

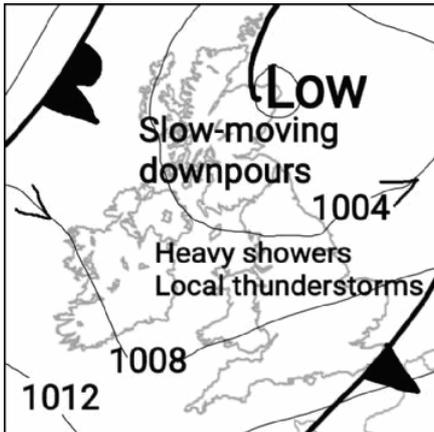
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Tuesday, 11 July, 2023



### British Mountain Summary:

#### Based on forecast chart for noon 11 July, 2023

Low pressure centred over northern Scotland, will bring an unsettled and showery day across all mountain areas. Clusters of showers from dawn near coastal areas, will spread inland and develop further into areas of heavy showery rain and local thunderstorms. Rainfall, slow-moving, over Scotland.

#### Headline for Southern Uplands

Blustery with heavy showers through the day, risk local thunderstorms.

## Detailed Forecast for Tuesday, 11 July, 2023

<b>How windy? (On the summits)</b>	Southwest turning west to northwesterly, speeds likely to vary, typically in range 15 to 25mph, sudden gusts around rain.
<b>Effect of wind on you?</b>	Fairly small, but blustery for periods over higher tops, feeling cool.
<b>How wet?</b> (Precipitation and its impact)	<b>Heavy showers, risk lightning</b> Rain frequent throughout the day as an area of low pressure to the north, brings a showery westerly pattern. Heavy bursts of rain on and off, may set in for periods. Localised thunderstorms possible.
<b>Cloud on the hills?</b>	<b>Most persistent west and in rain</b> Shrouding hills near and west of the M74 much of the day, banks to lower slopes in rain. Some breaks toward higher tops for a few hours in Borders. In rain, covering hills widely, ragged patches from lower slopes upward.
<b>Chance of cloud free summits?</b>	<b>40%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Mostly cloudy, brief glimpses of sun mainly east, weak due to high cloud. Visibility good away from rain, but many hills often misty, poor conditions in rain.
<b>How Cold? (at 750m)</b>	10C, little change all day. Directly in the wind, will feel like 2 to 5C.
<b>Freezing Level</b>	Above the summits

## Southern Uplands - Looking Ahead

	Wednesday 12 July	Thursday 13 July
<b>How windy? (On the summits)</b>	Westerly 25 to 35mph	Westerly 15 to 20mph
<b>Effect of wind on you?</b>	<b>Be prepared for fairly arduous conditions at times with marked wind chill.</b>	<b>Mostly small</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Clusters of showers.</b> Showery westerly pattern. Scattered showers, may merge at times should any troughs move in from west. Some downpours possible with risk thunder.	<b>Scattered showers</b> A scattering of showers will push through on the westerly airflow. May cluster together for an hour or so.
<b>Cloud on the hills?</b>	<b>Varied, most persistent western tops.</b>  Cloud bases varied; periods where above the tops, but at times banks forming over the tops in and around showers; most widely western tops early in the morning.	<b>Generally above the hills</b>  Cloud bases generally above the hills. Occasional patches possible some upper slopes in the west, and during showers.
<b>Chance of cloud free summits?</b>	<b>60%</b>	<b>80%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Fairly cloudy, but some sun breaking through occasionally. Visibility generally very good, but poor where in rain.	Occasional sun, but sky may fill in with cloud. Visibility very good.
<b>How Cold? (at 750m)</b>	7 to 10C, coolest western areas.	7C lifting to 9 or 10C
<b>Freezing Level</b>	Above the summits	Above the summits

**Planning Outlook****All mountain areas of Britain from Wednesday, 12 July, 2023**

Staying unsettled through this week with low pressure dominant. Areas of rain and showers will affect all areas. Heavy bursts with a risk of thunderstorms. Temperatures on the cool side across the mountains. Wind speeds will vary, typically west or southwesterly, some lulls, but at times strong giving marked wind chill.

Indications favour unsettled weather continuing through next weekend into the start of the following week with low pressure close to Scotland. Unlikely to see any very warm weather returning in the next couple of weeks.

**Forecast issued at 16:29 on Monday, 10 July, 2023**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2023.