

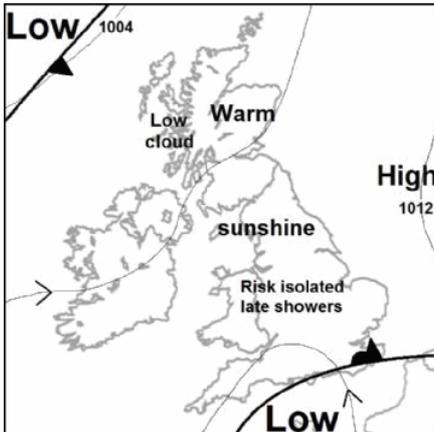
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 23 June, 2022



British Mountain Summary:

Based on forecast chart for noon 23 June, 2022

Warm and quite humid with strong sunshine for most areas. Light to moderate southerly winds. The west coast of Scotland will hold on to banks of low cloud, but some breaks forming. High cloud builds over Wales and central England, may locally result in a thunderstorm toward evening, drifting northwards.

Headline for Southern Uplands

Generally dry. Cloud banks mostly west. Feeling warm.

Detailed Forecast for Thursday, 23 June, 2022

How windy? (On the summits)	South to southwesterly 15mph, at times 20mph Galloway hills.
Effect of wind on you?	Mostly small.
How wet? (Precipitation and its impact)	Rain not expected until night Dry throughout the day. Into the night, chance of localised bursts of rain forming, possibly thundery.
Cloud on the hills?	Mostly very little There may be banks of cloud on lower slopes near the Solway for periods, base 200 or 300m. Elsewhere, patchy cloud shrouding higher slopes should clear mid or late morning.
Chance of cloud free summits?	80%
Sunshine? Air clarity (below cloud)	Misty at times near Solway coast. Otherwise sunshine increasingly coming through and very good or in afternoon excellent visibility.
How Cold? (at 750m)	11 to 13C from dawn, locally cooler if in fog near Solway coast; reaching 14 to 17C afternoon, warmest Borders & Cheviots.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Friday 24 June	Saturday 25 June
How windy? (On the summits) Effect of wind on you?	Southerly or variable, 10 to 20mph, strongest western areas, may reach 30mph Galloway hills. Mostly small, but sudden gusts may form around bursts of rain. Risk increasingly blustery on western tops.	Southerly, but may vary, typically 15 to 25mph, possible lulls, but gusty 30-35mph in places, mainly western hills. Fairly small, but expect gusty conditions at times and may often impede walking where exposed on western tops.
How wet? (Precipitation and its impact)	Increasing risk thundery downpours Chance of bursts of rain locally from early morning, but forming increasingly as the day progresses. By afternoon into evening, areas of rain lasting an hour or more. Some heavy downpours, risk hail and thunder.	Heavy showers forming A possibility of rain early in the day, mainly eastern hills. This clearing, but showers forming increasingly widely, locally heavy into afternoon, with hail and isolated thunder.
Cloud on the hills?	Low cloud filling in west Varied cloud conditions: Lowering widely in rain, to form extensively at various levels, patches to lowest slopes. Dumfries and Galloway most prone to cloud filling in, to lowest slopes hills nearest the Solway.	Often above the hills A few patches around hills early morning, generally dispersing. Then most cloud above the hills, but local patches forming around higher tops during and after showers, in places fragments to lower slopes.
Chance of cloud free summits?	30% west, to 60% east.	80%
Sunshine? Air clarity (below cloud)	Sun fairly weak due to layers of high cloud, becoming overcast from west. Visibility good, slight haze, reducing where rain develops and murky if it sets in.	Sunshine mostly morning before cloud builds and tends to fill in. Coasts sunnier toward evening. Visibility often very good, but reduced where rain occurs.
How Cold? (at 750m) Freezing Level	10C rising to 13 to 15C, feeling humid. Above the summits.	6C rising to 10C. Above the summits.

Planning Outlook**All mountain areas of Britain from Friday, 24 June, 2022**

Turning more unsettled for several days through the weekend into early next week as a slow-moving area of low pressure affects Britain. Conditions will vary day-to-day, locally escaping dry some days, but expect some areas of persistent rain mixed with heavy or sometimes thundery showers almost anywhere. Wind speed also varied, mostly south or southwesterly, strengthening at times, may reach gale force on the high tops into next week. Feeling warm where sunshine develops, but cool in cloud and rain. Cloud will come and go on the hills, but lowering extensively during rain.

Forecast issued at 16:30 on Wednesday, 22 June, 2022

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2022.