

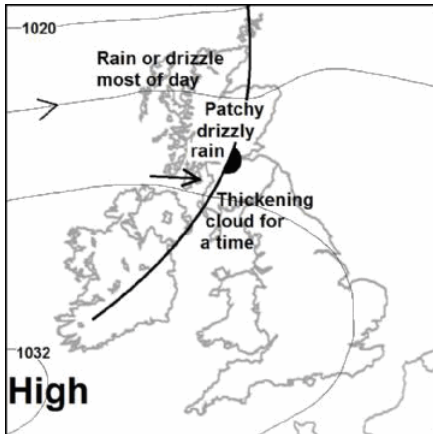
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



Would you like to sponsor this forecast and reach the thousands of walkers and climbers that use MWIS every day? Contact us for details on promoting your business now!

General Summary for Saturday, 6 August, 2022



British Mountain Summary:

Based on forecast chart for noon 6 August, 2022

A warm front passes eastwards across Scotland, bringing cloud, some rain or drizzle. The northwest stays damp, but areas toward central Scotland will become brighter. Thickening cloud over hills of northern England and a little drizzle. Dry and fairly sunny for Wales.

Headline for Southern Uplands

Breezy, quite cool. Lowest cloud western hills, a little drizzle.

Detailed Forecast for Saturday, 6 August, 2022

How windy? (On the summits)	Westerly 20 to 25mph, tending to increase by evening to 30mph.
Effect of wind on you?	Ease of walking impeded where exposed on higher terrain. Increasingly blustery later. Feeling cool on tops.
How wet? (Precipitation and its impact)	Mostly dry, a little drizzly rain A little drizzle passing eastwards in the morning around thicker cloud. Chance of local drizzly showers forming through the afternoon and also drifting eastwards.
Cloud on the hills?	Lowering to cover tops, most persistent western hills. Many hills starting clear, but cloud banks spilling in from the west covering higher slopes for periods, mainly on hills west of the M74, where filling in above 400-600m at times. Patches may form and then come and go on higher tops further east for a few hours.
Chance of cloud free summits?	40% west, 70% east.
Sunshine? Air clarity (below cloud)	Mostly cloudy, a little sun, best toward the Borders early morning. Visibility mostly very good, but Galloway hills mistier for periods.
How Cold? (at 750m)	6C rising to 10C, feeling cooler in wind. (Note: Small change with height at first, some valleys cooler at dawn).
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Sunday 7 August	Monday 8 August
How windy? (On the summits) Effect of wind on you?	Westerly, 15 to 20mph, occasionally 25mph on higher summits, possibly stronger just around dawn. Fairly small, but may impede walking at times on higher tops, perhaps very blustery for a time.	West or southwesterly, 15 to 20mph. Fairly small.
How wet? (Precipitation and its impact)	Rain unlikely Rare if any drizzly showers, mainly westernmost hills.	No rain
Cloud on the hills? Chance of cloud free summits?	Covering some western hills for a time Banks of cloud covering hills mostly west of the M74 in the morning, lifting and breaking toward or above higher slopes into the middle of the day. Patchy cloud on tops further east for a time, all clearing. 50% rising to 80%	Hills clear Rare fragments around some western slopes early morning, soon dispersing. Above 90%
Sunshine? Air clarity (below cloud)	Occasional sun, best toward east, but may break through elsewhere. Visibility good or very good.	Often sunny, a little fair-weather cloud building, plus thin high cloud spilling in from west. Visibility excellent.
How Cold? (at 750m) Freezing Level	8C rising to 10 to 12C, coolest if in cloud at first, warmest Borders & Cheviots afternoon. Above the summits	10C rising to 12 to 14C, warmest Borders & Cheviots. Above the summits

Planning Outlook**All mountain areas of Britain from Sunday, 7 August, 2022**

Southwesterly winds continue to influence Scotland into next week. Rain or drizzle will be most frequent in the Northwest Highlands, where low cloud will often shroud coastal hills. Winds strengthening at times toward gale force on the tops. Further south and east across Scotland, it will be commonly dry with higher cloud bases, becoming warmer and more humid with time. High pressure extends across England and Wales, leading to a settled outlook for the week ahead here, generally dry with light winds, becoming increasingly warm or very warm, particularly in southern areas.

Forecast issued at 16:30 on Friday, 5 August, 2022

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2022.