

Southeastern Highlands

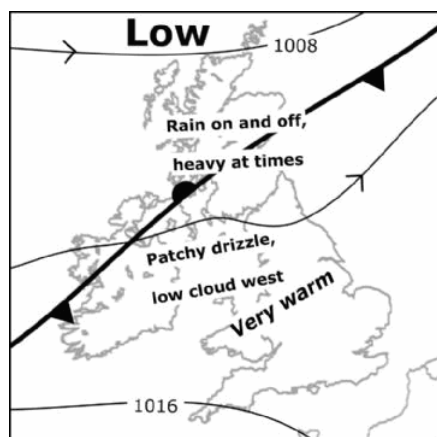
The southern Highlands as far west as the Callander area and north to Loch Erich, Drumochter and summits near Glenshee ski-centre (summits within the historic county of Perthshire). Also Ochils and Angus hills.



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General Summary for Wednesday, 29 July, 2026



British Mountain Summary:

Based on forecast chart for noon 29 July, 2026

A swathe of frequent to persistent rain through central & southern Scotland, some heavier bursts with possible thunder and lightning afternoon. Patchier showers in northwest, rather cool here. Warmer and humid southwards, low cloud covering many western hills, some drizzle near Irish Sea.

Headline for Southeastern Highlands

Windy. Areas of rain, some heavy bursts, risk thunder.

Detailed Forecast for Wednesday, 29 July, 2026

How windy? (On the Munros) Effect of wind on you?	Southwesterly 35-40mph around/after dawn, strongest gusts at first local 50mph; lessening a little during morning, but often 30mph; by afternoon 25-30mph, still some stronger gusts around rain. Blustery over the hills, considerable buffeting gradually lessening, but will affect comfortable walking much of day. Notable wind chill on high terrain.
How wet? (Precipitation and its impact)	Periods of rain, heavier bursts set in afternoon, risk thunder Rain on and off, a mix of drizzle and pulses of heavier rain, becoming frequent, increasingly setting in for periods afternoon, risk of local thunder and lightning; heavier rain moving eastwards onward into evening.
Cloud on the hills? Chance of cloud free Munros?	Fairly extensive, lowest south and in rain Covering most higher terrain much of the day above 700-900m, some lower banks on southern slopes especially around rain. Some breaks mainly east and northeast around Glenshee to Angus and hills north of Pitlochry. 20%
Sunshine? Air clarity (below cloud)	Largely cloudy. Visibility poor around rain, improving below cloud if dry.
How Cold? (at 900m) Freezing Level	11C little change, up to 14C easternmost areas briefly afternoon; dropping to 8C into evening central areas, widely into night. Feeling near to 0C in the wind. Above the summits.

Southeastern Highlands - Looking Ahead

	Thursday 30 July	Friday 31 July
How windy? (On the Munros) Effect of wind on you?	Southwesterly strengthening in morning 20-30mph, reaching 40mph, gusts 50mph, shifting westerly afternoon. May start fairly small, but deteriorating to make walking challenging, buffeting gusts. Increasingly significant wind chill.	Southwesterly 25 to 30mph, risk occasionally 40mph, gusty in showers. Affecting ease of walking on high terrain, gusts challenging balance on exposed tops at times. Marked wind chill.
How wet? (Precipitation and its impact)	Frequent bursts of rain for a time Largely dry start, for longest in east. Then broadly showery, but becoming more frequent or locally a cluster of heavy rain over an hour or so moving eastwards in afternoon, risk of thunder and lightning.	Showers develop, chance of lightning Dry much of the morning in east, scattered showers forming from west, increasingly widely by the afternoon, heavy bursts drift east into evening. Risk isolated thunder.
Cloud on the hills?	Mostly west in morning, varied in rain Cloud banks around upper slopes in the morning, particularly in west. Breaks for a time in east. Lowering over hills around showers, some ragged low patches form.	Mostly western tops, some breaks Cloud banks mostly central highlands in morning above 700 to 900m, patchier east. Lifting above 1000m with breaks to tops. Lowering ragged patches during/after rain.
Chance of cloud free Munros?	50%	50%
Sunshine? Air clarity (below cloud)	Fairly cloudy, some sun breaking through for periods. Visibility very good when dry, reduced briefly in showers.	Occasional sun mostly morning in east, clouding over into the afternoon. Visibility very good, reduced in showers.
How Cold? (at 900m) Freezing Level	7C, lowering to 5C into evening. Feeling like -5C in exposure to stronger winds on high tops. Above the summits.	6 or 7C, reaching 9C afternoon in east. Feeling like -3C in the wind on tops. Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 30 July, 2026

Cool and showery westerlies late this week and into Saturday, windy over high terrain; western hills often capped in cloud. Rain may encroach from the southwest on Sunday, winds turn southerly and warmer air wafts back across England and Wales at least. A complex area of low pressure is then expected to circulate slowly over Britain early next week, bringing areas of rain and heavy showers, some thundery downpours possible. Winds varying, may strengthen northwesterly by Tuesday to gales. An improving trend into midweek, but showery westerlies likely prevail in Scotland at least. Despite spells of rain, beware ongoing fire management restricting access to some mountains.

Forecast issued at 16:15 on Tuesday, 28 July, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.