MOUNTAIN WEATHER INFORMATION SERVICE

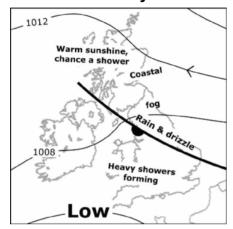
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 16 May, 2024



British Mountain Summary:

Based on forecast chart for noon 16 May, 2024

Dry for much of the Highlands, but chance of localised afternoon showers in the west. Early areas of low cloud mainly central and east areas lifting. An increasing easterly breeze. Patchy rain northern England, heavier rain setting in for southern Pennines, later north Wales. Localised thundery downpours south Wales.

Headline for Southern Uplands

Increasingly breezy. Low cloud east. Chance a shower west.

Detailed Forecast for Thursday, 16 May, 2024

How windy? (On the summits)	Easterly, 15 to 25mph, tending to increase during daytime, later 30mph with stronger gusts on higher tops, especially Cheviots.	
Effect of wind on you?	Fairly small in morning, but increasingly blustery over higher slopes, starting to affect comfortable walking later. Feeling cool where exposed on tops.	
How wet? (Precipitation and its impact)	Patchy drizzle, possibly a shower A little drizzle around low cloud. Risk an odd shower forming, mainly western areas in the afternoon.	
Cloud on the hills?	Most extensive in morning and east Low cloud covering many eastern hills in the morning, foggy to lower slopes near to North Sea, may persist here, thinning only slowly across the Borders. Further west, cloud higher with breaks forming to tops.	
Chance of cloud free summits?	30% east, 60% west.	
Sunshine? Air clarity (below cloud)	Largely cloudy, a little sun breaking through mainly in west. Dull and misty especially in east in morning, visibility mostly good in west.	
How Cold? (at 750m)	9 to 12C, coolest Cheviots and if in cloud. Feeling like 2 to 4C if exposed to the wind.	
Freezing Level	Above the summits.	

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Southern Uplands - Looking Ahead

	Friday 17 May	Saturday 18 May
How windy? (On the summits)	East to northeasterly 25 to locally 40mph at times on exposed tops.	North to northeasterly, 10 to 15mph, up to 20mph Cheviots.
Effect of wind on you?	Walking strenuous in most exposed areas. Feeling cool on higher terrain.	Mostly small, but feeling rather chilly in the breeze on eastern hills.
How wet?	Local drizzle, chance a shower	Mostly dry
(Precipitation and its impact)	A little drizzle if in low cloud in east. Risk an isolated shower western areas in afternoon.	Chance of an isolated shower forming later afternoon, mainly over Galloway hills. A little fine drizzle if in cloud toward east.
Cloud on the hills?	East mostly covered, west variable	Fog mostly eastern hills
	Cheviots covered for most of the day. In the west cloudy start, later variable.	Fog layer from the North Sea likely to cover eastern hills to low elevations; a chance some high tops may poke out above the fog for periods. Fog tending to retreat back toward east coast. Western hills largely clear.
Chance of cloud free summits?	40%	50% east, to 90% west.
Sunshine? Air clarity (below cloud)	In the east foggy and dull morning, cloud tending to break up; North Sea coast may stay misty or hazy. In west more chance of longer sunshine and visibility good.	Sunshine best in west in morning, some cloud bubbling up; visibility very good. Mistier across eastern areas, some sun slowly breaking through.
How Cold? (at 750m)	9 to 10C. Wind chill feeling close to freezing on tops.	7C easternmost hills, feeling near freezing in the breeze. Up to 10 to 12C central & western hills.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Friday, 17 May, 2024

Slack pressure patterns continue to drift around slowly. Plenty of dry and fairly warm weather, although feeling cooler toward the north and east this weekend and early next week. East or southeasterly breezes most common. Localised showers forming in the afternoons, chance of an isolated heavy or thundery burst. Low cloud affecting eastern hills at times, western mountains more often clear.

Forecast issued at 16:30 on Wednesday, 15 May, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.