

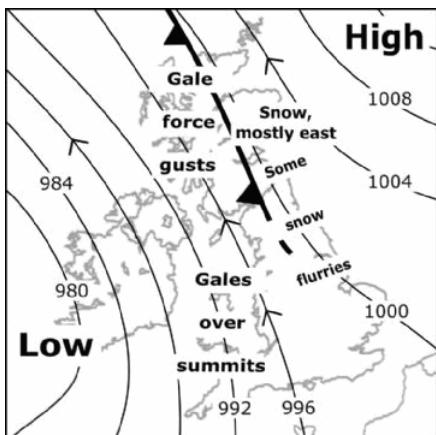
# Peak District

The southernmost Pennines, covering the entire Peak District National Park, also extending north to hills accessed from Hebden Bridge, and including the hills immediately north of Manchester.



**Alkit is a multi-activity outdoor and bike brand for enthusiasts and adventurers making technical equipment to help you enjoy the outdoors whatever the weather. Go Nice Places, Do Good Things.**

## General Summary for Thursday, 29 January, 2026



### British Mountain Summary:

**Based on forecast chart for noon 29 January, 2026**

Freezing temperatures in Scotland and England; freezing level lowering with time to middle slopes, first in eastern hill groups. Blustery as well, gale force gusts on high terrain of Scotland and Wales. Snow flurries affecting eastern Scotland and the Pennines, mostly dry Lakeland to west Scottish Highlands.

### Headline for Peak District

Blustery; drizzly rain and sleet affecting many hills

## Detailed Forecast for Thursday, 29 January, 2026

<b>How windy? (On the summits)</b>	East to southeasterly 25 to 30mph, gusty around edges and exposed higher tops. Tending to rise with time, sustained speeds of 35mph with stronger gusts by nightfall.
<b>Effect of wind on you?</b>	<b>With time, walking becomes strenuous in exposed areas, increasingly so later in the day when gusts will start to challenge stability. Considerable wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Light rain or sleet</b> Drizzly rain or sleet, some snow possible over higher moors above 500m; may be frequently damp all day.
<b>Cloud on the hills?</b>	<b>Extensive</b> Shrouding higher areas much of the day, more extensive low cloud from mid elevations upward in the east. Bases lift slightly and possibly a few higher breaks, though summits will only briefly clear if at all.
<b>Chance of cloud free summits?</b>	<b>20%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Largely cloudy, hazy and dull, poor visibility across the hills.
<b>Temperature (at 600m)</b>	0 or 1C to start, becoming widely 0C afternoon and likely -1C into nighttime. Wind chill feeling like -5 to -10C.
<b>And in the valleys</b>	1 or 2C to start the day, some local frosts are possible in the east. Little change expected, some western valleys may rise to around 3C.

## Peak District - Looking Ahead

	Friday 30 January	Saturday 31 January
<b>How windy? (On the summits)</b>	Southeasterly 30 to 35mph, gusty in places around higher tops and edges, up to 40mph early in the day.	Detail uncertain: starting easterly 25-35mph, becoming variable, perhaps southerly with time.
<b>Effect of wind on you?</b>	<b>Blustery in exposure, particularly early when walking will be strenuous with buffeting.</b> Considerable wind chill.	<b>Walking may be strenuous with wind chill early, and perhaps much of the day, though confidence is low.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain and some hill snow</b> Risk of frequent or persistent rain, some sleet on higher tops, possible snow falling above 500m in morning. Trending patchier with time.	<b>Rain most of the day</b> Frequently raining across most hills through the day, variable intensity with some heavier falls at times.
<b>Cloud on the hills?</b>	<b>Extensive</b>  Blanket low cloud across the hills, from many mid-elevations upward. Higher bases locally toward the northwest.	<b>Fairly extensive most of the day</b>  A sheet of cloud shrouds the fells from 600m up to start the day, often lower in precipitation. With time, bases will lift, some breaks occurring, perhaps to tops late in the day, though confidence is low.
<b>Chance of cloud free summits?</b>	<b>10%</b>	<b>20%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Overcast and dull or murky, poor visibility across the hills.	Any sun unlikely. Often poor visibility due to rain, fog, and haze.
<b>Temperature (at 600m)</b>	1 or 2C. Wind chill feeling like -8C.	2 or 3C. Feeling as cold as -5 to -8C in strongest direct wind.
<b>And in the valleys</b>	2C from dawn, though may be near to freezing in northern valleys. Rising up to 5C afternoon.	4C from dawn, rising to 5C or locally up to 6C.

## Planning Outlook

## All mountain areas of Britain from Friday, 30 January, 2026

Slow-moving weather patterns and a broadly similar regime to recent times over the next week or so: periods of precipitation will affect most mountains at least every few days. Scottish Munros generally below freezing point, with snow cover and drifts most substantial from the Cairngorms to central and southern Highlands, some additional falls in the week ahead (with continued flooding risk too); much less northwestward. Hills in England and Wales will see varying freezing levels, at times dropping sub-zero to middle slopes, but largely isolated to the high terrain of Lakeland and Eryri NP (Snowdonia). Wind speed will vary, some periods of lower speeds than recently, though gusty SE'ly winds remain common in the Highlands. Scope for widely colder conditions toward mid February.

## Forecast issued at 16:12 on Wednesday, 28 January, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.