

# Southeastern Highlands

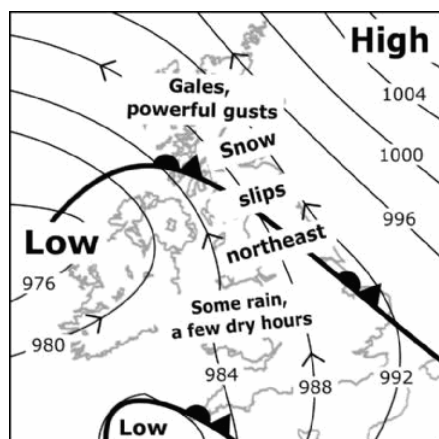
The southern Highlands as far west as the Callander area and north to Loch Erich, Drumochter and summits near Glenshee ski-centre (summits within the historic county of Perthshire). Also Ochils and Angus hills.



## OUTDOOR GEAR REPAIRS AND MAINTENANCE BY SCOTTISH MOUNTAIN GEAR

To book your Rucksack, Tent and Performance Clothing Repairs visit [www.scottishmountaingear.com](http://www.scottishmountaingear.com)

### General Summary for Friday, 30 January, 2026



#### British Mountain Summary:

Based on forecast chart for noon 30 January, 2026

Gales for northern England and Scotland all day with powerful gusts over tops and downslope to the northwest. Several hours of snow in these regions as well, passing from west-to-east with time, the snow level lifting to mid-slopes; northwest Scotland mostly dry and bright. Blustery in Wales, most of the rain south/east.

#### Headline for Southeastern Highlands

Gales, strong gusts; often snowing, most in the afternoon

### Detailed Forecast for Friday, 30 January, 2026

<b>How windy? (On the Munros)</b>	Southeasterly 40 to 45mph, stronger gusts around some higher tops may approach 55mph, notably central highlands where gusts will reach downslope too.
<b>Effect of wind on you?</b>	<b>Arduous walking across most high terrain; considerable buffeting will challenge balance, mobility becoming limited during strongest gusts. Significant wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Snow on and off, more persistent afternoon</b> Showery snow flurries common across the region, totals generally small in the morning but trending more persistent widespread snow afternoon with local heavy falls on slopes nearest the east lowlands. Sleet or light rain to lowest slopes.
<b>Cloud on the hills?</b>	<b>Extensive</b> Shrouding most mountains, from mid-slopes up particularly southern aspects. Local breaks may form north of Loch Tay though struggling to break above 700-800m.
<b>Chance of cloud free Munros?</b>	<b>10%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Largely cloudy, misty many slopes. Whiteout if in fog over snow cover, most consistently in the afternoon on high terrain.
<b>How Cold? (at 900m)</b>	-3C, rising a degree with time. Wind chill feeling like -12 to -15C.
<b>Freezing Level</b>	400 to 600m, rising to 600m fairly widely with time.

## Southeastern Highlands - Looking Ahead

	Saturday 31 January	Sunday 1 February
<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	East-southeasterly 30-40mph, some variability in speeds and quite gusty.  <b>Walking strenuous-to-arduous in exposure, considerable buffeting challenging stability. Significant wind chill.</b>	Gusty southeasterly 30-40mph; trending southerly and easing with time, perhaps into a lull, though confidence is low.  <b>Walking strenuous-to-arduous in exposure with buffeting and significant wind chill; effects may ease with time.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Often snowing, sleet to middle slopes</b> Snow/sleet affecting many hills for most of the day, particularly near Glenshee and Angus hills. The snow level rising slightly with time. On low slopes, wet underfoot with flood risk.	<b>Showery snow and rain</b> Snow often affecting hills near the eastern lowlands, most frequently around and east of the A9 towards Glenshee. Precipitation more patchy towards central highlands. Falling as rain below around 700m.
<b>Cloud on the hills?</b>          <b>Chance of cloud free Munros?</b>	<b>Extensive</b>  A blanket of cloud shrouds the hills down to middle or lower slopes facing the east lowlands. Best chance of higher bases towards central highlands, up to 800m at times, but also filling in for periods as well.  <b>10%</b>	<b>Extensive</b>  Cloud shrouds most hills down to middle slopes all day. Some variably higher bases, highest towards Loch Ericht though unlikely to clear above 700-800m.  <b>10%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Any sun unlikely. Visibility largely poor in precipitation and haze towards the east coast.	No sunshine expected. Visibility widely poor, whiteout conditions in fog over snow on high terrain.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	-2 or -3C early, rising to -1 or 0C afternoon, highest temperatures south. Feeling like -10 to -13C in direct wind. 400-600m, the lowest levels in the central highlands. Rising to 600-700m, highest in the south.	0C. Feeling like -10 to -15C in the wind.  800-900m.

## Planning Outlook

## All mountain areas of Britain from Saturday, 31 January, 2026

Unsettled this weekend: often cloudy and patchy rain for most. Variable winds cause rapid local changes in cloud amounts, rain, and impact on walking. The freezing level may lift somewhat, isolating snowfalls to higher Scottish terrain. In the coming week, periods of precipitation and wind will affect most mountains at least every few days. Scottish Munros generally below freezing point, with snow cover and drifts most substantial from the Cairngorms to central and southern Highlands, some additional falls in the week ahead (with continued flooding risk too); much less precipitation northwestward. Hills in England and Wales may see a period of freezing levels above the summits as a southerly flow brings slightly milder air to the country. An indication of colder easterlies in February, though detail is very uncertain.

## Forecast issued at 15:56 on Thursday, 29 January, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.