

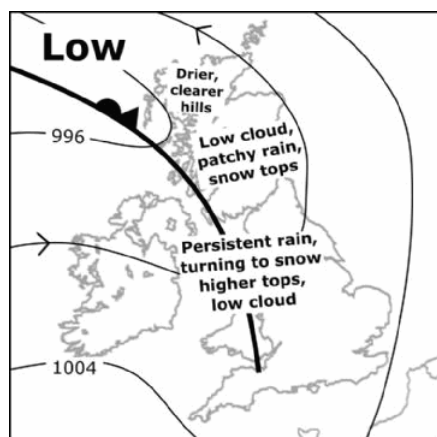
# Peak District

The southernmost Pennines, covering the entire Peak District National Park, also extending north to hills accessed from Hebden Bridge, and including the hills immediately north of Manchester.



**Alpkit is a multi-activity outdoor and bike brand for enthusiasts and adventurers making technical equipment to help you enjoy the outdoors whatever the weather. Go Nice Places, Do Good Things.**

## General Summary for Sunday, 1 February, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 1 February, 2026

Extensive low cloud and patchy areas of rain, or snow on higher mountains, merging into more constant precipitation from the west over England, Wales and southwest Scotland. Driest conditions for the coastal northwest Highlands. Improving afternoon for Wales. Variable winds, dropping fairly light Highlands.

### Headline for Peak District

Showery rain mainly later as wind increases.

## Detailed Forecast for Sunday, 1 February, 2026

<b>How windy? (On the summits)</b>	South-southwesterly 10-20mph, toward late afternoon shifting westerly and tending to increase 20-25mph, becoming gustier.
<b>Effect of wind on you?</b>	Fairly small, but later in day noticeably more blustery with marked wind chill onward into evening.
<b>How wet?</b> (Precipitation and its impact)	<b>Occasional rain, wettest west afternoon</b> Patches of rain will come and go throughout the day, a few dry periods toward east. Showery rain becomes more frequent from west afternoon, more widely through into evening.
<b>Cloud on the hills?</b>	<b>Variable on tops at times</b> Varied low cloud in morning, some patches to mid-slopes, but clearing toward or above tops for a time. Lowering around rain from west later.
<b>Chance of cloud free summits?</b>	<b>50%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Fairly cloudy, visibility at times good but turning poor in rain.
<b>Temperature (at 600m)</b>	3C.
<b>And in the valleys</b>	4C from dawn, rising to 6 or 7C.

## Peak District - Looking Ahead

	Monday 2 February	Tuesday 3 February
<b>How windy? (On the summits)</b>	Easterly 20-25mph, gradually rising to 30-35mph by dusk, 40mph after dark.	Easterly 25 to 35mph, very gusty in places around exposed tops, edges and some downslopes to west.
<b>Effect of wind on you?</b>	<b>Fairly small to start, winds increasingly uncomfortable, strenuous walking by dusk and feeling chilly.</b>	<b>Blustery, strenuous walking over higher moors, gusts may affect balance; considerable wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Patchy rain</b> Rain affecting many hills on-and-off, totals usually small.	<b>A little light snow on tops</b> Most likely small amounts of precipitation, intermittent drizzle, or snow flurries above 400-500m. Possibly becoming more persistent over east and southern hills.
<b>Cloud on the hills?</b>	<b>Fairly extensive, breaks possible</b>  Mostly covering high terrain with bases regularly to middle slopes in the east; cloud amount will vary, with high breaks and likely to lift above summits at times.	<b>Fairly extensive higher areas</b>  Covering much higher terrain above 500-600m, perhaps lower if precipitation persists. Higher bases westwards.
<b>Chance of cloud free summits?</b>	<b>30%</b>	<b>30%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Often cloudy but a few bright/sunny breaks mainly in west. Poor visibility and hazy east, better west of high moors.	Largely overcast, dull, locally brighter further west. Hazy, poor visibility in rain/snow.
<b>Temperature (at 600m)</b>	2 or 3C, then nearer 0C after dark. Feeling like -5 to -10C with time in the wind.	0C. Wind chill feeling like -8 to -12C.
<b>And in the valleys</b>	3C from dawn, lifting to 5C.	3 to 5C, small change night into day.

## Planning Outlook

## All mountain areas of Britain from Monday, 2 February, 2026

Southeast then easterly winds will prevail during the week ahead, strong to gale force over many hills for sustained periods. From Monday into Tuesday onward, colder air temperature and lower freezing level again, leaving mountain terrain widely frozen from mid-elevations upward, or to lower slopes in eastern Scotland. Further snow will affect eastern mountains, with additional accumulations and drifting. Some periods of hill snow for England and Wales into midweek. Cold easterly patterns are expected to continue onward into mid February, though higher pressure to the north may see reduced precipitation amounts, always driest with highest cloud in west.

## Forecast issued at 16:30 on Saturday, 31 January, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.