

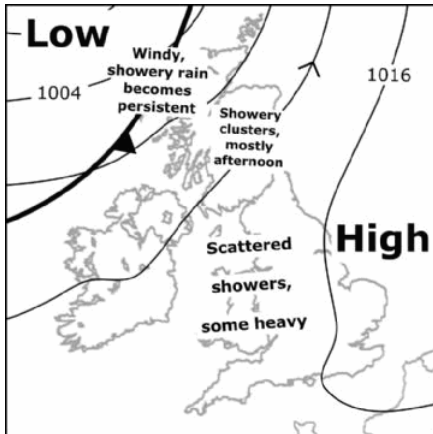
# Peak District

The southernmost Pennines, covering the entire Peak District National Park, also extending north to hills accessed from Hebden Bridge, and including the hills immediately north of Manchester.



**Alpkit is a multi-activity outdoor and bike brand for enthusiasts and adventurers making technical equipment to help you enjoy the outdoors whatever the weather. Go Nice Places, Do Good Things.**

## General Summary for Thursday, 7 May, 2026



**British Mountain Summary:  
Based on forecast chart for noon 7 May, 2026**

South to southwesterly winds giving considerable chill factor over high terrain, up to gale-force over coastal northwest Highlands. Areas of showery rain, most widespread into the afternoon when some clusters of heavier rain forming. Rain generally becomes more persistent toward northwest Scotland.

**Headline for Peak District**

Fairly light wind. Showers mostly later afternoon toward west.

## Detailed Forecast for Thursday, 7 May, 2026

<b>How windy? (On the summits)</b>	Southerly 10-15mph.
<b>Effect of wind on you?</b>	<b>Mostly small.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Local showers, mostly afternoon-evening and toward west</b> A rising risk of showery rain mostly in the afternoon with locally heavier showers as evening approaches, more likely in western areas. Some eastern areas staying dry all day.
<b>Cloud on the hills?</b>	<b>Substantially clear</b> A few early cloud banks on high terrain will soon dissipate after sunrise. The moors are likely clear all day, though some risk of patchy cloud returning to high terrain if rain develops.
<b>Chance of cloud free summits?</b>	<b>90%</b>
<b>Sunshine? Air clarity (below cloud)</b>	Glimpses of sun. Very good visibility most of day, may reduce if showers occur.
<b>Temperature (at 600m)</b>	3C rising to 9C.
<b>And in the valleys</b>	3C at dawn, some cooler spots and possibly a local light frost. rising to 13 or 14C afternoon.

## Peak District - Looking Ahead

	Friday 8 May	Saturday 9 May
<b>How windy? (On the summits)</b>  <b>Effect of wind on you?</b>	Southwesterly 10-15mph at dawn soon easing to 10mph or less, variable but a southerly trend.  <b>Small.</b>	East to northeasterly 15 to 20mph, perhaps less in morning.  <b>Fairly small, but some gustier spots may develop, feeling cooler if so.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Showers, most afternoon onward</b> Scattered showers most of the day, dry periods; a rising risk of more locally heavy showers in the afternoon and evening, but some places escape dry.	<b>Risk of some rain or showers</b> Some uncertainty - much rain may remain further to the north, but a risk of a little rain encroaching into the region or local showers forming during the afternoon.
<b>Cloud on the hills?</b>          <b>Chance of cloud free summits?</b>	<b>Lifting off summits</b>  Broken fog banks at various heights in the morning, these soon lifting after sunrise to clear the summits, likely all day.      <b>90%</b>	<b>Most likely clear</b>  Most cloud may remain above the hills, but if rain develops, cloud banks may then lower onto high terrain.      <b>70%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Glimpses of sun. Variable visibility, very good during drier periods, may be very poor if heavier showers occur.	Sun may be often weak through a veil of high cloud. Visibility very good.
<b>Temperature (at 600m)</b>  <b>And in the valleys</b>	6C rising to 11 or 12C.  4C at dawn, rising to 16C.	7 to 9C. Feeling like 2C if exposed to wind.  8C at dawn, rising to 14C afternoon.

## Planning Outlook

### All mountain areas of Britain from Friday, 8 May, 2026

A notably chilly outlook for May into the weekend and early next week, with higher Scottish mountains almost continuously below freezing point possibly onward through much of next week as northwesterly air prevails. After a warmer end to this week, higher tops in England and Wales also dropping intermittently to freezing point from the weekend onward. Wind-speed varying day-to-day, but prepare for often considerable chill-factor on all mountains. Some frost overnight into valleys when skies are clear. Broadly showery through mid-May, plus some fronts bringing persistent rain most common in northwestern Scotland, often falling as snow on mountain tops, sometimes to below 600m. Drier intervals too, some days with fewer showers and broken cloud lifting above the summits, varying locally day-to-day.

### Forecast issued at 16:26 on Wednesday, 6 May, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.