often fairly small, but ease of walking and balance sometimes difficult near showers. Considerable wind chill.
How wet? (Precipitation and its impact)	Snow and hail showers Succession of hail and snow showers; some heavy and squally mainly Wester Ross and Skye. Snow will lie above 900 or 1000m.	Frequent hail and snow; risk lightning Hail and snow showers, sometimes one after another or giving almost constant precipitation over an hour or so. Snow lying to around 750m.
Cloud on the hills?	Frequently covering higher slopes; forming lower down near precipitation. Near showers, shafts of cloud below 600m, perhaps temporarily 400m, mainly near the coast. Otherwise cloud base 650 to occasionally 900m (the higher base generally confined to more eastern areas).	Almost continually covering higher areas Rare breaks above 750-900m, particularly well inland. But near precipitation shafts of cloud below 400m, perhaps sometimes lower within 10 miles or so of the coast.
Chance of cloud free Munros?	20%	10%
Sunshine? Air clarity (below cloud)	Bursts of sunshine. Very varied visibility; often very good, but abruptly very poor, temporarily appalling in snow.	Glimpses of sun, mainly only easternmost areas. Visibility sometimes appalling, but temporarily very good.
How Cold? (at 900m)	3C, but will feel as cold as minus 8C in the wind.	1C; will feel as cold as minus 8C directly in wind.
Freezing Level	Just above highest summits.	Around 1050m

Planning Outlook**All mountain areas of Britain from Tuesday, 6 October, 2026**

A brief colder period with the wind easing on Wednesday and Thursday - some snow will lie on higher Scottish summits. Winds then return to the southwest, bringing bands of rain, low cloud and strong upland winds across Britain. Most frequent severe weather will be on the W and NW Highlands, where there will be considerable rain and frequent upland gales.

Forecast issued at 15:52 on Sunday, 4 October, 2026

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