

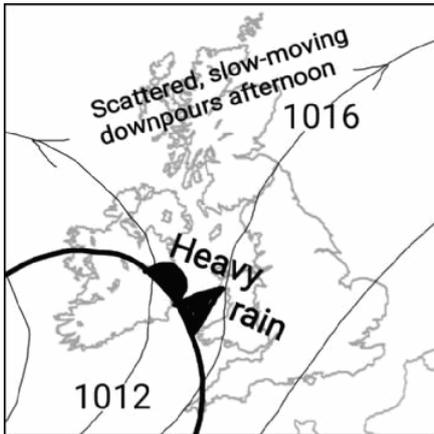
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 10 July, 2023



British Mountain Summary:

Based on forecast chart for noon 10 July, 2023

Scotland: Southerly or variable wind. Some early patchy rain near west coast. Scattered, slow-moving, showers forming, some afternoon downpours with the risk of local thunderstorms.

England and Wales: Blustery southerly wind. Heavy rain, with risk of thunderstorms, edging north through the day.

Headline for Southern Uplands

Showers forming, increasing risk of heavy rain later. Hill fog forming in rain.

Detailed Forecast for Monday, 10 July, 2023

How windy? (On the summits)	Southerly 15 to 25mph, may reach 30mph on high tops.
Effect of wind on you?	Fairly small, but blustery over higher terrain, may increasingly impede ease of walking on tops.
How wet? (Precipitation and its impact)	Heavy bursts may set in, risk lightning Largely dry morning. Showers forming increasingly from middle of day, heavy bursts, merging into longer spells of heavy rain advancing north and eastwards later in the day. Risk of thunder and lightning.
Cloud on the hills?	Extensive in rain Varied extent of cloud, some patches on lower and middle slopes in the morning but hills will clear. However, as should rain fill in, cloud will lower extensively across upper slopes, patches to lower slopes.
Chance of cloud free summits?	70% away from rain, but 40% in rain.
Sunshine? Air clarity (below cloud)	Occasional sun, but skies filling in with cloud through day. Visibility very good for periods, but poor in rain.
How Cold? (at 750m)	10 to 13C, warmest in Borders afternoon.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Tuesday 11 July	Wednesday 12 July
How windy? (On the summits) Effect of wind on you?	Southwest turning west to northwesterly, speeds likely to vary, typically in range 15 to 25mph, sudden gusts around rain. Fairly small, but blustery for periods over higher tops, feeling cool.	Westerly 25 to 35mph Be prepared for fairly arduous conditions at times with marked wind chill.
How wet? (Precipitation and its impact)	Heavy bursts, risk lightning Local detail uncertain as areas of rain rotate around a broad centre of low pressure over Scotland. Heavy bursts forming, risk merging into a few hours of rain drifting eastwards. Localised thunderstorms possible.	Clusters of showers. Showery westerly pattern. Scattered showers, may merge at times should any troughs move in from west. Some downpours possible with risk thunder.
Cloud on the hills? Chance of cloud free summits?	Most persistent west and in rain Shrouding hills near and west of the M74 much of the day, banks to lower slopes in rain. Some breaks toward higher tops for a few hours in Borders. In rain, covering hills widely, ragged patches from lower slopes upward. 40%	Varied, most persistent western tops. Cloud bases varied; periods where above the tops, but at times banks forming over the tops in and around showers; most widely western tops early in the morning. 60%
Sunshine? Air clarity (below cloud)	Mostly cloudy, brief glimpses of sun mainly east, weak due to high cloud. Visibility good away from rain, but many hills often misty, poor conditions in rain.	Fairly cloudy, but some sun breaking through occasionally. Visibility generally very good, but poor where in rain.
How Cold? (at 750m) Freezing Level	10C, little change all day. Directly in the wind, will feel like 2 to 5C. Above the summits	7 to 10C, coolest western areas. Above the summits

Planning Outlook**All mountain areas of Britain from Tuesday, 11 July, 2023**

Staying unsettled through this week with low pressure dominant. Areas of rain and showers will affect all areas. Heavy bursts with a risk of thunderstorms. Temperatures on the cool side across the mountains. Wind speeds will vary, typically west or southwesterly, some lulls, but at times strong giving marked wind chill.

Indications favour unsettled weather continuing through next weekend into the start of the following week with low pressure close to Scotland. Unlikely to see any very warm weather returning in the next couple of weeks.

Forecast issued at 16:44 on Sunday, 9 July, 2023

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2023.