

# Southeastern Highlands

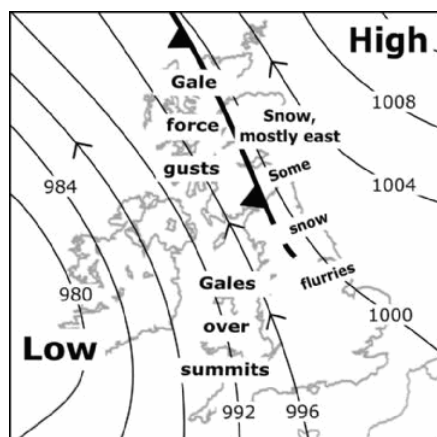
The southern Highlands as far west as the Callander area and north to Loch Erich, Drumochter and summits near Glenshee ski-centre (summits within the historic county of Perthshire). Also Ochils and Angus hills.



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### General Summary for Thursday, 29 January, 2026



#### British Mountain Summary:

#### Based on forecast chart for noon 29 January, 2026

Freezing temperatures in Scotland and England; freezing level lowering with time to middle slopes, first in eastern hill groups. Blustery as well, gale force gusts on high terrain of Scotland and Wales. Snow flurries affecting eastern Scotland and the Pennines, mostly dry Lakeland to west Scottish Highlands.

#### Headline for Southeastern Highlands

Blustery, gale force gusts; snowing most of the day

### Detailed Forecast for Thursday, 29 January, 2026

<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	East to southeasterly 30 to 35mph from dawn, gusty in places near and west of major summits. Trending towards higher speeds, sustained to 40mph over high tops with stronger gusts.  <b>Strenuous walking on exposed higher terrain, buffeting gusts locally lower down. Trending towards widely arduous conditions later in the day with balance challenges in exposure. Considerable wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Snow most of the day</b> Snow fairly persistent, particularly eastern hills, but mostly light, only occasional heavier falls. Patchier west of A9, though more frequent in the afternoon.
<b>Cloud on the hills?</b>  <b>Chance of cloud free Munros?</b>	<b>Extensive</b> Shrouding hills from many mid heights upward. Higher bases westward, some breaks on western aspects near Loch Tay, though any clearing above about 800m is unlikely.  <b>10%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Overcast and dull, locally brighter moments further west. Hazy, poor visibility in snow and difficult navigation on hills in fog over snow cover.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	-1 or -2C. Wind chill feeling like -10 to -15C.  600 to 700m, perhaps slightly higher furthest west around Callander. Gradually lowering to 500-600m, locally lower east, including elevated glens and corries.

## Southeastern Highlands - Looking Ahead

	Friday 30 January	Saturday 31 January
<b>How windy? (On the Munros)</b>	Southeasterly 30 to 45mph, stronger gusts around some higher tops may approach 55-60mph, gusty locally downslope.	East-southeasterly 30-40mph, some variability in speeds and quite gusty.
<b>Effect of wind on you?</b>	<b>Arduous walking across most high terrain where considerable buffeting will challenge balance. Significant wind chill.</b>	<b>Walking strenuous-to-arduous in exposure, considerable buffeting challenging stability. Significant wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Snow on and off, more afternoon</b> Snow flurries common across the region, totals generally small but trending more persistent and widespread afternoon. Sleet or light rain lowest slopes.	<b>Often snowing, sleet to middle slopes</b> Snow/sleet affecting many hills for most of the day, particularly near Glenshee and Angus hills. Best chance for lulls from Ben Lawers to Loch Ericht. The snow level rising slightly with time. Risk of flooding.
<b>Cloud on the hills?</b>	<b>Extensive</b>  Shrouding most mountains, from mid-slopes up particularly southern aspects. Local breaks may form north of Loch Tay though struggling to break above 700-800m.	<b>Extensive</b>  A blanket of cloud shrouds the hills down to middle or lower slopes facing the east lowlands. Best chance of higher bases towards central highlands, up to 800m at times, but also filling in for periods as well.
<b>Chance of cloud free Munros?</b>	<b>10%</b>	<b>10%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Largely cloudy, misty many slopes. Whiteout if in fog over snow cover, worst visibility likely afternoon.	Any sun unlikely. Visibility largely poor in precipitation and haze towards the east coast.
<b>How Cold? (at 900m)</b>	-3C, rising slightly with time, locally to -1C. Wind chill feeling like -12 to -15C.	-2 or -3C early, rising to -1 or 0C afternoon, highest temperatures south.
<b>Freezing Level</b>	500 to 600m, marginal rise during daytime.	Feeling like -10 to -13C in direct wind. 400-600m, the lowest levels in the central highlands. Rising to 700-800m, highest in the south.

## Planning Outlook

**All mountain areas of Britain from Friday, 30 January, 2026**

Slow-moving weather patterns and a broadly similar regime to recent times over the next week or so: periods of precipitation will affect most mountains at least every few days. Scottish Munros generally below freezing point, with snow cover and drifts most substantial from the Cairngorms to central and southern Highlands, some additional falls in the week ahead (with continued flooding risk too); much less northwestward. Hills in England and Wales will see varying freezing levels, at times dropping sub-zero to middle slopes, but largely isolated to the high terrain of Lakeland and Eryri NP (Snowdonia). Wind speed will vary, some periods of lower speeds than recently, though gusty SE'ly winds remain common in the Highlands. Scope for widely colder conditions toward mid February.

**Forecast issued at 16:12 on Wednesday, 28 January, 2026**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.